

SIAB TRACK & FIELD RESULTS (GIRLS)

1961	S	100y	1	Jenny Taylor	England	Surrey	10.9s
1961	S	100y	2	Suzanne Webb	England	Middlesex	11.0s
1961	S	100y	3	Ann Wilson	Scotland		11.3s
1961	S	220y	1	Pat Brown	Scotland		25.5s
1961	S	220y	2	Joyce Yuill	England	Durham	26.3s
1961	S	220y	3	G. S. Emmett	England	Northumberland	26.4s
1961	S	80mH	1	Susan Mills	England	Lancashire	11.8s
1961	S	80mH	2	Sheila Manning	England	Essex	11.9s
1961	S	80mH	3	Pat Morgan	Wales		12.7s
1961	S	4 x 110y	1	England			48.2s
1961	S	4 x 110y	2	Scotland			49.6s
1961	S	4 x 110y	3	Wales			dq
1961	S	HJ	1	Stella Forbes	England	Hampshire	5' 2"
1961	S	HJ	2	H. Andow	England	Devon	5' 2"
1961	S	HJ	3	Jane Davies	Wales		5' 0"
1961	S	LJ	1	Sheila Parkin	England	Yorkshire	19' 3¾"
1961	S	LJ	2	Loraine Winfield	England	Somerset	18' 9"
1961	S	LJ	3	Ann Wilson	Scotland		18' 0"
1961	S	DT	1	Mary Haynes	England	Sussex	118' 9"
1961	S	DT	2	Elizabeth-Mary Robertson	England	Surrey	115' 6½"
1961	S	DT	3	Janet Wollan	Wales		102' 5½"
1961	S	JT	1	Valerie Woods	England	London	122' 9½"
1961	S	JT	2	Ann Grant	Scotland		114' 2"
1961	S	JT	3	Rayann Jones	Wales		110' 2"
1962	S	100y	1	Jenny Taylor	England	Surrey	11.2s
1962	S	100y	2	Jill Hall	England	Surrey	11.2s
1962	S	100y	3	Janet Lowe	Scotland		11.6s
1962	S	220y	1	Janet Simpson	England	Hertfordshire	25.7s
1962	S	220y	2	Mary Tulloch	England	Surrey	26.6s
1962	S	220y	3	Anne Wilson	Scotland		27.0s
1962	S	80mH	1	Susan Mills	England	Lancashire	12.3s
1962	S	80mH	2	Rita Naylor	England	Staffordshire	12.6s
1962	S	80mH	3	J. Jeffrey	Scotland		13.9s
1962	S	4 x 110y	1	England			48.8s
1962	S	4 x 110y	2	Scotland			50.3s
1962	S	4 x 110y	3	Wales			51.0s
1962	S	HJ	1	Linda Knowles	England	Essex	5' 5"
1962	S	HJ	2	Susan Dennler	England	Somerset	5' 1"
1962	S	HJ	3=	J. Hughes	Wales		4' 10"
1962	S	HJ	3=	Gillian McPherson	Scotland		4' 10"
1962	S	LJ	1	Sheila Parkin	England	Yorkshire	19' 6"
1962	S	LJ	2	Margaret Gouldsmith	England	Middlesex	18' 10"
1962	S	LJ	3	Sandra Anderson	Scotland		17' 8¾"
1962	S	SP	1	Valerie Woods	England	London	42' 2½"
1962	S	SP	2	Janis Quick	England	Surrey	35' 10"
1962	S	SP	3	P. Morgan	Wales		32' 7"
1962	S	DT	1	Kathy Duckett	England	London	124' 11"
1962	S	DT	2	Elizabeth-Mary Robertson	England	Surrey	106' 8½"
1962	S	DT	3	Catherine Crawford	Scotland		105' 0½"
1962	S	JT	1	Cynthia Patrick	England	Yorkshire	126' 8½"
1962	S	JT	2	Linda Harman	England	Kent	119' 11½"
1962	S	JT	3	R. Jones	Wales		112' 8½"
1963	S	100y	1	Maureen McLeish	Scotland		11.3s
1963	S	100y	2	Eileen Poulton	England	Hertfordshire	11.5s
1963	S	100y	3	Liz Gill	Wales		11.5s

1963	S	220y	1	Janet Simpson	England	Hertfordshire	25.4s
1963	S	220y	2	Liz Gill	Wales		25.5s
1963	S	220y	3	Linda Taylor	England	Devon	26.0s
1963	S	80mH	1	J. Herbert	England	Hertfordshire	12.5s
1963	S	80mH	2	Sheila McBeth	Scotland		13.0s
1963	S	80mH	3	Sandra Brown	Scotland		13.3s
1963	S	4 x 110y	1	England			48.3s
1963	S	4 x 110y	2	Scotland			49.5s
1963	S	4 x 110y	3	N. Ireland			??
1963	S	HJ	1	Stella Forbes	England	Hampshire	5' 2"
1963	S	HJ	2	Pam Guppy	Wales		5' 1"
1963	S	HJ	3	Sandra Todd	England	Yorkshire	4' 11"
1963	S	LJ	1	Sheila Parkin	England	Yorkshire	19' 2"
1963	S	LJ	2	Loraine Winfield	England	Somerset	18' 0½"
1963	S	LJ	3	Ann Wilson	Scotland		17' 3"
1963	S	SP	1	Jacqueline Bowley	England	London	33' 10¾"
1963	S	SP	2	Pamela Walker	England	Yorkshire	32' 3½"
1963	S	SP	3	Catherine Crawford	Scotland		31' 11¾"
1963	S	DT	1	Kathy Duckett	England	London	127' 7½"
1963	S	DT	2	Catherine Crawford	Scotland		112' 1½"
1963	S	DT	3	Frances Vittles	England	Lincolnshire	110' 2½"
1963	S	JT	1	Delia Given	England	Northamptonshire	119' 1"
1963	S	JT	2	Linda Harman	England	Kent	117' 11"
1963	S	JT	3	C. Roberts	Wales		110' 6½"
1964	S	100y	1	Maureen McLeish	Scotland		10.8s
1964	S	100y	2	Irene Gould	England	Essex	10.9s
1964	S	100y	3	Jannette Champion	England	Cheshire	11.1s
1964	S	220y	1	Beryl E. Wear	England	Yorkshire	25.3s
1964	S	220y	2	Maureen McLeish	Scotland		25.4s
1964	S	220y	3	Geraldine Tennick	England	Durham	25.6s
1964	S	880y	1	Jane Perry	England	Cheshire	2m 16.4s
1964	S	880y	2	Elizabeth Devine	Scotland		2m 21.8s
1964	S	880y	3	Tanya Alcock	Wales		2m 30.4s
1964	S	80mH	1	Kay Harrison	England	Cambridgeshire	12.0s
1964	S	80mH	2	Susan Beldham	England	Middlesex	12.2s
1964	S	80mH	3	J. Alcock	Wales		12.3s
1964	S	4 x 110y	1	England			48.8s
1964	S	4 x 110y	2	Scotland			49.6s
1964	S	4 x 110y	3	Wales			50.7s
1964	S	HJ	1	Linda Knowles	England	Essex	5' 5¼"
1964	S	HJ	2	June Ratcliffe	England	Essex	5' 2"
1964	S	HJ	3	Pam Guppy	Wales		5' 1"
1964	S	LJ	1	Sheila Parkin	England	Yorkshire	20' 0"
1964	S	LJ	2	Susan Bevan	England	Middlesex	17' 11¾"
1964	S	LJ	3	Elaine Archibald	Scotland		17' 3"
1964	S	SP	1	Jacqueline Bowley	England	London	38' 7½"
1964	S	SP	2	Alison Davies	England	Lancashire	35' 10¼"
1964	S	SP	3	Elizabeth Taylor	Scotland		32' 11¾"
1964	S	DT	1	Beverley Harding	England	Surrey	123' 5½"
1964	S	DT	2	Carol Mitchell	England	Sussex	122' 4½"
1964	S	DT	3	Hazel Andow	Wales		109' 4"
1964	S	JT	1	Sandra Dimmer	England	Hampshire	38.46m
1964	S	JT	2	Kay Newton	England	Surrey	113' 0½"
1964	S	JT	3	C. Roberts	Wales		112' 2½"
1965	S	100y	1	Angela Birch	England	Sussex	11.3s
1965	S	100y	2	Patricia Johnston	Scotland		11.3s
1965	S	100y	3	Doreen Ireland	Scotland		11.4s

1965	S	220y	1	Barbara Jones	England	Hampshire	24.9s
1965	S	220y	2	Jannette Champion	England	Cheshire	25.6s
1965	S	220y	3	Moirra Howie	Scotland		26.4s
1965	S	880y	1	Rosemary Stirling	England	Staffordshire	2m 13.9s
1965	S	880y	2	Meloena Didham	England	Gloucestershire	2m 14.2s
1965	S	880y	3	Elizabeth Devine	Scotland		2m 16.4s
1965	S	80mH	1	Wendy Palmer	England	Devon	11.6s
1965	S	80mH	2	Sheila Garnett	England	Huntingdonshire	12.0s
1965	S	80mH	3	Susan Watson	Scotland		12.2s
1965	S	4 x 110y	1	Scotland			48.7s
1965	S	4 x 110y	2	England			48.8s
1965	S	4 x 110y	3	Wales			50.3s
1965	S	HJ	1	Linda Knowles	England	Essex	5' 2"
1965	S	HJ	2	Wendy Pickering	England	Warwickshire	4' 11"
1965	S	HJ	3	Ann Young	Scotland		4' 10"
1965	S	LJ	1	Patricia Wilson	England	Middlesex	18' 9¾"
1965	S	LJ	2	Susan Bevan	England	Middlesex	17' 9"
1965	S	LJ	3	Wilma Lyttle	N. Ireland		17' 7½"
1965	S	SP	1	Helen Walker	England	Yorkshire	36' 5"
1965	S	SP	2	Hazel Andow	Wales		35' 10"
1965	S	SP	3	Yvonne Fountain	England	Essex	35' 9"
1965	S	DT	1	Patricia Carder	England	Shropshire	122' 6½"
1965	S	DT	2	Susan Butler	England	Middlesex	107' 7"
1965	S	DT	3	Rosalind Haldane	Scotland		107' 0"
1965	S	JT	1	Sandra Dimmer	England	Hampshire	132' 11"
1965	S	JT	2	Jackie Wainwright	England	Hertfordshire	128' 10"
1965	S	JT	3	C. Roberts	Wales		111' 5½"
1966	S	100y	1	Della James	England	Hampshire	11.1s
1966	S	100y	2	Margaret Critchley	England	Gloucestershire	11.2s
1966	S	100y	3	G. Legall	Wales		11.4s
1966	S	220y	1	Barbara Jones	England	Hampshire	25.4s
1966	S	220y	2	G. Legall	Wales		25.6s
1966	S	220y	3	Alison Robb	Scotland		25.8s
1966	S	880y	1	Rosemary Stirling	England	Staffordshire	2m 10.2s
1966	S	880y	2	Margaret Fleming	Scotland		2m 11.2s
1966	S	880y	3	Margaret Rutherfordale	N. Ireland		2m 19.8s
1966	S	80mH	1	Eileen Dawson	England	Derbyshire	11.8s
1966	S	80mH	2	Wendy Palmer	England	Devon	12.0s
1966	S	80mH	3	J. Williams	Wales		12.3s
1966	S	4 x 110y	1	England			47.4s
1966	S	4 x 110y	2	N. Ireland			49.0s
1966	S	4 x 110y	3	Scotland			49.5s
1966	S	HJ	1	Barbara Inkpen	England	Surrey	5' 5½"
1966	S	HJ	2	Ruth Watt	Scotland		5' 2"
1966	S	HJ	3	Jean 'Jinty' Jamieson	Scotland		4' 9"
1966	S	LJ	1	Maureen Barton	England	Surrey	19' 3½"
1966	S	LJ	2	Shirley Clelland	England	Leicestershire	17' 3½"
1966	S	LJ	3	Jean 'Jinty' Jamieson	Scotland		17' 0"
1966	S	SP	1	Jenny Bloss	England	Essex	40' 7½"
1966	S	SP	2	Rosemary Gowing	N. Ireland		38' 1"
1966	S	SP	3	Hazel Andow	Wales		36' 7½"
1966	S	DT	1	Susan Butler	England	Middlesex	118' 9"
1966	S	DT	2	Hazel Andow	Wales		108' 5"
1966	S	DT	3	Vera Wilson	Scotland		102' 3"
1966	S	JT	1	Shara Spragg	England	Gloucestershire	139' 4"
1966	S	JT	2	Sandra Dimmer	England	Hampshire	132' 3"
1966	S	JT	3	Helen Wood	Scotland		99' 1"

1967	S	100y	1	Patricia Pennycook	Scotland		11.4s
1967	S	100y	2	Denise Ramsden	England	Yorkshire	11.5s
1967	S	100y	3	Wendy Kavanagh	England	Lancashire	11.6s
1967	S	220y	1	Margaret Critchley	England	Gloucestershire	24.8s
1967	S	220y	2	Ruth Rintoul	Scotland		25.0s
1967	S	220y	3	Alison Robb	Scotland		25.1s
1967	S	880y	1	Elizabeth Parncutt	England	Kent	2m 17.0s
1967	S	880y	2	Jane Caffell	England	Hertfordshire	2m 19.3s
1967	S	880y	3	Delyth Davies	Wales		2m 24.8s
1967	S	80mH	1	Irene Powder	England	London	11.9s
1967	S	80mH	2	Susan Watson	Scotland		12.0s
1967	S	80mH	3	Lindsey Cooke	England	Somerset	12.4s
1967	S	4 x 110y	1	England			47.9s
1967	S	4 x 110y	2	Scotland			48.0s
1967	S	4 x 110y	3	N. Ireland			50.5s
1967	S	HJ	1	Yvonne Saunders	England	Lancashire	5' 6"
1967	S	HJ	2	Moirra Walls	Scotland		5' 4"
1967	S	HJ	3	Jenny Wall	England	Sussex	5' 2"
1967	S	LJ	1	Sue Scott	England	Warwickshire	19' 9"
1967	S	LJ	2	Valerie Fox	England	Hertfordshire	19' 0"
1967	S	LJ	3	Jean 'Jinty' Jamieson	Scotland		18' 10"
1967	S	SP	1	Jenny Bloss	England	Essex	41' 11¾"
1967	S	SP	2	Rosemary Gowing	N. Ireland		39' 9¼"
1967	S	SP	3	Heather Stuart	Scotland		37' 7¾"
1967	S	DT	1	Susan Campbell	England	Derbyshire	123' 5½"
1967	S	DT	2	Lilias Dykes	Scotland		111' 2½"
1967	S	DT	3	Jenny Bloss	England	Essex	107' 7"
1967	S	JT	1	Shara Spragg	England	Gloucestershire	137' 1½"
1967	S	JT	2	Prudence French	England	Essex	131' 7"
1967	S	JT	3	Maureen Pearce	Wales		108' 3½"
1968	S	100y	1	Linda Barratt	England	Yorkshire	11.0s
1968	S	100y	2	Helen Golden	Scotland		11.4s
1968	S	100y	3	Pauline Joice	England	Durham	11.4s
1968	S	220y	1	Jean O'Neill	England	Leicestershire	25.2s
1968	S	220y	2	Alison Robb	Scotland		25.4s
1968	S	220y	3	Ruth Rintoul	Scotland		25.4s
1968	S	880y	1	Phyllis Lewis	England	Westmorland	2m 18.7s
1968	S	880y	2	Ann Yeoman	England	Middlesex	2m 20.2s
1968	S	880y	3	Elizabeth Mountain	Ireland		2m 21.8s
1968	S	80mH	1	Lindsey Cooke	England	Somerset	11.4s
1968	S	80mH	2	Susan Turpin	England	Middlesex	11.4s
1968	S	80mH	3	Elsie McGregor	Scotland		11.9s
1968	S	4 x 110y	1	Scotland			48.6s
1968	S	4 x 110y	2	England			49.1s
1968	S	4 x 110y	3	Wales	OR	??	49.2s
1968	S	HJ	1	Yvonne Saunders	England	Lancashire	5' 6"
1968	S	HJ	2	Moirra Walls	Scotland		5' 3"
1968	S	HJ	3	Jenny Wall	England	Sussex	5' 3"
1968	S	LJ	1	Barbara-Anne Barrett	England	Surrey	17' 8"
1968	S	LJ	2	Janis Murray	England	Lancashire	17' 6¼"
1968	S	LJ	3	Sharon McParlin	Wales		17' 5¼"
1968	S	SP	1	Heather Stuart	Scotland		40' 5"
1968	S	SP	2	Angela Littlewood	England	Nottinghamshire	40' 3½"
1968	S	SP	3	Annette Daniels	England	Hertfordshire	36' 6"
1968	S	DT	1	Susan Carter	England	Hertfordshire	123' 4"
1968	S	DT	2	Lilias Dykes	Scotland		123' 1"
1968	S	DT	3	Lesley Elliott	England	Northumberland	119' 10"
1968	S	JT	1	Marion Pearson	England	Yorkshire	131' 0"

1968	S	JT	2	Marlene Garner	England	Kent	117' 2"
1968	S	JT	3	Lilias Dykes	Scotland		108' 3"
1969	S	100m	1	Helen Golden	Scotland		12.3s
1969	S	100m	2	Anne Routledge	England	Durham	12.4s
1969	S	100m	3	Christine Sprigg	Scotland		12.7s
1969	S	200m	1	Helen Golden	Scotland		24.7s
1969	S	200m	2	Susan Midgley	England	Yorkshire	24.9s
1969	S	200m	3	Jacqueline Chidlow	England	Shropshire	25.7s
1969	S	800m	1	Liz Barnes	England	London	2m 12.8s
1969	S	800m	2	Angela Lovell	England	Warwickshire	2m 18.1s
1969	S	800m	3	Christine Haskett	Scotland		2m 18.1s
1969	S	100mH	1	Barbara Corbett	England	Surrey	15.2s
1969	S	100mH	2	Shirley Clelland	England	Leicestershire	15.2s
1969	S	100mH	3	Moirra Walls	Scotland		15.5s
1969	S	4 x 100m	1	England			48.0s
1969	S	4 x 100m	2	Scotland			48.5s
1969	S	4 x 100m	3	Ireland			50.9s
1969	S	HJ	1	Moirra Walls	Scotland		1.59m
1969	S	HJ	2	E. Butler	Scotland		1.55m
1969	S	HJ	3	Christine Craig	Wales		1.55m
1969	S	LJ	1	Moirra Walls	Scotland		5.76m
1969	S	LJ	2	Shirley Clelland	England	Leicestershire	5.46m
1969	S	LJ	3	June Hirst	Wales		5.36m
1969	S	SP	1	Debbie Kerr	England	Kent	12.33m
1969	S	SP	2	Wendy Blackwood	Scotland		11.55m
1969	S	SP	3	Janet Beese	Wales		10.80m
1969	S	DT	1	Vivien Knowles	England	Somerset	41.62m
1969	S	DT	2	Wendy Blackwood	Scotland		39.22m
1969	S	DT	3	Debbie Kerr	England	Kent	38.42m
1969	S	JT	1	Angela King	England	Warwickshire	41.02m
1969	S	JT	2	Sharon Corbett	England	Warwickshire	39.56m
1969	S	JT	3	Elizabeth Rutherford	Scotland		32.92m
1970	S	100m	1	Andrea Lynch	England	London	11.8s
1970	S	100m	2	Linda Barratt	England	Yorkshire	12.2s
1970	S	100m	3	Sheila Pringle	Scotland		12.2s
1970	S	200m	1	Susan Midgley	England	Yorkshire	24.6s
1970	S	200m	2	Gladys Taylor	England	Essex	25.2s
1970	S	200m	3	P. Smith	Scotland		25.6s
1970	S	400m	1	Maria Oldall	England	Essex	58.4s
1970	S	400m	2	Jane Belcher	England	Lancashire	59.6s
1970	S	400m	3	Sandra Sutherland	Scotland		60.8s
1970	S	800m	1	Sandra Sutherland	Scotland		2m 10.5s
1970	S	800m	2	Elizabeth Mountain	Ireland		2m 11.0s
1970	S	800m	3	Angela Lovell	England	Warwickshire	2m 14.1s
1970	S	100mH	1	Linda Robinson	England	Warwickshire	14.5s
1970	S	100mH	2	Susan Oldall	England	Surrey	16.4s
1970	S	100mH	3	Anna Greer	Scotland		16.6s
1970	S	4 x 100m	1	Scotland			47.7s
1970	S	4 x 100m	2	Wales			50.8s
1970	S	4 x 100m	3	England			51.4s
1970	S	HJ	1	Sylvia Rampton	England	Middlesex	1.55m
1970	S	HJ	2	Marjorie Adams	Ireland		1.52m
1970	S	HJ	3	Freddie Cooney	Ireland		1.50m
1970	S	LJ	1	Myra Nimmo	Scotland		5.61m
1970	S	LJ	2	Susan Oldall	England	Surrey	5.40m
1970	S	LJ	3	Sylvia Rampton	England	Middlesex	5.18m
1970	S	SP	1	Debbie Kerr	England	Kent	12.20m

1970	S	SP	2	Christine Chalk	Scotland		11.93m
1970	S	SP	3	Janet Beese	Wales		11.64m
1970	S	DT	1	Christine Chalk	Scotland		40.46m
1970	S	DT	2	Debbie Kerr	England	Kent	37.30m
1970	S	DT	3	Vivienne Irwin	Ireland		35.74m
1970	S	JT	1	Susan James	Wales		37.24m
1970	S	JT	2	Sharon Corbett	England	Warwickshire	36.65m
1970	S	JT	3	Margaret Rainbow	Wales		36.32m
1971	S	100m	1	June Rowell	England	Durham	12.2s
1971	S	100m	2	Sheila Pringle	Scotland		12.3s
1971	S	100m	3	Christine Sprigg	Scotland		12.3s
1971	S	200m	1	Sheila Pringle	Scotland		24.6s
1971	S	200m	2	Gladys Taylor	England	Essex	24.7s
1971	S	200m	3	June Farnworth	England	Lancashire	24.9s
1971	S	400m	1	Dawn Webster	England	Yorkshire	55.6s
1971	S	400m	2	Elaine Saunders	England	Derbyshire	56.5s
1971	S	400m	3	Elizabeth Wright	Ireland		57.7s
1971	S	800m	1	Sandra Marquis	England	Hertfordshire	2m 11.2s
1971	S	800m	2	Joan Fleming	Ireland		2m 11.2s
1971	S	800m	3	Elaine Kelly	Ireland		2m 11.3s
1971	S	100mH	1	Diana Toon	England	Somerset	14.7s
1971	S	100mH	2	Caroline Thicknesse	England	Somerset	15.4s
1971	S	100mH	3	Gaynor Blackwell	Wales		15.6s
1971	S	4 x 100m	1	Scotland			47.1s
1971	S	4 x 100m	2	England			47.3s
1971	S	4 x 100m	3	Wales			48.8s
1971	S	HJ	1	Sylvia Rampton	England	Middlesex	1.59m
1971	S	HJ	2	Gladys Taylor	England	Essex	1.59m
1971	S	HJ	3	Wendy Phillips	Ireland		1.56m
1971	S	LJ	1	Myra Nimmo	Scotland		5.60m
1971	S	LJ	2	Janis Murray	England	Lancashire	5.56m
1971	S	LJ	3	Linda Beverley	England	Buckinghamshire	5.50m
1971	S	SP	1	Gwen Bird	England	Norfolk	11.91m
1971	S	SP	2	Vanessa Redford	England	London	11.15m
1971	S	SP	3	Frances Pincock	Wales		10.89m
1971	S	DT	1	Jackie Elsmore	England	Berkshire	40.66m
1971	S	DT	2	Gwen Bird	England	Norfolk	39.98m
1971	S	DT	3	Jenny Smith	Scotland		34.44m
1971	S	JT	1	Carol Johnson	England	Somerset	42.08m
1971	S	JT	2	Susan James	Wales		39.22m
1971	S	JT	3	Vivienne Irwin	Ireland		32.88m
1972	S	100m	1	Julie Jay	England	Gloucestershire	11.8s
1972	S	100m	2	Mary Doyle	Ireland		11.9s
1972	S	100m	3	Karen Walker	England	Yorkshire	12.1s
1972	S	200m	1	Linda McCurry	Ireland		24.6s
1972	S	200m	2	Joslyn Hoyte	England	Yorkshire	24.9s
1972	S	200m	3	Janet Barnett	England	Essex	25.0s
1972	S	400m	1	Paula Lloyd	England	Cheshire	55.9s
1972	S	400m	2	Aideen Morrison	Ireland		56.0s
1972	S	400m	3	Eileen Brown	Scotland		58.4s
1972	S	800m	1	Joan Fleming	Ireland		2m 11.3s
1972	S	800m	2	Sandra Marquis	England	Hertfordshire	2m 11.7s
1972	S	800m	3	Jean Appleby	Ireland		2m 14.2s
1972	S	100mH	1	Jacqueline Stokoe	England	Huntingdonshire	14.5s
1972	S	100mH	2	Helen Key	England	Kent	14.6s
1972	S	100mH	3	Catherine Smart	Scotland		15.4s
1972	S	4 x 100m	1	England			47.8s

1972	S	4 x 100m	2	Scotland			48.3s
1972	S	4 x 100m	3	Ireland			48.3s
1972	S	HJ	1	Denise Brown	England	Kent	1.66m
1972	S	HJ	2	Mary Haldane	England	Lincolnshire	1.64m
1972	S	HJ	3	Lesley Bell	Scotland		1.58m
1972	S	LJ	1	Julie Roberts	England	Kent	5.82m
1972	S	LJ	2	Gill Regan	Wales		5.56m
1972	S	LJ	3	G. Jones	Wales		5.40m
1972	S	DT	1	Jackie Elsmore	England	Berkshire	41.64m
1972	S	DT	2	Christine Chalk	Scotland		40.30m
1972	S	DT	3	Delyth Prothero	Wales		36.70m
1972	S	SP	1	Vanessa Redford	England	London	12.69m
1972	S	SP	2	Christine Chalk	Scotland		11.45m
1972	S	SP	3	Delyth Prothero	Wales		11.24m
1972	S	JT	1	Anne Goodlad	England	Yorkshire	40.88m
1972	S	JT	2	Margaret Rainbow	Wales		35.56m
1972	S	JT	3	Jean Bagley	Wales		34.14m
1973	S	100m (A)	1	Anne Jeffords	Ireland		12.2s
1973	S	100m (A)	2	L. Dando	Wales		12.3s
1973	S	100m (A)	3	Rosemary Leech	England	Surrey	12.3s
1973	S	100m (B)	1	Linda McCurry	Ireland		12.4s
1973	S	100m (B)	2	Lynn Hampson	England	Cheshire	12.5s
1973	S	100m (B)	3	C. Jenkins	Wales		12.5s
1973	S	200m (A)	1	Linda McCurry	Ireland		24.4s
1973	S	200m (A)	2	Wendy Hill	England	Lancashire	24.4s
1973	S	200m (A)	3	C. Jenkins	Wales		25.7s
1973	S	200m (B)	1	Joslyn Hoyte	England	Yorkshire	25.0s
1973	S	200m (B)	2	Lorraine Morris	Scotland		26.0s
1973	S	200m (B)	3	Mary Appleby	Ireland		26.0s
1973	S	400m (A)	1	Paula Lloyd	England	Cheshire	55.8s
1973	S	400m (A)	2	Ann Robertson	Scotland		56.8s
1973	S	400m (A)	3	Winifred Hanna	Ireland		57.2s
1973	S	400m (B)	1	Sue Pettett	England	Kent	55.2s
1973	S	400m (B)	2	L. Dando	Wales		57.3s
1973	S	400m (B)	3	Sue Allen	Ireland		60.9s
1973	S	800m	1	Joan Fleming	Ireland		2m 11.7s
1973	S	800m	2	Margaret Morgan	England	Warwickshire	2m 12.2s
1973	S	800m	3	Elaine Kelly	Ireland		2m 12.3s
1973	S	100mH (A)	1	Bridget Rutledge	England	Somerset	14.8s
1973	S	100mH (A)	2	Shauna Kyle	Ireland		15.6s
1973	S	100mH (A)	3	G. Jones	Wales		16.5s
1973	S	100mH (B)	1	Sue Holmstrom	England	Durham	14.5s
1973	S	100mH (B)	2	B. Roberts	Wales		16.2s
1973	S	100mH (B)	3	Lindy Douglas	Scotland		16.4s
1973	S	4 x 100m	1	England			47.1s
1973	S	4 x 100m	2	Ireland			48.7s
1973	S	4 x 100m	3	Wales			48.8s
1973	S	HJ	1	Penny Dimmock	England	Berkshire	1.73m
1973	S	HJ	2	Denise Brown	England	Kent	1.60m
1973	S	HJ	3=	Carmen Bruce	Ireland		1.55m
1973	S	HJ	3=	Viv Rothera	Wales		1.55m
1973	S	LJ	1	Julie Roberts	England	Kent	5.88m
1973	S	LJ	2	Tina Greisen	England	Middlesex	5.75m
1973	S	LJ	3	Gill Regan	Wales		5.43m
1973	S	SP	1	Dorothy Howarth	England	Lancashire	12.61m
1973	S	SP	2	Judith Potts	England	Durham	12.34m
1973	S	SP	3	J. Gray	Wales		10.95m
1973	S	DT	1	Lesley Mallin	England	Devon	43.24m

1973	S	DT	2	Linda King	Scotland		42.96m
1973	S	DT	3	J. Gray	Wales		40.24m
1973	S	JT	1	Tessa Sanderson	England	Staffordshire	46.86m
1973	S	JT	2	Susan James	England	Somerset	44.38m
1973	S	JT	3	Elsbeth Dinwiddie	Scotland		36.18m
1974	I	100m	1	Wendy Clarke	England	London	12.0s
1974	I	100m	2	Elaine Douglas	Scotland		12.1s
1974	I	100m	3	Helen Barnett	England	London	12.1s
1974	I	200m	1	Elaine Douglas	Scotland		24.3s
1974	I	200m	2	Averil McClelland	England	Cheshire	24.3s
1974	I	200m	3	J. Bowerman	England	Surrey	25.0s
1974	I	400m	1	Anne Clarkson	Scotland		55.5s
1974	I	400m	2	Ann Robertson	Scotland		55.8s
1974	I	400m	3	Janet Prictoe	England	Lincolnshire	56.8s
1974	I	800m	1	Jane Colebrook	England	Lincolnshire	2m 10.7s
1974	I	800m	2	Mary Appleby	Ireland		2m 11.4s
1974	I	800m	3	Fay Nixon	Scotland		2m 13.1s
1974	I	1500m	1	Ann-Maria Robinson	England	Cheshire	4m 34.5s
1974	I	1500m	2	Cushla Murphy	Ireland		4m 35.7s
1974	I	1500m	3	Kathryn Shepherd	Scotland		4m 39.2s
1974	I	80mH	1	Shirley Strong	England	Cheshire	11.4s
1974	I	80mH	2	Fiona Macaulay	Scotland		11.6s
1974	I	80mH	3	Lorraine Ilderton	England	Staffordshire	11.6s
1974	I	4 x 100m	1	England			46.8s
1974	I	4 x 100m	2	Scotland			47.5s
1974	I	4 x 100m	3	Wales			49.0s
1974	I	HJ	1	Anne Gilson	England	Dorset	1.65m
1974	I	HJ	2	Noreen Glennin	Ireland		1.58m
1974	I	HJ	3	Valerie Mullin	England	Lancashire	1.55m
1974	I	LJ	1	Christina Hill	England	Durham	5.59m
1974	I	LJ	2	Elissa Torrance	Scotland		5.47m
1974	I	LJ	3	Diane Gray	England	Norfolk	5.47m
1974	I	SP	1	Judy Oakes	England	Kent	12.12m
1974	I	SP	2	Ereka Service	England	Middlesex	11.47m
1974	I	SP	3	J. Stolbow	Wales		10.74m
1974	I	DT	1	Karen Mallard	England	Leicestershire	39.08m
1974	I	DT	2	Valerie Watson	England	Cheshire	39.00m
1974	I	DT	3	Yvonne Page	Scotland		36.16m
1974	I	JT	1	Julie King	England	Surrey	40.20m
1974	I	JT	2	Marian Mendham	England	Essex	39.66m
1974	I	JT	3	Elizabeth Hurley	Ireland		34.80m
1975	I	100m	1	Heather Hunte	England	Middlesex	11.8s
1975	I	100m	2	Ann Dalton	Scotland		12.1s
1975	I	100m	3	Janine MacGregor	England	Cleveland	12.4s
1975	I	200m	1	Brenda Gauntlett	England	Hertfordshire	25.0s
1975	I	200m	2	Eleanor Thomas	England	London	25.2s
1975	I	200m	3	Carmen Smart	Wales		25.3s
1975	I	400m	1	Anne Clarkson	Scotland		56.5s
1975	I	400m	2	Karen Williams	Scotland		57.3s
1975	I	400m	3	Anne Baldock	England	Kent	58.5s
1975	I	800m	1	Janet Lawrence	England	Merseyside	2m 08.1s
1975	I	800m	2	Angela Mason	England	Devon	2m 11.0s
1975	I	800m	3	Kerry Robinson	Scotland		2m 13.6s
1975	I	1500m	1	Christine Brace	England	Hertfordshire	4m 43.0s
1975	I	1500m	2	Bernadette Madigan	England	Berkshire	4m 45.7s
1975	I	1500m	3	Fionnuala Morrish	Ireland		4m 45.7s
1975	I	80mH	1=	Yvette Wray	England	Shropshire	11.4s

1975	I	80mH	1=	Shirley Strong	England	Cheshire	11.4s
1975	I	80mH	3	Kathleen Glavin	Ireland		11.6s
1975	I	4 x 100m	1	England			47.3s
1975	I	4 x 100m	2	Wales			48.7s
1975	I	4 x 100m	3	Ireland			48.9s
1975	I	HJ	1	Alyson Thompson	England	Buckinghamshire	1.64m
1975	I	HJ	2	Denise Cooper	England	Avon	1.61m
1975	I	HJ	3	Audrey Long	Ireland		1.61m
1975	I	LJ	1	Maria Bellamy	England	Northamptonshire	5.73m
1975	I	LJ	2	Karen Evans	England	Lancashire	5.70m
1975	I	LJ	3	Ceri Jenkins	Wales		5.59m
1975	I	SP	1	Lana Newton	England	Berkshire	13.45m
1975	I	SP	2	Janet Cox	England	Staffordshire	11.49m
1975	I	SP	3	Marita Walton	Ireland		11.47m
1975	I	DT	1	Valerie Watson	England	Cheshire	41.18m
1975	I	DT	2	Helen Thomson	Scotland		36.64m
1975	I	DT	3	Susan Ball	Scotland		35.50m
1975	I	JT	1	Pamela Brindle	England	Lancashire	42.56m
1975	I	JT	2	Elizabeth Hurley	Ireland		36.56m
1975	I	JT	3	Diane Williams	England	Gr. Manchester	35.90m
1976	I	100m (A)	1	Fay Nixon	Scotland		11.8s
1976	I	100m (A)	2	Janine MacGregor	England	Cleveland	12.0s
1976	I	100m (A)	3	Carmen Smart	Wales		12.0s
1976	I	100m (B)	1	Karen Duncan	England	Durham	12.1s
1976	I	100m (B)	2	Ann Dalton	Scotland		12.2s
1976	I	100m (B)	3	Diane Thorne	Wales		12.3s
1976	I	200m (A)	1	Michelle Probert	England	Cheshire	24.2s
1976	I	200m (A)	2	Fay Nixon	Scotland		24.4s
1976	I	200m (A)	3	Carmen Smart	Wales		24.7s
1976	I	200m (B)	1	Kathy Smallwood	England	Berkshire	24.5s
1976	I	200m (B)	2	Ann Dalton	Scotland		24.8s
1976	I	200m (B)	3	Michelle Walshe	Ireland		25.1s
1976	I	400m (A)	1	Liz Beton	England	Cheshire	55.5s
1976	I	400m (A)	2	Irene Anderson	Scotland		57.3s
1976	I	400m (A)	3	Angela Pennington	Wales		59.1s
1976	I	400m (B)	1	Karen Williams	Scotland		56.7s
1976	I	400m (B)	2	Kim Bissell	England	West Midlands	57.6s
1976	I	400m (B)	3	S. Waters	Wales		58.8s
1976	I	800m	1	Sally Ludlam	England	Hampshire	2m 11.9s
1976	I	800m	2	Valerie Hutton	Scotland		2m 13.2s
1976	I	800m	3	Vivienne Weston	England	Lincolnshire	2m 13.2s
1976	I	1500m	1	Bernadette Madigan	England	Berkshire	4m 35.6s
1976	I	1500m	2	Margaret Cadogan	Ireland		4m 36.0s
1976	I	1500m	3	Kim Trunley	England	Essex	4m 37.6s
1976	I	80mH (A)	1	Theresa Chipp	England	Lincolnshire	11.5s
1976	I	80mH (A)	2	Sheila Drysdale	Scotland		11.5s
1976	I	80mH (A)	3	Nora O'Grady	Ireland		12.2s
1976	I	80mH (B)	1	Maureen Prendergast	England	Middlesex	11.7s
1976	I	80mH (B)	2	Jane Lindsay	Scotland		11.9s
1976	I	80mH (B)	3	Michelle Chambers	Ireland		12.4s
1976	I	4 x 100m	1	England			46.6s
1976	I	4 x 100m	2	Wales			47.9s
1976	I	4 x 100m	3	Ireland			48.1s
1976	I	HJ	1	Diana Elliott	England	Northamptonshire	1.68m
1976	I	HJ	2	Audrey Long	Ireland		1.68m
1976	I	HJ	3	Ann-Marie Devally	England	Bedfordshire	1.68m
1976	I	LJ	1	Diane McNulty	England	West Yorkshire	5.48m
1976	I	LJ	2	Sue Hearnshaw	England	Humberside	5.43m

1976	I	LJ	3	Rose Tillson	Wales		5.26m
1976	I	SP	1	Marita Walton	Ireland		13.28m
1976	I	SP	2	Patricia Walshe	Ireland		12.07m
1976	I	SP	3	Yvonne Ritchie	England	Gtr. Manchester	11.82m
1976	I	DT	1	Marita Walton	Ireland		42.68m
1976	I	DT	2	Denise Sturman	England	Essex	40.24m
1976	I	DT	3	Fiona Condon	England	Berkshire	39.18m
1976	I	JT	1	Yvonne Gregory	England	West Midlands	42.40m
1976	I	JT	2	Christine Whitmore	England	Essex	41.96m
1976	I	JT	3	Y. Norton	Wales		36.08m
1977	I	100m (A)	1	Pippa Baker	England	Norfolk	12.5s
1977	I	100m (A)	2	Diane Thorne	Wales		12.6s
1977	I	100m (A)	3	Patricia Amond	Ireland		12.9s
1977	I	100m (B)	1	Lynda Stewart	England	London	12.6s
1977	I	100m (B)	2	Geraldine Shine	Ireland		12.7s
1977	I	100m (B)	3	K. Taylor	Wales		12.9s
1977	I	200m (A)	1	Patricia Amond	Ireland		25.1s
1977	I	200m (A)	2	Ruth Richards	England	Essex	25.2s
1977	I	200m (A)	3	Diane Thorne	Wales		25.9s
1977	I	200m (B)	1	Lorraine Scott	England	Hampshire	25.6s
1977	I	200m (B)	2	K. Taylor	Wales		25.6s
1977	I	200m (B)	3	Geraldine Shine	Ireland		25.7s
1977	I	400m (A)	1	Tracey Burgess	England	Hertfordshire	56.8s
1977	I	400m (A)	2	Bernadette Kavanagh	Ireland		56.9s
1977	I	400m (A)	3	S. Waters	Wales		57.7s
1977	I	400m (B)	1	B. Sheringham	England	Middlesex	57.5s
1977	I	400m (B)	2	Michelle Chambers	Ireland		59.2s
1977	I	400m (B)	3	Christine Crosbie	Scotland		59.6s
1977	I	800m	1	Alison Clifford	England	Bedfordshire	2m 08.8s
1977	I	800m	2	Sally Ludlam	England	Hampshire	2m 09.8s
1977	I	800m	3	Mary McKenna	Ireland		2m 11.3s
1977	I	1500m	1	Sarah Andrews	England	Wiltshire	4m 31.0s
1977	I	1500m	2	Sandra Arthurton	England	West Yorkshire	4m 31.0s
1977	I	1500m	3	Valerie O'Mahoney	Ireland		4m 38.7s
1977	I	80mH (A)	1	Wendy McDonnell	England	Essex	11.4s
1977	I	80mH (A)	2	Evelyn O'Brien	Ireland		12.0s
1977	I	80mH (A)	3	S. Wight	Wales		12.8s
1977	I	80mH (B)	1	Judy Livermore	England	Warwickshire	11.8s
1977	I	80mH (B)	2	Patricia Maher	Ireland		12.4s
1977	I	80mH (B)	3	Norma Evans	Wales		12.6s
1977	I	4 x 100m	1	England			47.3s
1977	I	4 x 100m	2	Wales			48.3s
1977	I	4 x 100m	3	Ireland			49.7s
1977	I	HJ	1	Diana Elliott	England	Northamptonshire	1.71m
1977	I	HJ	2	Fionnuala Kennedy	Ireland		1.69m
1977	I	HJ	3	Barbara Simmonds	England	Oxfordshire	1.66m
1977	I	LJ	1	Sue Hearnshaw	England	Humberside	6.06m
1977	I	LJ	2	Nicola McGee	England	Surrey	5.72m
1977	I	LJ	3	Evelyn O'Brien	Ireland		5.51m
1977	I	SP	1	Helen Clarke	England	Essex	11.45m
1977	I	SP	2	Maureen Tree	England	Kent	11.40m
1977	I	SP	3	Joan Dooley	Ireland		11.01m
1977	I	DT	1	Fiona Condon	England	Berkshire	41.14m
1977	I	DT	2	Amanda Franks	England	Oxfordshire	39.02m
1977	I	DT	3	Alyson Hourihan	Wales		37.92m
1977	I	JT	1	Fatima Whitbread	England	Essex	43.20m
1977	I	JT	2	Jayne Seldon	England	Middlesex	42.64m
1977	I	JT	3	Valerie Price	Scotland		36.08m

1978	I	100m (A)	1	Pippa Baker	England	Norfolk	12.1s
1978	I	100m (A)	2	Patricia Amond	Ireland		12.1s
1978	I	100m (A)	3	Alison Reid	Scotland		12.9s
1978	I	100m (B)	1	Jennifer Webb	Wales		12.3s
1978	I	100m (B)	2	Geraldine Shine	Ireland		12.3s
1978	I	100m (B)	3	Valerie Mullings	England	West Midlands	12.4s
1978	I	200m (A)	1	Patricia Amond	Ireland		24.7s
1978	I	200m (A)	2	Ruth Richards	England	Essex	24.7s
1978	I	200m (A)	3	K. Taylor	Wales		25.4s
1978	I	200m (B)	1	Geraldine Shine	Ireland		25.3s
1978	I	200m (B)	2	Carmelita Kelly	England	Avon	25.6s
1978	I	200m (B)	3	Florence Harding	Scotland		25.6s
1978	I	400m (A)	1	Linda Callow	England	West Midlands	57.5s
1978	I	400m (A)	2	C. Nicholas	Wales		58.2s
1978	I	400m (A)	3	Niamh Walsh	Ireland		58.4s
1978	I	400m (B)	1	Pauline Mullins	England	Essex	57.9s
1978	I	400m (B)	2	Helen Gourley	Ireland		59.4s
1978	I	400m (B)	3	A. Reid	Scotland		59.5s
1978	I	800m	1	Kirsty McDermott	Wales		2m 18.8s
1978	I	800m	2	Alison Clifford	England	Bedfordshire	2m 19.6s
1978	I	800m	3	Judith Croasdale	England	Lancashire	2m 20.2s
1978	I	1500m	1	Carol Meagan	Ireland		4m 22.0s
1978	I	1500m	2	Sandra Arthurton	England	West Yorkshire	4m 28.5s
1978	I	1500m	3	Karen Timson	England	Essex	4m 37.0s
1978	I	80mH (A)	1	Heather Ross	England	Avon	11.8s
1978	I	80mH (A)	2	Moirá Spence	Scotland		12.2s
1978	I	80mH (A)	3	Helen Gourley	Ireland		12.4s
1978	I	80mH (B)	1	Claire St. John	England	Surrey	11.7s
1978	I	80mH (B)	2	Pat Rollo	Scotland		12.0s
1978	I	80mH (B)	3	Carmel Maher	Ireland		12.6s
1978	I	4 x 100m	1	England			48.3s
1978	I	4 x 100m	2	Wales			48.9s
1978	I	4 x 100m	3	Ireland			50.1s
1978	I	HJ	1	Isabel Watt	Scotland		1.66m
1978	I	HJ	2	Barbara Simmonds	England	Oxfordshire	1.63m
1978	I	HJ	3	Julia Charlton	Wales		1.55m
1978	I	LJ	1	Beverley Hart	Scotland		5.32m
1978	I	LJ	2	Claire Henley	England	Dorset	5.31m
1978	I	LJ	3	Jackie Hammersley	Wales		5.31m
1978	I	SP	1	Sandra McDonald	Scotland		11.21m
1978	I	SP	2	Susan Bracey	England	Essex	11.13m
1978	I	SP	3	Elizabeth Bernard	England	London	11.08m
1978	I	DT	1	Sandra McDonald	Scotland		39.87m
1978	I	DT	2	Amanda Franks	England	Oxfordshire	38.94m
1978	I	DT	3	Janette Picton	England	Berkshire	38.18m
1978	I	JT	1	Valerie Price	Scotland		43.56m
1978	I	JT	2	Joanna Bolam	England	Hertfordshire	37.96m
1978	I	JT	3	J. Jackson	Wales		35.38m
1979	I	100m (A)	1	Linsey Macdonald	Scotland		11.7w
1979	I	100m (A)	2	Shirley Thomas	England	London	11.9s
1979	I	100m (A)	3	Lucy Phelan	Ireland		12.4s
1979	I	100m (B)	1	Debbie Warner	England	Oxfordshire	12.3s
1979	I	100m (B)	2	Kirsty Ramsay	Scotland		12.7s
1979	I	100m (B)	3	Jennifer Webb	Wales		12.8s
1979	I	200m (A)	1	Lucy Phelan	Ireland		25.2s
1979	I	200m (A)	2	Angela Bridgeman	Scotland		25.2s
1979	I	200m (A)	3	Jane Williams	England	Oxfordshire	25.5s

1979	I	200m (B)	1	Jane Christian	England	Merseyside	25.0s
1979	I	200m (B)	2	Kaye Jeffrey	Scotland		25.4s
1979	I	200m (B)	3	Helen Gourley	Ireland		25.9s
1979	I	400m (A)	1	Linsey Macdonald	Scotland		54.3s
1979	I	400m (A)	2	Linda Keough	England	Hampshire	55.7s
1979	I	400m (A)	3	Paula Thomas	Wales		58.1s
1979	I	400m (B)	1	Elizabeth McArthur	Scotland		57.7s
1979	I	400m (B)	2	Frances Weston	England	Staffordshire	58.2s
1979	I	400m (B)	3	Lucy Harrington	Ireland		58.8s
1979	I	800m	1	Judith Croasdale	England	Lancashire	2m 12.1s
1979	I	800m	2	Lorraine Baker	England	West Midlands	2m 13.7s
1979	I	800m	3	Mary Walsh	Ireland		2m 15.9s
1979	I	1500m	1	Louise Parker	England	Cumbria	4m 25.5s
1979	I	1500m	2	Carol Meagan	Ireland		4m 26.5s
1979	I	1500m	3	Lynne MacDougall	Scotland		4m 29.6s
1979	I	80mH (A)	1	Claire St. John	England	Surrey	11.1s
1979	I	80mH (A)	2	Lesley Scott	Scotland		11.3s
1979	I	80mH (A)	3	J. Buttress	Wales		11.5s
1979	I	80mH (B)	1	Linda Stephen	Scotland		11.2s
1979	I	80mH (B)	2	Debbie Baker	England	Derbyshire	11.3s
1979	I	80mH (B)	3	A. Simmons	Wales		11.9s
1979	I	4 x 100m	1	England			47.4s
1979	I	4 x 100m	2	Scotland			47.4s
1979	I	4 x 100m	3	Ireland			49.1s
1979	I	HJ	1	Bridget Corrigan	Ireland		1.79m
1979	I	HJ	2	Susan Brown	Scotland		1.74m
1979	I	HJ	3	Lorinda Matthews	England	Bedfordshire	1.71m
1979	I	LJ	1	Sandy French	England	Surrey	5.92m
1979	I	LJ	2	Linda Stephen	Scotland		5.73m
1979	I	LJ	3	Bev Kinch	England	Suffolk	5.46m
1979	I	SP	1	Cynthia Gregory	England	West Midlands	12.46m
1979	I	SP	2	Susan Bracey	England	Essex	12.18m
1979	I	SP	3	Sandra McDonald	Scotland		12.15m
1979	I	DT	1	Janette Picton	England	Berkshire	42.72m
1979	I	DT	2	Sandra Lee	Wales		42.38m
1979	I	DT	3	Sandra McDonald	Scotland		41.22m
1979	I	JT	1	Vanessa Vanterpool	England	Cambridgeshire	38.48m
1979	I	JT	2	S. Pesticcio	Wales		37.40m
1979	I	JT	3	Anna Lockton	Scotland		36.60m
1980	I	100m (A)	1	Karen Barraclough	England	North Yorkshire	12.0s
1980	I	100m (A)	2	Kirsty Ramsay	Scotland		12.1s
1980	I	100m (A)	3	Dawn Oliver	Wales		12.8s
1980	I	100m (B)	1	Yvonne Anderson	Scotland		12.0s
1980	I	100m (B)	2	Kathryn Ball	England	Nottinghamshire	12.2s
1980	I	100m (B)	3	Melanie Fee	Ireland		12.8s
1980	I	200m (A)	1	Karen Rist	England	Oxfordshire	24.3s
1980	I	200m (A)	2	Yvonne Anderson	Scotland		24.4s
1980	I	200m (A)	3	Dawn Oliver	Wales		25.2s
1980	I	200m (B)	1	Angela Bridgeman	Scotland		23.8s
1980	I	200m (B)	2	Karen Barraclough	England	North Yorkshire	25.3s
1980	I	200m (B)	3	P. Thomas	Wales		25.7s
1980	I	400m (A)	1	Linda Keough	England	Hampshire	54.6s
1980	I	400m (A)	2	Angela Bridgeman	Scotland		54.6s
1980	I	400m (A)	3	Siobhan Kavanagh	Ireland		57.3s
1980	I	400m (B)	1	Carolyn Wells	England	Essex	55.6s
1980	I	400m (B)	2	Frances Anderson	Scotland		57.8s
1980	I	400m (B)	3	Beverley Preece	Wales		59.3s
1980	I	800m	1	Lorraine Baker	England	West Midlands	2m 09.9s

1980	I	800m	2	Karen Hughes	England	Essex	2m 10.4s
1980	I	800m	3	Aisling Molloy	Ireland		2m 12.7s
1980	I	1500m	1	Katie Fairbrass	England	Berkshire	4m 27.2s
1980	I	1500m	2	Lynne MacDougall	Scotland		4m 28.6s
1980	I	1500m	3	Wendy Hurst	England	West Yorkshire	4m 38.7s
1980	I	3000m	1	Kathy Williams	Wales		10m 25.5s
1980	I	3000m	2	Sharon Morris	Scotland		10m 32.2s
1980	I	3000m	3	Fiona McMurrough	Ireland		10m 43.7s
1980	I	80mH (A)	1	Noelle Morrissey	Ireland		11.3s
1980	I	80mH (A)	2	Sarah Dean	England	Hampshire	11.5s
1980	I	80mH (A)	3	A. Gillespie	Scotland		12.1s
1980	I	80mH (B)	1	Mandy Lewis	England	Essex	11.6s
1980	I	80mH (B)	2	Karen Murdoch	Scotland		11.9s
1980	I	80mH (B)	3	S. Oakley	Wales		12.1s
1980	I	4 x 100m	1	Scotland			46.5s
1980	I	4 x 100m	2	England			47.3s
1980	I	4 x 100m	3	Wales			48.8s
1980	I	HJ	1	Elaine Hickey	England	Oxfordshire	1.75m
1980	I	HJ	2	Bridget Corrigan	Ireland		1.70m
1980	I	HJ	3	Sarah Nicholls	Wales		1.70m
1980	I	LJ	1	Joyce Oladapo	England	London	5.84m
1980	I	LJ	2	Jo Edwards	England	Avon	5.83m
1980	I	LJ	3	J. Brown	Wales		5.64m
1980	I	SP	1	Cynthia Gregory	England	West Midlands	13.11m
1980	I	SP	2	Susan King	England	Suffolk	12.45m
1980	I	SP	3	Mary Kavanagh	Ireland		11.38m
1980	I	DT	1	Sandra Lee	Wales		43.08m
1980	I	DT	2	Sandra McDonald	Scotland		40.80m
1980	I	DT	3	Debbie Bushnell	England	Essex	39.86m
1980	I	JT	1	Tracey Averies	England	Oxfordshire	41.74m
1980	I	JT	2	A. Horrex	Wales		39.22m
1980	I	JT	3	Anna Lockton	Scotland		38.76m
1981	I	100m	1	Henritta Kessebeh	England	Gtr. Manchester	11.90s
1981	I	100m	2	Lisa Goreeph	England	Essex	12.12s
1981	I	100m	3	Yvonne Anderson	Scotland		12.27s
1981	I	200m	1	Lisa Goreeph	England	Essex	24.46s
1981	I	200m	2	Dawn Flockhart	Scotland		24.63s
1981	I	200m	3	Elaine Mitchell	England	London	24.68s
1981	I	400m	1	Carol Candlish	Scotland		55.71s
1981	I	400m	2	Lorna McMillan	Scotland		56.22s
1981	I	400m	3	Kay Simpson	England	Kent	56.81s
1981	I	800m	1	Karen Hughes	England	Essex	2m 08.12s
1981	I	800m	2	Donna Thomas	England	Sussex	2m 10.16s
1981	I	800m	3	Angela McGeowan	Scotland		2m 11.65s
1981	I	1500m	1	Lynne MacDougall	Scotland		4m 25.59s
1981	I	1500m	2	Julie Rose	England	Kent	4m 26.27s
1981	I	1500m	3	Elise Lyon	England	Buckinghamshire	4m 27.33s
1981	I	3000m	1	Yvonne Murray	Scotland		9m 30.0s
1981	I	3000m	2	Alison Hollington	England	Dorset	9m 33.4s
1981	I	3000m	3	Sonia Vinall	England	Sussex	10m 00.1s
1981	I	80mH	1	Ann Girvan	England	Cheshire	11.16s
1981	I	80mH	2	Noelle Morrissey	Ireland		11.31s
1981	I	80mH	3	Tessa North	England	Surrey	11.50s
1981	I	4 x 100m	1	Scotland			46.99s
1981	I	4 x 100m	2	Wales			48.3?s
1981	I	4 x 100m	3	Ireland			48.4?s
1981	I	HJ	1	Claire Summerfield	England	Staffordshire	1.72m
1981	I	HJ	2	Theresa Murray	England	Durham	1.72m

1981	I	HJ	3	Sarah Nicholls	Wales		1.68m
1981	I	LJ	1	Joanne Mulliner	England	Shropshire	5.79m
1981	I	LJ	2	Julia Charlton	Wales		5.61m
1981	I	LJ	3	Rachel Coton	England	Dorset	5.41m
1981	I	SP	1	Susan King	England	Suffolk	13.68m
1981	I	SP	2	Gloria Achille	England	London	12.08m
1981	I	SP	3	Delyth Evans	Wales		11.19m
1981	I	DT	1	Karen Pugh	England	Warwickshire	42.98m
1981	I	DT	2	Bernadette D'Arcy	England	Essex	38.10m
1981	I	DT	3	Lesley Adams	Scotland		36.78m
1981	I	JT	1	Maxine Worsfold	England	Middlesex	40.92m
1981	I	JT	2	Claire Martin	England	Sussex	40.14m
1981	I	JT	3	Julie Tayler	Wales		38.00m
1982	I	100m	1	Dawn Flockhart	Scotland		12.1s
1982	I	100m	2	Helen Miles	Wales		12.2s
1982	I	100m	3	Morag Todd	Scotland		12.4s
1982	I	200m	1	Dawn Flockhart	Scotland		24.8s
1982	I	200m	2	J. Robinson	Scotland		25.0s
1982	I	200m	3	Helen Miles	Wales		25.3s
1982	I	400m	1	Patricia Walsh	Ireland		56.4s
1982	I	400m	2	Alyson Evans	Wales		57.7s
1982	I	400m	3	Lorraine Brownlee	Scotland		58.4s
1982	I	800m	1	Melissa Wylie	Scotland		2m 13.3s
1982	I	800m	2	Margaret Curran	Ireland		2m 14.8s
1982	I	800m	3	F. Harwood	Wales		2m 15.4s
1982	I	1500m	1	Patricia Barr	Ireland		4m 37.6s
1982	I	1500m	2	Camilla Harron	Ireland		4m 38.2s
1982	I	1500m	3	Deborah Crowley	Wales		4m 39.5s
1982	I	3000m	1	Mary Martin	Ireland		10m 11.1s
1982	I	3000m	2	Patricia Logan	Ireland		10m 13.4s
1982	I	3000m	3	Alison Johnston	Scotland		10m 38.3s
1982	I	80mH	1	Olive Burke	Ireland		11.6s
1982	I	80mH	2	Noelle Morrissey	Ireland		11.7s
1982	I	80mH	3	Rhona McLeod	Scotland		11.8s
1982	I	400mH	1	Alyson Evans	Wales		63.2s
1982	I	400mH	2	Sarah Booth	Scotland		63.7s
1982	I	400mH	3	Shiela Quinn	Ireland		65.3s
1982	I	4 x 100m	1	Scotland			47.6s
1982	I	4 x 100m	2	Ireland			48.2s
1982	I	4 x 100m	3	-	-	-	-
1982	I	HJ	1	Ursula Fay	Ireland		1.81m
1982	I	HJ	2	Christine Brookes	Wales		1.64m
1982	I	HJ	3	Lorraine McQuarrie	Scotland		1.64m
1982	I	LJ	1	Rhona McLeod	Scotland		5.48m
1982	I	LJ	2	Noelle Morrissey	Ireland		5.33m
1982	I	LJ	3	Lea Baird	Ireland		5.31m
1982	I	SP	1	Delyth Evans	Wales		11.79m
1982	I	SP	2	Breda Wall	Ireland		11.62m
1982	I	SP	3	Regina Walton	Ireland		11.36m
1982	I	DT	1	Breda Wall	Ireland		38.02m
1982	I	DT	2	Eve Nangle	Ireland		36.18m
1982	I	DT	3	Helen Cowe	Scotland		33.22m
1982	I	JT	1	Jacqueline Murray	Ireland		38.96m
1982	I	JT	2	Anita Kane	Ireland		35.98m
1982	I	JT	3	Karen Hough	Wales		34.96m
1983	I	100m	1	Helen Miles	Wales		13.0s
1983	I	100m	2	Judy Slater	Scotland		13.1s

1983	I	100m	3	Olive Burke	Ireland		13.1s
1983	I	200m	1	Helen Miles	Wales		25.8s
1983	I	200m	2	Dawn Flockhart	Scotland		26.0s
1983	I	200m	3	Sallyanne Short	Wales		26.0s
1983	I	400m	1	Mary Anderson	Scotland		60.3s
1983	I	400m	2	Maria O'Dea	Ireland		60.6s
1983	I	400m	3	Jane Ridley	Scotland		61.4s
1983	I	800m	1	Ellie Palmer	Wales		2m 19.5s
1983	I	800m	2	Andrea Meechan	Scotland		2m 20.4s
1983	I	800m	3	Noelle Harron	Ireland		2m 20.4s
1983	I	1500m	1	Janet Stewart	Scotland		4m 49.2s
1983	I	1500m	2	Theresa McKenna	Ireland		4m 51.4s
1983	I	1500m	3	Valerie Vaughan	Ireland		4m 53.6s
1983	I	3000m	1	Lee Lobban	Scotland		10m 35.1s
1983	I	3000m	2	Nicola Squire	Ireland		10m 43.9s
1983	I	3000m	3	Patricia Logan	Ireland		10m 58.0s
1983	I	80mH	1	Olive Burke	Ireland		11.5s
1983	I	80mH	2	Rebecca Jones-Morris	Wales		12.3s
1983	I	80mH	3	Paula Cash	Ireland		12.4s
1983	I	400mH	1	Alyson Evans	Wales		65.7s
1983	I	400mH	2	Sharon James	Wales		66.5s
1983	I	400mH	3	Fidelma Kirwin	Ireland		67.3s
1983	I	4 x 100m	1	Scotland			48.3s
1983	I	4 x 100m	2	Ireland			49.0s
1983	I	4 x 100m	3	-	-	-	
1983	I	HJ	1	Ursula Fay	Ireland		1.70m
1983	I	HJ	2	Caris Henderson	Scotland		1.64m
1983	I	HJ	3	Janice Ainslie	Scotland		1.64m
1983	I	LJ	1	Sinead McLaughlin	Ireland		5.36m
1983	I	LJ	2	Kathryn Evans	Wales		5.30m
1983	I	LJ	3	Jackie Stokes	Ireland		5.22m
1983	I	SP	1	Mary Anderson	Scotland		12.64m
1983	I	SP	2	Breda Wall	Ireland		12.14m
1983	I	SP	3	Deborah Tobin	Ireland		11.56m
1983	I	DT	1	Breda Wall	Ireland		38.74m
1983	I	DT	2	Eve Nangle	Ireland		33.16m
1983	I	DT	3	Amanda Barnes	Wales		33.16m
1983	I	JT	1	Karen Hough	Wales		43.44m
1983	I	JT	2	Mary Anderson	Scotland		39.64m
1983	I	JT	3	Anita Kane	Ireland		37.82m
1984	I	100m	1	Sharon Dolby	England	Nottinghamshire	12.0s
1984	I	100m	2	Michelle Erskine	England	Surrey	12.2s
1984	I	100m	3	Tonia Richards-Clarke	Wales		12.3s
1984	I	200m	1	Hayley Clements	England	Kent	24.6s
1984	I	200m	2	Janet Smith	England	Surrey	24.6s
1984	I	200m	3	Tanya Richards-Clarke	Wales		25.0s
1984	I	400m	1	Jennifer Howell	England	Nottinghamshire	56.1s
1984	I	400m	2	Jane Hurley	England	West Midlands	56.6s
1984	I	400m	3	Gillian Doig	Scotland		57.9s
1984	I	800m	1	Susan Burtonwood	England	Kent	2m 10.8s
1984	I	800m	2	Gail MacDonald	Scotland		2m 11.5s
1984	I	800m	3	Lesley Rankin	Scotland		2m 13.5s
1984	I	1500m	1	Bridget Smyth	England	Sussex	4m 20.0s
1984	I	1500m	2	Diane Critchlow	England	Dorset	4m 24.7s
1984	I	1500m	3	Siobhan Gallagher	Ireland		4m 34.8s
1984	I	3000m	1	Wendy Wright	England	Derbyshire	9m 59.1s
1984	I	3000m	2	Marina Daly	Ireland		10m 02.9s
1984	I	3000m	3	Julie Richardson	England	Cleveland	10m 10.2s

1984	I	80mH	1	Michelle Stone	England	Essex	11.4s
1984	I	80mH	2	Stephanie Douglas	England	Oxfordshire	11.6s
1984	I	80mH	3	Brid Hallisey	Ireland		11.7s
1984	I	400mH	1	Helen Price	England	Warwickshire	63.2s
1984	I	400mH	2	Wendy Brown	England	Essex	63.9s
1984	I	400mH	3	Eileen Herne	England	Warwickshire	66.5s
1984	I	4 x 100m	1	England			46.8s
1984	I	4 x 100m	2	Scotland			47.8s
1984	I	4 x 100m	3	Wales			48.2s
1984	I	HJ	1	Debbie Marti	England	Surrey	1.88m
1984	I	HJ	2	Jayne Barnetson	Scotland		1.85m
1984	I	HJ	3	Elizabeth Comerford	Ireland		1.76m
1984	I	LJ	1	Margaret Cheetham	England	Merseyside	6.31m
1984	I	LJ	2	Ursula Fay	Ireland		5.91m
1984	I	LJ	3	Emma Westlake	England	Kent	5.80m
1984	I	SP	1	Mary Anderson	Scotland		13.04m
1984	I	SP	2	Susan Coyne	England	Gtr. Manchester	12.38m
1984	I	SP	3	Claire Kelly	Ireland		12.25m
1984	I	DT	1	Catherine Bradley	England	Berkshire	44.82m
1984	I	DT	2	Belinda Hockley	England	Essex	42.06m
1984	I	DT	3	Ailish O'Brien	Ireland		36.26m
1984	I	JT	1	Karen Hough	Wales		50.54m
1984	I	JT	2	Kim Lisbon	England	Essex	43.76m
1984	I	JT	3	Lorraine Thomas	England	West Midlands	42.94m
1985	I	100m	1	Sharon Dolby	England	Nottinghamshire	11.5s
1985	I	100m	2	Joan Booth	Scotland		11.6s
1985	I	100m	3	Jane Buchanan	England	Merseyside	11.8s
1985	I	200m	1	Hayley Clements	England	Kent	24.1s
1985	I	200m	2	Joan Booth	Scotland		24.6s
1985	I	200m	3	Isoken Ighile	England	London	24.8s
1985	I	400m	1	Nicki Lamb	England	Hereford & Worcs	56.4s
1985	I	400m	2	Lesley Rankin	Scotland		57.0s
1985	I	400m	3	Valerie Burke	Ireland		57.7s
1985	I	800m	1	Lynne Robinson	England	West Midlands	2m 10.5s
1985	I	800m	2	Geraldine Nolan	Ireland		2m 13.7s
1985	I	800m	3	Hazel McHenry	Scotland		2m 14.2s
1985	I	1500m	1	Philippa Mason	England	Surrey	4m 32.0s
1985	I	1500m	2	Anita Philpott	Ireland		4m 33.0s
1985	I	1500m	3	Clare Keller	England	Gtr. Manchester	4m 33.7s
1985	I	3000m	1	Sonia O'Sullivan	Ireland		10m 03.4s
1985	I	3000m	2	Janet Cooper	England	Durham	10m 08.1s
1985	I	3000m	3	Sue Jordan	England	Bedfordshire	10m 21.6s
1985	I	80mH	1	Sam Farquharson	England	Surrey	10.9s
1985	I	80mH	2	Stephanie Douglas	England	Oxfordshire	11.0s
1985	I	80mH	3	Alison Glasgow	Scotland		11.4s
1985	I	400mH	1	Joanna Douglas	Scotland		62.0s
1985	I	400mH	2	Stephanie McPeake	Ireland		63.8s
1985	I	400mH	3	Debra Duncan	England	Essex	63.9s
1985	I	4 x 100m	1	Scotland			47.1s
1985	I	4 x 100m	2	Wales			49.1s
1985	I	4 x 100m	3	England			50.1s
1985	I	4 x 400m	1	England			3m 50.3s
1985	I	4 x 400m	2	Scotland			3m 54.9s
1985	I	4 x 400m	3	Ireland			3m 58.6s
1985	I	HJ	1	Jo Jennings	England	Suffolk	1.78m
1985	I	HJ	2	Caris Henderson	Scotland		1.76m
1985	I	HJ	3	Jackie Barber	Wales		1.71m
1985	I	LJ	1	Fiona May	England	Derbyshire	6.16m

1985	I	LJ	2	Nicola Short	Wales		5.75m
1985	I	LJ	3	Evanna Morrissey	Ireland		5.74m
1985	I	SP	1	Carol Cooksley	England	Warwickshire	11.96m
1985	I	SP	2	Audrey Sinclair	Scotland		10.98m
1985	I	SP	3	Jayne Thornton	England	West Yorkshire	10.89m
1985	I	DT	1	Amanda Barnes	England	Somerset	42.42m
1985	I	DT	2	Jane Aucott	England	West Midlands	41.32m
1985	I	DT	3	Ailish O'Brien	Ireland		37.40m
1985	I	JT	1	Angelique Pullen	England	Suffolk	43.14m
1985	I	JT	2	Catherine Gunn	Wales		42.22m
1985	I	JT	3	Caroline White	England	Cumbria	40.00m
1986	I	100m	1	Danaa Myhill	England	Merseyside	12.11s
1986	I	100m	2	Aileen McGillivray	Scotland		12.18s
1986	I	100m	3	Sue Earnshaw	England	South Yorkshire	12.23s
1986	I	200m	1	Tracy Goddard	England	Hampshire	24.98s
1986	I	200m	2	Aileen McGillivray	Scotland		25.30s
1986	I	200m	3	Sonia Middleton	England	Surrey	25.36s
1986	I	400m	1	Sharron Davenport	England	Lincolnshire	56.34s
1986	I	400m	2	Emma Lindsay	Scotland		56.59s
1986	I	400m	3	Amanda Salter	England	Humberside	57.51s
1986	I	800m	1	Geraldine Nolan	Ireland		2m 12.6s
1986	I	800m	2	Hayley Haining	Scotland		2m 13.4s
1986	I	800m	3	Jody Allen	England	Hertfordshire	2m 15.2s
1986	I	1500m	1	Katherine Tulloh	England	Wiltshire	4m 30.97s
1986	I	1500m	2	Jojo Tulloh	England	Wiltshire	4m 33.45s
1986	I	1500m	3	Geraldine Hendricken	Ireland		4m 33.68s
1986	I	3000m	1	Lisa York	England	Leicestershire & R	9m 55.64s
1986	I	3000m	2	Sue Parker	England	Cheshire	9m 57.9?s
1986	I	3000m	3	Aisling Ryan	Ireland		10m 09.7?s
1986	I	80mH	1	Sam Farquharson	England	Surrey	11.19s
1986	I	80mH	2	Amanda Parker	England	Suffolk	11.31s
1986	I	80mH	3	Susan Smith	Ireland		11.90s
1986	I	400mH	1	Clare Bleasdale	England	Surrey	61.87s
1986	I	400mH	2	Evanna Morrissey	Ireland		62.0?s
1986	I	400mH	3	Sinead Kenny	Ireland		62.4?s
1986	I	4 x 100m	1	Scotland			47.31s
1986	I	4 x 100m	2	England			47.5?s
1986	I	4 x 100m	3	Ireland			48.1?s
1986	I	4 x 400m	1	England			3m 56.01s
1986	I	4 x 400m	2	Scotland			3m 59.8?s
1986	I	4 x 400m	3	Ireland			4m 01.2?s
1986	I	HJ	1	Lea Haggett	England	London	1.75m
1986	I	HJ	2	Therese McDonald	Ireland		1.75m
1986	I	HJ	3	Jo Jennings	England	Suffolk	1.69m
1986	I	LJ	1	Jo Wise	England	Warwickshire	5.64m
1986	I	LJ	2	Nicola Short	Wales		5.61m
1986	I	LJ	3	Siobhan Hoey	Ireland		5.56m
1986	I	SP	1	Justine Buttle	England	Kent	14.26m
1986	I	SP	2	Carol Cooksley	England	Warwickshire	12.57m
1986	I	SP	3	Audrey Sinclair	Scotland		11.52m
1986	I	DT	1	Jayne Thornton	England	West Yorkshire	43.10m
1986	I	DT	2	Ailish O'Brien	Ireland		42.58m
1986	I	DT	3	Jane Davies	Wales		39.68m
1986	I	JT	1	Alison Moffitt	Ireland		40.96m
1986	I	JT	2	Diane Caldwell	England	Nottinghamshire	39.96m
1986	I	JT	3	Nicky Emblem	Scotland		38.76m
1987	I	100m	1	Kathleen Lithgow	Scotland		12.5s

1987	I	100m	2	Sue Earnshaw	England	South Yorkshire	12.5s
1987	I	100m	3	Annabel Soper	England	Surrey	12.7s
1987	I	200m (A)	1	Kathleen Lithgow	Scotland		25.2s
1987	I	200m (A)	2	Paula Cohen	England	Gr. Manchester	25.6s
1987	I	200m (A)	3	Yvonne Collins	Ireland		25.8s
1987	I	200m (B)	1	Helen Ashton	England	Suffolk	25.2s
1987	I	200m (B)	2	Lisa Herrington	Scotland		26.0s
1987	I	200m (B)	3	Deirdre Hennelly	Ireland		26.2s
1987	I	400m (A)	1	Jillian Reynolds	England	Essex	57.0s
1987	I	400m (A)	2	Claire Walls	Wales		57.0s
1987	I	400m (A)	3	Cheryl Reilly	Ireland		58.4s
1987	I	400m (B)	1	Joanne Abraham	England	Oxfordshire	56.7s
1987	I	400m (B)	2	Joanne Latimer	Ireland		57.4s
1987	I	400m (B)	3	Mary McLung	Scotland		59.2s
1987	I	800m	1	Jayne Heathcote	England	South Yorkshire	2m 11.6s
1987	I	800m	2	Vicki Wilson	England	West Midlands	2m 13.0s
1987	I	800m	3	Dawn Hargan	Ireland		2m 13.8s
1987	I	1500m	1	Maxine Newman	England	Leicestershire & R	4m 31.7s
1987	I	1500m	2	Claire Forbes	England	Somerset	4m 33.1s
1987	I	1500m	3	Sinead Delahunty	Ireland		4m 33.7s
1987	I	3000m	1	Nicola Ashe	England	Middlesex	9m 45.7s
1987	I	3000m	2	Emma Sokell	England	Devon	9m 52.2s
1987	I	3000m	3	Vicky Harmer	Wales		10m 18.0s
1987	I	80mH (A)	1	Louise Brunning	England	Surrey	11.7s
1987	I	80mH (A)	2	Susan Smith	Ireland		11.7s
1987	I	80mH (A)	3	C. McIntosh	Scotland		11.8s
1987	I	80mH (B)	1	Rachel Rigby	England	Gr. Manchester	11.9s
1987	I	80mH (B)	2	K. Abum	Scotland		12.0s
1987	I	80mH (B)	3	Lisa Nicholson	Ireland		12.3s
1987	I	400mH (A)	1	Louise Fraser	England	Gr. Manchester	63.7s
1987	I	400mH (A)	2	Margo Davis	Ireland		64.6s
1987	I	400mH (A)	3	Hazel Edgar	Scotland		66.9s
1987	I	400mH (B)	1	Clare Bleasdale	England	Surrey	63.6s
1987	I	400mH (B)	2	Eilidh Johnson	Scotland		64.0s
1987	I	400mH (B)	3	Aideen Burke	Ireland		64.4s
1987	I	4 x 100m	1	England			47.6s
1987	I	4 x 100m	2	Scotland			48.2s
1987	I	4 x 100m	3	Ireland			49.3s
1987	I	4 x 400m	1	England			3m 53.3s
1987	I	4 x 400m	2	Scotland			3m 56.2s
1987	I	4 x 400m	3	Ireland			3m 57.5s
1987	I	HJ	1=	Tracey Clarke	England	Bedfordshire	1.70m
1987	I	HJ	1=	Lea Haggett	England	London	1.70m
1987	I	HJ	3	Sharon Foley	Ireland		1.60m
1987	I	LJ	1	Jo Wise	England	Warwickshire	5.88m
1987	I	LJ	2	Yvonne Hallett	England	Surrey	5.82m
1987	I	LJ	3	Alyson McGregor	Scotland		5.62m
1987	I	SP	1	Natalie Hart	England	Essex	12.51m
1987	I	SP	2	Alison Grey	Scotland		11.48m
1987	I	SP	3	Andrea Rhodie	Scotland		11.02m
1987	I	DT	1	Charladee Clarke	England	Staffordshire	42.00m
1987	I	DT	2	Julie Walter	England	Berkshire	37.10m
1987	I	DT	3	Jane Davies	Wales		36.52m
1987	I	JT	1	Nicky Emblem	Scotland		46.92m
1987	I	JT	2	Karen Slaughter	England	Kent	39.74m
1987	I	JT	3	Sharon Warwick	England	Oxfordshire	36.78m
1988	I	100m	1	Geraldine McLeod	England	West Midlands	12.2s
1988	I	100m	2	Kathleen Lithgow	Scotland		12.3s

1988	I	100m	3	Alison Edmonds	Scotland		12.6s
1988	I	200m (A)	1	Kathleen Lithgow	Scotland		24.8s
1988	I	200m (A)	2	Donna Fraser	England	Surrey	25.0s
1988	I	200m (A)	3	Ciara White	Ireland		26.0s
1988	I	200m (B)	1	Alison Edmonds	Scotland		25.3s
1988	I	200m (B)	2	Lisa Nicholson	Ireland		25.8s
1988	I	200m (B)	3	Julie Williams	England	West Midlands	25.8s
1988	I	400m (A)	1	Claire Raven	England	Northamptonshire	57.0s
1988	I	400m (A)	2	Deborah Haxton	Scotland		58.1s
1988	I	400m (A)	3	Joanne Tayler	Wales		59.3s
1988	I	400m (B)	1	Nerys Evans	Wales		57.6s
1988	I	400m (B)	2	Valerie Ann Magill	Ireland		58.3s
1988	I	400m (B)	3	Rachel Jordan	England	West Midlands	58.3s
1988	I	800m	1	Natalie Tait	England	Cumbria	2m 13.2s
1988	I	800m	2	Lindsay Kehoe	England	Gtr. Manchester	2m 15.8s
1988	I	800m	3	Dawn Simpson	Scotland		2m 17.3s
1988	I	1500m	1	Julie Adkin	England	Kent	4m 33.0s
1988	I	1500m	2	Elinor Doubell	England	Hampshire	4m 36.0s
1988	I	1500m	3	Natalie Davey	Ireland		4m 38.1s
1988	I	3000m	1	Nicola Ashe	England	Middlesex	9m 54.4s
1988	I	3000m	2	Sharon Willicombe	England	Kent	10m 17.2s
1988	I	3000m	3	Sheena MacDonald	Scotland		10m 24.3s
1988	I	80mH	1	Angie Thorp	England	West Yorkshire	11.6s
1988	I	80mH	2	Susan Smith	Ireland		11.6s
1988	I	80mH	3	Keri Maddox	England	Staffordshire	11.9s
1988	I	400mH (A)	1	Keri Maddox	England	Staffordshire	61.2s
1988	I	400mH (A)	2	Joanne Heffernan	Ireland		63.4s
1988	I	400mH (A)	3	Fiona Watt	Scotland		67.8s
1988	I	400mH (B)	1	Kate Thomason	Ireland		64.2s
1988	I	400mH (B)	2	Jane Puckeridge	England	Kent	64.3s
1988	I	400mH (B)	3	Tracey Kerr	Scotland		70.4s
1988	I	4 x 100m	1	England			47.9s
1988	I	4 x 100m	2	Scotland			48.3s
1988	I	4 x 100m	3	Ireland			48.6s
1988	I	4 x 400m	1	England			3m 52.1s
1988	I	4 x 400m	2	Wales			3m 54.0s
1988	I	4 x 400m	3	Scotland			3m 56.2s
1988	I	HJ	1	Lea Haggett	England	London	1.75m
1988	I	HJ	2	Sharon Foley	Ireland		1.70m
1988	I	HJ	3	Janice Anderson	England	Kent	1.66m
1988	I	LJ	1	Denise Lewis	England	West Midlands	6.02m
1988	I	LJ	2	Jackie Harris	England	West Midlands	5.96m
1988	I	LJ	3	Caroline Black	Scotland		5.61m
1988	I	SP	1	Alison Grey	Scotland		12.85m
1988	I	SP	2	Joanne Galligan	England	Gtr. Manchester	12.04m
1988	I	SP	3	Dawn Gazette	England	Surrey	11.71m
1988	I	DT	1	Natalie Hart	England	Essex	42.22m
1988	I	DT	2	Emma Beales	England	Buckinghamshire	40.76m
1988	I	DT	3	Hayley Hartson	Wales		39.94m
1988	I	JT	1	Mandy Liverton	England	Devon	48.42m
1988	I	JT	2	Tracey Page	England	Essex	42.56m
1988	I	JT	3	Katrina Campbell	Ireland		36.32m
1989	I	100m	1	Jane Riley	England	Cheshire	12.4s
1989	I	100m	2	Debbie Tank	England	Buckinghamshire	12.5s
1989	I	100m	3	Ciara Whyte	Ireland		12.5s
1989	I	200m	1	Lisa Armstrong	Wales		24.9s
1989	I	200m	2	Ciara Whyte	Ireland		25.0s
1989	I	200m	3	Nkamuo Ojah	England	Hertfordshire	25.0s

1989	I	400m	1	Samantha Taylor	England	West Midlands	56.8s
1989	I	400m	2	Katherine Reeves	England	Kent	57.5s
1989	I	400m	3	Valerie Anne Magill	Ireland		57.6s
1989	I	800m	1	Michelle Wilkinson	England	Gr. Manchester	2m 10.5s
1989	I	800m	2	Arlene Smith	Ireland		2m 10.5s
1989	I	800m	3	Della Butcher	England	Essex	2m 12.0s
1989	I	1500m	1	Natalie Davey	Ireland		4m 25.4s
1989	I	1500m	2	Gillian Stacey	England	Kent	4m 25.5s
1989	I	1500m	3	Isabel Linaker	Scotland		4m 28.2s
1989	I	3000m	1	Kerry Mackay	England	Hertfordshire	10m 00.9s
1989	I	3000m	2	Karen Whetton	England	Leicestershire & R	10m 18.1s
1989	I	3000m	3	Christina Geoghehan	Ireland		10m 24.6s
1989	I	80mH	1	Jane Hale	Ireland		11.5s
1989	I	80mH	2	Nina Thompson	England	Essex	11.6s
1989	I	80mH	3	Yvonne D'Arcy	England	Merseyside	11.7s
1989	I	300mH	1	Rachel Stafford	England	Gr. Manchester	43.6s
1989	I	300mH	2	Vyvyan Rhodes	England	South Yorkshire	43.8s
1989	I	300mH	3	Fiona Watt	Scotland		44.7s
1989	I	4 x 100m	1	Scotland			47.2s
1989	I	4 x 100m	2	England			47.4s
1989	I	4 x 100m	3	Ireland			47.9s
1989	I	4 x 400m	1	Ireland			3m 54.0s
1989	I	4 x 400m	2	England			3m 54.7s
1989	I	4 x 400m	3	Scotland			4m 01.4s
1989	I	HJ	1	Eleanor Cave	England	Middlesex	1.76m
1989	I	HJ	2	Elizabeth Smith	England	Gr. Manchester	1.73m
1989	I	HJ	3	Elaine Ball	Ireland		1.70m
1989	I	LJ	1	Jackie Harris	England	West Midlands	5.86m
1989	I	LJ	2	Adedigba Rawcliffe	England	Cheshire	5.65m
1989	I	LJ	3	Lisa Armstrong	Wales		5.53m
1989	I	SP	1	Alison Grey	Scotland		13.68m
1989	I	SP	2	Dawn Grazette	England	Surrey	12.35m
1989	I	SP	3	Helen Delves	Ireland		11.16m
1989	I	DT	1	Emma Merry	England	Warwickshire	45.08m
1989	I	DT	2	Shelley Drew	England	Surrey	42.26m
1989	I	DT	3	Alison Grey	Scotland		42.00m
1989	I	JT	1	Janine King	England	Gr. Manchester	44.86m
1989	I	JT	2	Joanne Harvey	England	Devon	41.22m
1989	I	JT	3	Onyema Amadi	Wales		37.46m
1990	I	100m	1	Katharine Merry	England	Warwickshire	12.07s
1990	I	100m	2	Lisa Armstrong	Wales		12.17s
1990	I	100m	3	Fiona Kelly	Ireland		12.62s
1990	I	200m	1	Lorraine Nicholson	Scotland		25.32s
1990	I	200m	2	Sophia Smith	England	South Yorkshire	25.48s
1990	I	200m	3	Caroline Espley	England	Somerset	25.56s
1990	I	400m	1	Jenny Holden	England	Hampshire	56.28s
1990	I	400m	2	Samantha Taylor	England	West Midlands	56.41s
1990	I	400m	3	Louise Paterson	Scotland		58.27s
1990	I	800m	1	Emma Brady	England	Northumberland	2m 11.10s
1990	I	800m	2	Arlene Smith	Ireland		2m 12.44s
1990	I	800m	3	Catherine Allsopp	England	Durham	2m 12.90s
1990	I	1500m	1	Jeina Mitchell	England	Surrey	4m 24.73s
1990	I	1500m	2	Isabel Linaker	Scotland		4m 25.56s
1990	I	1500m	3	Charlotte Mayock	England	South Yorkshire	4m 28.56s
1990	I	3000m	1	Nicola Gray	England	Nottinghamshire	9m 56.56s
1990	I	3000m	2	Bernadette Taylor	England	Durham	9m 56.77s
1990	I	3000m	3	Louise Cormack	Scotland		10m 11.10s
1990	I	80mH	1	Catherine Murphy	Scotland		11.44s

1990	I	80mH	2	Dawn Stewart	England	Staffordshire	11.76s
1990	I	80mH	3	Elaine Murphy	Ireland		11.79s
1990	I	300mH	1	Catherine Murphy	Scotland		43.53s
1990	I	300mH	2	Jo Mersh	England	Essex	44.00s
1990	I	300mH	3	Suzanne Wood	Scotland		44.47s
1990	I	4 x 100m	1	England			47.30s
1990	I	4 x 100m	2	Scotland			47.85s
1990	I	4 x 100m	3	Wales			48.55s
1990	I	4 x 400m	1	England			3m 52.29s
1990	I	4 x 400m	2	Scotland			3m 55.10s
1990	I	4 x 400m	3	Ireland			3m 55.70s
1990	I	HJ	1	Suzie Filce	England	Cheshire	1.76m
1990	I	HJ	2	Elaine Ball	Ireland		1.73m
1990	I	HJ	3	Hazel Melvin	Scotland		1.65m
1990	I	LJ	1	Ruth Irving	England	Merseyside	5.85m
1990	I	LJ	2	Clair Ingerton	Ireland		5.70m
1990	I	LJ	3	Lisa Armstrong	Wales		5.69m
1990	I	SP	1	Emma Capes	England	Lincolnshire	12.69m
1990	I	SP	2	Tracee Capps	England	Northamptonshire	11.99m
1990	I	SP	3	Lynne Barnet	Scotland		11.46m
1990	I	DT	1	Sarah Symonds	England	Oxfordshire	42.42m
1990	I	DT	2	Sarah Winckless	England	Surrey	41.68m
1990	I	DT	3	Martha Halpin	Ireland		33.72m
1990	I	JT	1	Karen Martin	England	Derbyshire	39.78m
1990	I	JT	2	Emily Steele	England	Shropshire	39.04m
1990	I	JT	3	Joanne Evans	Wales		37.12m
1991	I	100m	1	Bev Christopher	England	Berkshire	12.43s
1991	I	100m	2	Linda Symons	Ireland		12.51s
1991	I	100m	3	Gaynor Easter	England	Norfolk	12.58s
1991	I	200m	1	Debbie Mant	England	Dorset	24.7s
1991	I	200m	2	Alison Shingler	England	Shropshire	25.1s
1991	I	200m	3	Linda Symons	Ireland		25.2s
1991	I	400m	1	Katherine Eustace	England	Avon	57.55s
1991	I	400m	2	Susie Pringle	England	Northamptonshire	58.00s
1991	I	400m	3	Alison Somerville	Ireland		58.43s
1991	I	800m	1	Tracy Ashcroft	England	Durham	2m 10.22s
1991	I	800m	2	Alison Potts	Scotland		2m 12.22s
1991	I	800m	3	Claire Edwards	Wales		2m 12.80s
1991	I	1500m	1	Esther Merchant	England	Hereford & Worcs	4m 37.62s
1991	I	1500m	2	Liz Talbot	England	Bedfordshire	4m 38.42s
1991	I	1500m	3	Yvonne Reilly	Scotland		4m 38.81s
1991	I	3000m	1	Julie Mackay	England	Hertfordshire	9m 53.58s
1991	I	3000m	2	Sharon Murphy	England	Middlesex	9m 54.04s
1991	I	3000m	3	Rosemary Ryan	Ireland		10m 23.35s
1991	I	80mH	1	Diane Allahgreen	England	Merseyside	11.49s
1991	I	80mH	2	Melissa Collins	Ireland		11.97s
1991	I	80mH	3	Orla Bermingham	England	Essex	11.98s
1991	I	300mH	1	Allison Curbishley	England	Cleveland	43.04s
1991	I	300mH	2	Deborah Brady	Ireland		43.77s
1991	I	300mH	3	Andrea Murphy	England	Kent	44.09s
1991	I	4 x 100m	1	England			47.38s
1991	I	4 x 100m	2	Scotland			47.86s
1991	I	4 x 100m	3	Ireland			48.09s
1991	I	4 x 400m	1	Wales			3m 53.13s
1991	I	4 x 400m	2	England			3m 56.80s
1991	I	4 x 400m	3	Ireland			3m 58.07s
1991	I	HJ	1	Suzie Filce	England	Cheshire	1.70m
1991	I	HJ	2	Leone Dickenson	England	West Yorkshire	1.70m

1991	I	HJ	3	Olivia Scully	Ireland		1.65m
1991	I	LJ	1	Adele Forester	England	Durham	5.98m
1991	I	LJ	2	Stephanie Dobson	England	Staffordshire	5.98m
1991	I	LJ	3	Anna Proctor	Wales		5.98m
1991	I	SP	1	Hannah Sendrove	England	Essex	12.15m
1991	I	SP	2	Kelly Kane	England	Lancashire	11.80m
1991	I	SP	3	Krissy Owen	Wales		11.26m
1991	I	DT	1	Julie Robin	Scotland		38.70m
1991	I	DT	2	Victoria Smith	England	Gtr. Manchester	37.66m
1991	I	DT	3	Helen McCreadie	Scotland		37.53m
1991	I	JT	1	Lucy Burrell	England	West Midlands	45.86m
1991	I	JT	2	Karen Martin	England	Derbyshire	39.72m
1991	I	JT	3	Hilary Davies	Wales		38.64m
1992	I	100m	1	Leanne Eastwood	England	Lancashire	12.0s
1992	I	100m	2	Helen Fee	England	Hertfordshire	12.1s
1992	I	100m	3	Fiona Hutchison	Scotland		12.1s
1992	I	200m	1	Debbie Mant	England	Dorset	24.5s
1992	I	200m	2	Jo Sloane	England	Hereford & Worcs	24.7s
1992	I	200m	3	Fiona Hutchison	Scotland		25.3s
1992	I	300m	1	Sophie Cocker	England	Merseyside	40.4s
1992	I	300m	2	Dawn Higgins	Wales		40.5s
1992	I	300m	3	Vikki Francis	England	Surrey	40.9s
1992	I	800m	1	Tracy Ashcroft	England	Durham	2m 10.6s
1992	I	800m	2	Annabelle Ingram	England	Sussex	2m 12.4s
1992	I	800m	3	Katheryn Bright	Wales		2m 14.2s
1992	I	1500m	1	Isabel Linaker	Scotland		4m 31.0s
1992	I	1500m	2	Catherine Berry	England	Surrey	4m 33.2s
1992	I	1500m	3	Sharon Murphy	England	Middlesex	4m 35.1s
1992	I	3000m	1	Julie Mackay	England	Hertfordshire	9m 52.6s
1992	I	3000m	2	Heidi Moulder	England	Avon	9m 54.8s
1992	I	3000m	3	Hayley Parkinson	Scotland		10m 04.7s
1992	I	80mH	1	Julie McAughtrie	England	Gtr. Manchester	11.3s
1992	I	80mH	2	Orla Bermingham	England	Essex	11.3s
1992	I	80mH	3	Rachel King	Wales		11.7s
1992	I	300mH	1	Allison Curbishley	England	Cleveland	43.8s
1992	I	300mH	2	Denise Bolton	England	Lancashire	44.5s
1992	I	300mH	3	Mandy Bloomer	Ireland		45.3s
1992	I	4 x 100m	1	England			47.6s
1992	I	4 x 100m	2	Scotland			48.3s
1992	I	4 x 100m	3	Wales			49.4s
1992	I	HJ	1	Lindsay Evans	England	Suffolk	1.72m
1992	I	HJ	2	Teresa Andrews	Wales		1.69m
1992	I	HJ	3	Sharon Woolrich	England	Hampshire	1.66m
1992	I	LJ	1	Adele Forester	England	Durham	5.85m
1992	I	LJ	2	Tammy McCammon	England	Middlesex	5.49m
1992	I	LJ	3	Caroline Deacy	Ireland		5.31m
1992	I	SP	1	Julie Robin	Scotland		11.91m
1992	I	SP	2	Helen Wilding	England	Merseyside	11.87m
1992	I	SP	3	Vikki Heath	England	Essex	11.84m
1992	I	DT	1	Julie Robin	Scotland		41.84m
1992	I	DT	2	Phillipa Roles	Wales		40.42m
1992	I	DT	3	Navdeep Dhaliwal	Scotland		38.32m
1992	I	JT	1	Kirsty Morrison	England	Kent	49.64m
1992	I	JT	2	Clare Taylor	England	Shropshire	42.66m
1992	I	JT	3	Krissy Owen	Wales		35.90m
1993	I	100m	1	Leanne Eastwood	England	Lancashire	12.00s
1993	I	100m	2	Rebecca Drummond	England	Staffordshire	12.06s

1993	I	100m	3	Fiona Hutchison	Scotland		12.16s
1993	I	200m	1	Jo Sloane	England	Hereford & Worcs	24.59s
1993	I	200m	2	Susan Williams	England	Surrey	24.62s
1993	I	200m	3	Fiona Hutchison	Scotland		24.94s
1993	I	300m	1	Rosalind Baker	England	Sussex	40.71s
1993	I	300m	2	Ruth Nicholson	England	Kent	41.32s
1993	I	300m	3	Kate Williams	Wales		41.34s
1993	I	800m	1	Dorothea Lee	England	Dorset	2m 09.80s
1993	I	800m	2	Hannah Curnock	England	Gloucestershire	2m 09.89s
1993	I	800m	3	Elizabeth Gallagher	Ireland		2m 10.41s
1993	I	1500m	1	Juliette Oldfield	England	Northamptonshire	4m 33.32s
1993	I	1500m	2	Caroline McNulty	England	Avon	4m 39.45s
1993	I	1500m	3	Donia Hurley	Wales		4m 41.40s
1993	I	3000m	1	Nikki Slater	England	Oxfordshire	9m 58.21s
1993	I	3000m	2	Amanda Tremble	England	Northumberland	10m 02.34s
1993	I	3000m	3	Pamela Crawley	Scotland		10m 16.96s
1993	I	80mH	1	Liz Fairs	England	Derbyshire	11.26s
1993	I	80mH	2	Vicki Jamison	Ireland		11.42s
1993	I	80mH	3	Louise Colledge	England	Leicestershire & R	11.52s
1993	I	300mH	1	Natasha Danvers	England	London	42.57s
1993	I	300mH	2	Vicki Jamison	Ireland		42.67s
1993	I	300mH	3	Denise Bolton	England	Lancashire	44.17s
1993	I	4 x 100m	1	Scotland			47.17s
1993	I	4 x 100m	2	Ireland			47.65s
1993	I	4 x 100m	3	England			47.72s
1993	I	4 x 300m	1	England			2m 42.20s
1993	I	4 x 300m	2	Ireland			2m 43.97s
1993	I	4 x 300m	3	Scotland			2m 48.60s
1993	I	HJ	1	Susan Jones	England	Gtr. Manchester	1.72m
1993	I	HJ	2	Teresa Andrews	Wales		1.72m
1993	I	HJ	3	Lindsay Evans	England	Suffolk	1.69m
1993	I	LJ	1	Tammy McCammon	England	Middlesex	5.82m
1993	I	LJ	2	Pamela Anderson	Scotland		5.63m
1993	I	LJ	3	Rebecca Lewis	England	Cheshire	5.55m
1993	I	SP	1	Philippa Roles	Wales		12.39m
1993	I	SP	2	Julie Robin	Scotland		12.26m
1993	I	SP	3	Navdeep Dhaliwal	Scotland		12.00m
1993	I	DT	1	Philippa Roles	Wales		42.50m
1993	I	DT	2	Julie Robin	Scotland		41.04m
1993	I	DT	3	Navdeep Dhaliwal	Scotland		39.58m
1993	I	JT	1	Laura Kaluza	England	Lancashire	41.38m
1993	I	JT	2	Joanne Walker	Scotland		38.42m
1993	I	JT	3	Louise Smith	England	Suffolk	35.32m
1994	I	100m	1	Laura Seston	England	Suffolk	12.28s
1994	I	100m	2	Grainne Redmond	Ireland		12.43s
1994	I	100m	3	Gillian Hegney	Scotland		12.45s
1994	I	200m	1	Lee McConnell	Scotland		24.94s
1994	I	200m	2	Grainne Redmond	Ireland		25.17s
1994	I	200m	3	Kirsty Payne	England	Shropshire	25.50s
1994	I	300m	1	Lesley Owusu	England	Berkshire	39.17s
1994	I	300m	2	Lucy Chaffe	England	Essex	39.43s
1994	I	300m	3	Suzanne McGowan	Scotland		39.57s
1994	I	800m	1	Jade Himsworth	England	Lincolnshire	2m 12.57s
1994	I	800m	2	Annette Quaid	Ireland		2m 12.87s
1994	I	800m	3	Helen Parsons	England	Sussex	2m 13.35s
1994	I	1500m	1	Dawn Adams	England	Merseyside	4m 32.16s
1994	I	1500m	2	Maria Lynch	Ireland		4m 32.33s
1994	I	1500m	3	Justina Heslop	England	Northumberland	4m 37.03s

1994	I	3000m	1	Caroline McNulty	England	Avon	10m 08.87s
1994	I	3000m	2	Vicky Robinson	England	Cheshire	10m 09.14s
1994	I	3000m	3	Orla O'Mahoney	Ireland		10m 14.25s
1994	I	80mH	1	Liz Fairs	England	Derbyshire	11.61s
1994	I	80mH	2	Julie Pratt	England	Essex	11.64s
1994	I	80mH	3	Kathryn Williams	Wales		12.13s
1994	I	300mH	1	Natasha Danvers	England	London	42.92s
1994	I	300mH	2	Kathryn Williams	Wales		44.34s
1994	I	300mH	3	Maoiliosa Hayes	Ireland		44.51s
1994	I	4 x 100m	1	England			47.55s
1994	I	4 x 100m	2	Scotland			48.02s
1994	I	4 x 100m	3	Ireland			49.31s
1994	I	4 x 300m	1	England			2m 41.53s
1994	I	4 x 300m	2	Scotland			2m 44.64s
1994	I	4 x 300m	3	Ireland			2m 46.35s
1994	I	HJ	1	Lee McConnell	Scotland		1.75m
1994	I	HJ	2	Rachel Forrest	England	Shropshire	1.75m
1994	I	HJ	3	Susan Jones	England	Gtr. Manchester	1.65m
1994	I	LJ	1	Rebecca Lewis	England	Cheshire	5.47m
1994	I	LJ	2	Niami Savage	Ireland		5.36m
1994	I	LJ	3	Grainne O'Mahoney	Ireland		5.32m
1994	I	SP	1	Christina Bennett	England	Surrey	12.77m
1994	I	SP	2	Phillipa Roles	Wales		12.59m
1994	I	SP	3	Navdeep Dhaliwal	Scotland		12.21m
1994	I	DT	1	Philippa Roles	Wales		45.42m
1994	I	DT	2	Lauren Keightley	England	Berkshire	43.80m
1994	I	DT	3	Navdeep Dhaliwal	Scotland		40.08m
1994	I	JT	1	Joanne Walker	Scotland		44.06m
1994	I	JT	2	Nicola Mackay	England	Northamptonshire	38.24m
1994	I	JT	3	Jenna Allen	England	Leicestershire & R	35.96m
1995	I	100m	1	Tatum Nelson	England	Kent	12.07s
1995	I	100m	2	Sarah Claxton	England	Essex	12.37s
1995	I	100m	3	Ciara Sheehy	Ireland		12.55s
1995	I	200m	1	Emma Ania	England	Middlesex	25.15s
1995	I	200m	2	Helen Roscoe	England	Cheshire	25.17s
1995	I	200m	3	Lee McConnell	Scotland		25.44s
1995	I	300m	1	Maria Bolsover	England	South Yorkshire	39.30s
1995	I	300m	2	Dion Graham	England	London	39.40s
1995	I	300m	3	Amanda Pritchard	Wales		40.50s
1995	I	800m	1	Rachael Ogden	England	North Yorkshire	2m 11.14s
1995	I	800m	2	Emma Davies	England	Hampshire	2m 12.81s
1995	I	800m	3	Jennifer Ward	Scotland		2m 14.14s
1995	I	1500m	1	Maria Lynch	Ireland		4m 30.90s
1995	I	1500m	2	Tommy Kemp	England	Somerset	4m 32.37s
1995	I	1500m	3	Karen Montador	Scotland		4m 35.61s
1995	I	3000m	1	Kate Grimshaw	England	Northumberland	10m 28.20s
1995	I	3000m	2	Ann Marie Larkin	Ireland		10m 30.99s
1995	I	3000m	3	Clare Duncan	England	Merseyside	10m 33.62s
1995	I	80mH	1	Julie Pratt	England	Essex	11.63s
1995	I	80mH	2	Nicola Hall	England	Suffolk	11.68s
1995	I	80mH	3	Grainne Redmond	Ireland		11.75s
1995	I	300mH	1	Gael Davies	England	Gloucestershire	43.90s
1995	I	300mH	2	Tracey Duncan	England	Middlesex	44.21s
1995	I	300mH	3	Pamela Johnstone	Scotland		44.62s
1995	I	4 x 100m	1	England			47.19s
1995	I	4 x 100m	2	Scotland			47.71s
1995	I	4 x 100m	3	Ireland			48.17s
1995	I	4 x 300m	1	England			2m 41.18s

1995	I	4 x 300m	2	England			2m 46.38s
1995	I	4 x 300m	3	England			2m 47.79s
1995	I	HJ	1	Rachel Martin	England	Cumbria	1.72m
1995	I	HJ	2	Lee McConnell	Scotland		1.69m
1995	I	HJ	3	Hayley Young	England	Lincolnshire	1.69m
1995	I	LJ	1	Jade Johnson	England	London	6.22m
1995	I	LJ	2	Grainne O'Mahoney	Ireland		5.71m
1995	I	LJ	3	Fiona Hunter	Scotland		5.64m
1995	I	SP	1	Helen Arnold	England	Hampshire	11.73m
1995	I	SP	2	Catherine Garden	Scotland		11.67m
1995	I	SP	3	Julie McCorry	England	Hampshire	11.43m
1995	I	DT	1	Lauren Keightley	England	Berkshire	43.00m
1995	I	DT	2	Catherine Garden	Scotland		39.66m
1995	I	DT	3	Natalie Kerr	England	West Midlands	39.26m
1995	I	JT	1	Kelly Morgan	England	Wiltshire	44.62m
1995	I	JT	2	Katie Moss	England	Essex	41.58m
1995	I	JT	3	Rhian Hughes	Wales		37.14m
1996	I	100m	1	Kelly Thomas	England	Kent	12.2s
1996	I	100m	2	Emily Maher	Ireland		12.2s
1996	I	100m	3	Ciara Sheehy	Ireland		12.4s
1996	I	200m	1	Wendy Cox	England	Durham	25.2s
1996	I	200m	2	Helen Roscoe	England	Cheshire	25.2s
1996	I	200m	3	Emily Maher	Ireland		25.3s
1996	I	300m	1	Maria Bolsover	England	South Yorkshire	39.3s
1996	I	300m	2	Lindsay Impett	England	Dorset	39.9s
1996	I	300m	3	Carey Easton	Scotland		40.0s
1996	I	800m	1	Amanda Pritchard	Wales		2m 09.7s
1996	I	800m	2	Simone Hardy	England	Northamptonshire	2m 12.4s
1996	I	800m	3	Aoife Byrne	Ireland		2m 12.9s
1996	I	1500m	1	Tommy Kemp	England	Somerset	4m 35.9s
1996	I	1500m	2	Sarah Beattie	Scotland		4m 40.6s
1996	I	1500m	3	Camilla Waite	England	Wiltshire	4m 41.8s
1996	I	3000m	1	Jodie Swallow	England	Essex	9m 55.2s
1996	I	3000m	2	Paula Sheehan	Ireland		10m 04.3s
1996	I	3000m	3	Ann Marie Larkin	Ireland		10m 17.1s
1996	I	80mH	1	Nicola Hall	England	Suffolk	11.7s
1996	I	80mH	2	Sarina Mantle	England	Essex	11.7s
1996	I	80mH	3	Julie Davis	Ireland		12.0s
1996	I	300mH	1	Laura Siddall	England	West Yorkshire	44.3s
1996	I	300mH	2	Carolynne Sutherland	Scotland		45.0s
1996	I	300mH	3	Tasmin Stephens	Ireland		45.2s
1996	I	4 x 100m	1	England			46.9s
1996	I	4 x 100m	2	Wales			48.1s
1996	I	4 x 100m	3	Scotland			48.1s
1996	I	4 x 300m	1	England			2m 41.7s
1996	I	4 x 300m	2	Ireland			2m 43.2s
1996	I	4 x 300m	3	Scotland			2m 45.0s
1996	I	HJ	1	Chloe Cozens	England	Bedfordshire	1.76m
1996	I	HJ	2	Antonia Bemrose	England	Hampshire	1.76m
1996	I	HJ	3	Gillian Black	Scotland		1.65m
1996	I	LJ	1	Sarah Claxton	England	Essex	6.20m
1996	I	LJ	2	Danielle Freeman	England	West Yorkshire	5.53m
1996	I	LJ	3	Sarah Lane	Wales		5.45m
1996	I	SP	1	Julie Dunkley	England	Kent	12.79m
1996	I	SP	2	Vikki Shepherd	England	West Yorkshire	11.47m
1996	I	SP	3	Julie McCorry	Ireland		11.09m
1996	I	DT	1	Natalie Kerr	England	West Midlands	42.62m
1996	I	DT	2	Rebecca Roles	Wales		39.76m

1996	I	DT	3	Kelly Mellis	England	Oxfordshire	39.04m
1996	I	JT	1	Jenny Kemp	England	Merseyside	44.92m
1996	I	JT	2	Lucy Rann	England	Hampshire	40.26m
1996	I	JT	3	Clare Lockwood	Wales		39.10m
1997	I	100m	1	Donna Maylor	England	West Midlands	12.13s
1997	I	100m	2	Lisa Callan	Scotland		12.35s
1997	I	100m	3	Kemesha Robinson	England	West Midlands	12.37s
1997	I	200m	1	Sarah Zawada	England	Hampshire	24.30s
1997	I	200m	2	Emily Freeman	England	West Yorkshire	24.91s
1997	I	200m	3	Lisa Callan	Scotland		24.92s
1997	I	300m	1	Gabi Howell	England	Sussex	38.85s
1997	I	300m	2	Helen Thieme	England	Nottinghamshire	39.72s
1997	I	300m	3	Donna Porazinski	Wales		39.81s
1997	I	800m	1	Suzanne Hasler	England	West Midlands	2m 11.72s
1997	I	800m	2	Lisa Samuels	England	Hertfordshire	2m 12.80s
1997	I	800m	3	Roisin Quinn	Ireland		2m 13.06s
1997	I	1500m	1	Emma Ward	England	Staffordshire	4m 32.04s
1997	I	1500m	2	Martina Hickey	Ireland		4m 36.07s
1997	I	1500m	3	Rebecca Lyne	England	South Yorkshire	4m 39.90s
1997	I	3000m	1	Clare Campbell	England	Hertfordshire	10m 01.79s
1997	I	3000m	2	Louise Kelly	England	Cumbria	10m 03.76s
1997	I	3000m	3	Sarah Guiney	Ireland		10m 14.59s
1997	I	80mH	1	Helen Worsey	England	Leicestershire & R	11.55s
1997	I	80mH	2	Gemma Whitton	Scotland		11.86s
1997	I	80mH	3	Aoibhin Kearney	Ireland		11.98s
1997	I	300mH	1	Syreeta Williams	England	West Midlands	43.37s
1997	I	300mH	2	Nusrat Ceesay	England	Essex	43.64s
1997	I	300mH	3	Donna Porazinski	Wales		43.96s
1997	I	3k Walk	1	Amy Hales	England	Sussex	14m 15.72s
1997	I	3k Walk	2	Serena O'Keefe	Ireland		14m 17.00s
1997	I	3k Walk	3	Becky Tisshaw	England	Kent	14m 24.60s
1997	I	4 x 100m	1	England			47.34s
1997	I	4 x 100m	2	Scotland			47.93s
1997	I	4 x 100m	3	Ireland			49.35s
1997	I	4 x 300m	1	England			2m 39.66s
1997	I	4 x 300m	2	Ireland			2m 44.72s
1997	I	4 x 300m	3	Wales			2m 46.20s
1997	I	HJ	1	Deirdre Ryan	Ireland		1.70m
1997	I	HJ	2	Leona Arkins	Ireland		1.65m
1997	I	HJ	3	Cathy Young	England	Lincolnshire	1.60m
1997	I	LJ	1	Fiona Harrison	England	South Yorkshire	5.57m
1997	I	LJ	2	Aimee Cutler	Wales		5.48m
1997	I	LJ	3	Laura Smith	England	N Lincoln / E Yorks	5.37m
1997	I	TJ	1	Rachel Peacock	England	Dorset	11.64m
1997	I	TJ	2	Michelle Arkin	Ireland		11.33m
1997	I	TJ	3	Denise Howell	England	Surrey	11.06m
1997	I	SP	1	Amy Wilson	England	Suffolk	12.25m
1997	I	SP	2	Leigh Dargan	England	Sussex	11.99m
1997	I	SP	3	Eva Massey	Ireland		11.94m
1997	I	DT	1	Emma Carpenter	England	Devon	38.16m
1997	I	DT	2	Carly Burton	England	Kent	36.64m
1997	I	DT	3	Emma Daniel	Ireland		36.44m
1997	I	JT	1	Goldie Sayers	England	Cambridgeshire	43.70m
1997	I	JT	2	Lucy Rann	England	Hampshire	39.12m
1997	I	JT	3	Linsey Stokes	Wales		34.72m
1998	I	100m	1	Donna Maylor	England	West Midlands	12.47s
1998	I	100m	2	Lowri Jones	Wales		12.62s

1998	I	100m	3	Jackie Walters	England	Derbyshire	12.86s
1998	I	200m	1	Lowri Jones	Wales		25.05s
1998	I	200m	2	Jeni McCarthy	England	Cheshire	25.55s
1998	I	200m	3	Natalie Smellie	England	Essex	25.57s
1998	I	800m	1	Catherine Riley	England	Lancashire	2m 12.80s
1998	I	800m	2	Roisin Quinn	Ireland		2m 13.27s
1998	I	800m	3	Sam Singer	England	Kent	2m 13.98s
1998	I	1500m	1	Martina Hickey	Ireland		4m 36.57s
1998	I	1500m	2	Rebecca Lyne	England	South Yorkshire	4m 38.73s
1998	I	1500m	3	Hazel Lumb	England	Cambridgeshire	4m 39.15s
1998	I	3000m	1	Louise Damen	England	Hampshire	10m 11.91s
1998	I	3000m	2	Mary Cullen	Ireland		10m 20.74s
1998	I	3000m	3	Collette Fagan	Scotland		10m 24.54s
1998	I	300m	1	Heather McKay	Scotland		39.45s
1998	I	300m	2	Nicola Sanders	England	Buckinghamshire	40.18s
1998	I	300m	3	Martha McCarthy	Ireland		40.66s
1998	I	80mH	1	Sharon Davidge	England	Devon	11.22s
1998	I	80mH	2	Helen Worsey	England	Leicestershire & R	11.27s
1998	I	80mH	3	Lauren McLoughlin	Wales		12.08s
1998	I	300mH	1	Katherine Porter	England	Kent	43.39s
1998	I	300mH	2	Wendy Davidson	Scotland		43.83s
1998	I	300mH	3	Helen Thieme	England	Nottinghamshire	44.41s
1998	I	3k Walk	1	Serena O'Keefe	Ireland		14m 09.7s
1998	I	3k Walk	2	Louise Richmond	England	West Midlands	15m 17.5s
1998	I	3k Walk	3	Clara McDermott	Ireland		15m 18.1s
1998	I	4 x 100m	1	England			47.25s
1998	I	4 x 100m	2	Ireland			48.51s
1998	I	4 x 100m	3	Scotland			49.04s
1998	I	4 x 300m	1	England			2m 42.67s
1998	I	4 x 300m	2	Scotland			2m 43.12s
1998	I	4 x 300m	3	Wales			2m 44.35s
1998	I	HJ	1	Samantha Adamson	England	Hertfordshire	1.73m
1998	I	HJ	2	Deirdre Ryan	Ireland		1.73m
1998	I	HJ	3	Natalie Clark	England	N Lincoln / E Yorks	1.65m
1998	I	LJ	1	Aimee Cutler	Wales		5.83m
1998	I	LJ	2	Ann-Marie Lynch	Ireland		5.81m
1998	I	LJ	3	Vicky O'Brien	Scotland		5.60m
1998	I	TJ	1	Rachel Peacock	England	Dorset	12.07m
1998	I	TJ	2	Mary McLoone	Ireland		11.91m
1998	I	TJ	3	Claire Quigg	Ireland		11.69m
1998	I	SP	1	Lesley Ann Roy	Scotland		11.75m
1998	I	SP	2	Shaunette Richards	England	West Midlands	11.58m
1998	I	SP	3	Shelley McLellan	England	Hertfordshire	11.55m
1998	I	DT	1	Emma Carpenter	England	Devon	45.87m
1998	I	DT	2	Candie Lintern	England	Sussex	40.12m
1998	I	DT	3	Diane Cashman	Ireland		38.07m
1998	I	HT	1	Joanne Doyle	Ireland		45.13m
1998	I	HT	2	Katy Lamb	England	Kent	38.37m
1998	I	HT	3	Nicola Lynch	Ireland		37.79m
1998	I	JT	1	Samantha Lowe	England	Gtr. Manchester	41.80m
1998	I	JT	2	Michelle Kemp	England	Surrey	38.75m
1998	I	JT	3	Jo McGilchrist	Scotland		37.86m
1999	I	100m	1	Cherie Pierre	England	Middlesex	12.41s
1999	I	100m	2	Danielle Norville	England	Shropshire	12.51s
1999	I	100m	3	Danielle Selley	Wales		12.60s
1999	I	200m	1	Vernicha James	England	London	25.09s
1999	I	200m	2	Gemma Ryde	Scotland		25.50s
1999	I	200m	3	Samantha Gamble	Wales		25.89s

1999	I	300m	1	Lindsey Singer	England	West Midlands	40.10s
1999	I	300m	2	Lisa Miller	England	London	40.21s
1999	I	300m	3	Lisa Boyle	Scotland		41.57s
1999	I	800m	1	Barbara Parker	England	Norfolk	2m 14.66s
1999	I	800m	2	Louise Glanville	England	Durham	2m 14.80s
1999	I	800m	3	Sarah Ewing	Ireland		2m 15.94s
1999	I	1500m	1	Faye Fullerton	England	Essex	4m 34.0s
1999	I	1500m	2	Zoe Jelbert	England	Cornwall	4m 34.3s
1999	I	1500m	3	Deirdre Byrne	Ireland		4m 36.4s
1999	I	3000m	1	Louise Damen	England	Hampshire	10m 03.3s
1999	I	3000m	2	Henrietta Freeman	England	Kent	10m 19.8s
1999	I	3000m	3	Katie Lyons	Ireland		10m 47.1s
1999	I	80mH	1	Sara McGreavy	England	Warwickshire	11.5s
1999	I	80mH	2	Gemma Ferguson	England	Northumberland	11.7s
1999	I	80mH	3	Catherine Crawford	Ireland		11.7s
1999	I	300mH	1	Gemma Dooney	England	Gtr. Manchester	45.02s
1999	I	300mH	2	Natalie Kidd	Scotland		45.25s
1999	I	300mH	3	Tracy McDonnell	England	Somerset	45.29s
1999	I	3k Walk	1	Nicola Phillips	England	Kent	14m 49.59s
1999	I	3k Walk	2	Kelly Mann	England	West Midlands	15m 36.93s
1999	I	3k Walk	3	Clara McDermott	Ireland		15m 48.70s
1999	I	4 x 100m	1	England			47.50s
1999	I	4 x 100m	2	Ireland			48.07s
1999	I	4 x 100m	3	Scotland			49.37s
1999	I	4 x 300m	1	England			2m 42.59s
1999	I	4 x 300m	2	Scotland			2m 46.97s
1999	I	4 x 300m	3	Ireland			2m 48.51s
1999	I	HJ	1	Rebecca Jones	Wales		1.75m
1999	I	HJ	2	Claire Wright	England	Cheshire	1.65m
1999	I	HJ	3	Rebecca Mawer	England	Lincolnshire	1.65m
1999	I	PV	1	Lindsay Hodges	England	Somerset	3.40m
1999	I	PV	2	Kirsty Maguire	Scotland		3.00m
1999	I	PV	3	Amy Rennison	England	Staffordshire	2.70m
1999	I	LJ	1	Vicky O'Brien	Scotland		5.63m
1999	I	LJ	2	Henrietta Paxton	England	Wiltshire	5.63m
1999	I	LJ	3	Siobhan McVie	Scotland		5.43m
1999	I	TJ	1	Natalie Brant	England	Surrey	11.58m
1999	I	TJ	2	Rosemary Daniel	Ireland		11.46m
1999	I	TJ	3	Lara Richards	Wales		11.37m
1999	I	SP	1	Shaunette Richards	England	West Midlands	12.48m
1999	I	SP	2	Shelley McLellan	England	Hertfordshire	12.25m
1999	I	SP	3	Laura Douglas	Wales		11.22m
1999	I	DT	1	Kim Rawling	England	Cornwall	34.52m
1999	I	DT	2	Katie Halford	England	Devon	33.50m
1999	I	DT	3	Lisa Thompson	Scotland		33.49m
1999	I	HT	1	Laura Douglas	Wales		45.27m
1999	I	HT	2	Rachel Akers	Ireland		40.55m
1999	I	HT	3	Lynsey Selbie	Scotland		39.26m
1999	I	JT	1	Carol Wallbanks	England	Cumbria	39.33m
1999	I	JT	2	Lisa Fryer	Ireland		39.32m
1999	I	JT	3	Charlotte Rees	Wales		38.45m
2000	I	100m	1	Danielle Selley	England	Somerset	11.88s
2000	I	100m	2	Shauna O'Brien	Ireland		12.13s
2000	I	100m	3	Kara Dunn	England	Middlesex	12.28s
2000	I	200m	1	Joanne Cuddihy	Ireland		24.75s
2000	I	200m	2	Jemma Sims	England	Nottinghamshire	24.93s
2000	I	200m	3	Mandy Crowe	Ireland		25.11s
2000	I	300m	1	Eleanor Caney	England	Hereford & Worcs	38.68s

2000	I	300m	2	Joanne Cuddihy	Ireland		38.75s
2000	I	300m	3	Liza Parry	England	West Midlands	38.90s
2000	I	800m	1	Jemma Simpson	England	Somerset	2m 10.55s
2000	I	800m	2	Jill Lando	Scotland		2m 10.70s
2000	I	800m	3	Sarah Pickering	England	Staffordshire	2m 12.02s
2000	I	1500m	1	Charlotte Moore	England	Dorset	4m 23.61s
2000	I	1500m	2	Zoe Jelbert	England	Cornwall	4m 27.28s
2000	I	1500m	3	Sharon Monaghan	Ireland		4m 29.58s
2000	I	3000m	1	Courtney Birch	England	Somerset	9m 35.52s
2000	I	3000m	2	Sally Oldfield	England	Northamptonshire	9m 45.85s
2000	I	3000m	3	Briony Curtis	Scotland		10m 25.26s
2000	I	80mH	1	Symone Belle	England	Essex	11.29s
2000	I	80mH	2	Hannah Elwiss	England	Lancashire	11.58s
2000	I	80mH	3	Catriona Pennet	Scotland		11.84s
2000	I	300mH	1	Gemma Dooney	England	Gr. Manchester	42.68s
2000	I	300mH	2	Sian Scott	England	Dorset	43.58s
2000	I	300mH	3	Natalie Kydd	Scotland		44.69s
2000	I	3k Walk	1	Sophie Hales	England	Sussex	15m 05.69s
2000	I	3k Walk	2	Clara McDermott	Ireland		15m 33.31s
2000	I	3k Walk	3	Laura Fryer	England	Kent	15m 46.72s
2000	I	4 x 100m	1	England			47.01s
2000	I	4 x 100m	2	Ireland			47.37s
2000	I	4 x 100m	3	Scotland			49.59s
2000	I	4 x 300m	1	England			2m 40.38s
2000	I	4 x 300m	2	Ireland			2m 40.94s ??
2000	I	4 x 300m	3	Scotland			2m 47.64s ??
2000	I	HJ	1	Stephanie Higham	England	Cumbria	1.75m
2000	I	HJ	2	Alexandra Selwyn	England	Warwickshire	1.70m
2000	I	HJ	3	C. Pritchett	Wales		1.65m
2000	I	PV	1	Kate Dennison	England	Cheshire	3.20m
2000	I	PV	2	Zoe Brown	Ireland		3.00m
2000	I	PV	3	Judy Turton	England	Buckinghamshire	2.90m
2000	I	LJ	1	Karlene Turner	England	Berkshire	5.68m
2000	I	LJ	2	Ciara Kearns	Ireland		5.63m
2000	I	LJ	3	Siobhan McVie	Scotland		5.51m
2000	I	TJ	1	Emily Parker	England	Surrey	11.69m
2000	I	TJ	2	Carly Robson	England	Hertfordshire	11.62m
2000	I	TJ	3	Lynette Parke	Ireland		11.38m
2000	I	SP	1	Louise Finlay	Wales		11.43m
2000	I	SP	2	Frances Miller	Scotland		11.08m ??
2000	I	SP	3	Alison Roger	Scotland		11.06m ??
2000	I	DT	1	Ellisha Dee	England	Middlesex	37.14m
2000	I	DT	2	Rachel Akers	Ireland		37.13m
2000	I	DT	3	Emma Forester	England	Shropshire	35.45m
2000	I	HT	1	Rachel Akers	Ireland		48.61m
2000	I	HT	2	Nicola Dudman	England	Hertfordshire	46.29m
2000	I	HT	3	Kirsty Walters	Scotland		40.72m
2000	I	JT	1	Samantha Redd	England	Sussex	41.09m
2000	I	JT	2	Charlotte Rees	Wales		39.47m
2000	I	JT	3	Joanne Chapman	England	Suffolk	38.47m
2001	I	100m	1	Anyika Onuora	England	Merseyside	11.98s
2001	I	100m	2	Nicola Gossman	Scotland		11.98s
2001	I	100m	3	Kirsteen McDiarmid	Scotland		11.98s
2001	I	200m	1	Jemma Sims	England	Nottinghamshire	24.68s
2001	I	200m	2	Nicola Gossman	Scotland		25.02s
2001	I	200m	3	Kirsteen McDiarmid	Scotland		25.16s
2001	I	300m	1	Jenny Christie	England	Warwickshire	39.67s
2001	I	300m	2	Liza Parry	England	West Midlands	39.80s

2001	I	300m	3	Gemma Nicol	Scotland		40.267s
2001	I	800m	1	Morag MacLarty	Scotland		2m 07.25s
2001	I	800m	2	Hayley Beard	England	Hertfordshire	2m 08.02s
2001	I	800m	3	Charlotte Best	England ??	Surrey ??	2m 11.06s
2001	I	1500m	1	Morag MacLarty	Scotland		4m 33.63s
2001	I	1500m	2	Emma Hunt	England	Buckinghamshire	4m 34.12s
2001	I	1500m	3	Danielle Woods	England	Gtr. Manchester	4m 35.83s
2001	I	3000m	1	Rachael Nathan	England	Lincolnshire	9m 41.08s
2001	I	3000m	2	Chloe Wilkinson	England	Hertfordshire	10m 04.51s
2001	I	3000m	3	Cheryl Guiney	Ireland		10m 07.93s
2001	I	80mH	1	Channelle Garnett	England	London	11.35s
2001	I	80mH	2	Nicola Robinson	England	Leicestershire & R	11.51s
2001	I	80mH	3	Patricia Paterson	Scotland		11.71s
2001	I	300mH	1	Justine Roach	England	Leicestershire & R	42.50s
2001	I	300mH	2	Catherine Crawford	Ireland		43.74s
2001	I	300mH	3	Maria Garavand	England	Norfolk	43.95s
2001	I	3k Walk	1	Sophie Hales	England	Sussex	15m 00.61s
2001	I	3k Walk	2	Ciara McDermott	Ireland		15m 30.94s
2001	I	3k Walk	3	Ann Loughnane	Ireland		15m 43.42s
2001	I	4 x 100m	1	England			47.65s
2001	I	4 x 100m	2	Ireland			47.92s
2001	I	4 x 100m	3	Scotland			47.98s
2001	I	4 x 300m	1	England			2m 42.70s
2001	I	4 x 300m	2	Scotland			2m 48.18s
2001	I	4 x 300m	3	Ireland			2m 49.90s
2001	I	HJ	1	Emma Perkins	England	Sussex	1.72m
2001	I	HJ	2	Jessica Ennis	England	South Yorkshire	1.69m
2001	I	HJ	3	Sharon Haveran	Ireland		1.66m
2001	I	PV	1	Erin Kinnear	Ireland		3.41m
2001	I	PV	2	Natalie Olson	England	Kent	3.30m
2001	I	PV	3	Kim Skinner	Scotland		3.20m
2001	I	LJ	1	Sarah Humphreys	England	Cumbria	5.86m
2001	I	LJ	2	Karlene Turner	England	Berkshire	5.66m
2001	I	LJ	3	Sally Peake	Wales		5.34m
2001	I	TJ	1	Rachel Brenton	England	Oxfordshire	12.27m
2001	I	TJ	2	Angela Barrett	England	Hertfordshire	11.87m
2001	I	TJ	3	Michelle Doherty	Ireland		11.75m
2001	I	SP	1	Frances Miller	Scotland		12.17m
2001	I	SP	2	Alison Rodger	Scotland		12.16m
2001	I	SP	3	Somma Power	England	Essex	12.13m
2001	I	DT	1	Ellisha Dee	England	Middlesex	39.87m
2001	I	DT	2	Angela Lockley	England	Gtr. Manchester	38.29m
2001	I	DT	3	Alison Rodger	Scotland		37.40m
2001	I	HT	1	Rachel Akers	Ireland		49.70m
2001	I	HT	2	Frances Miller	Scotland		48.87m
2001	I	HT	3	Aisling Wynne	Ireland		41.01m
2001	I	JT	1	Joanne Chapman	England	Suffolk	41.74m
2001	I	JT	2	Sarah Grehan	Ireland		37.13m
2001	I	JT	3	Lauren Therin	England	Somerset	36.46m
2002	I	100m	1	Montell Douglas	England	Kent	11.83s
2002	I	100m	2	Sinead Johnson	England	Shropshire	12.14s
2002	I	100m	3	Kirsteen McDiarmid	Scotland		12.23s
2002	I	200m	1	Sabina Astarita	Scotland		25.05s
2002	I	200m	2	Emma Strachan	England	Warwickshire	25.10s
2002	I	200m	3	Kirsteen McDiarmid	Scotland		25.28s
2002	I	300m	1	Gemma Nicol	Scotland		38.58s
2002	I	300m	2	Jenny Christie	England	Warwickshire	39.94s
2002	I	300m	3	Tara Bird	England	Essex	40.05s

2002	I	800m	1	Laura Finucane	England	Lancashire	2m 07.70s
2002	I	800m	2	Morag MacLarty	Scotland		2m 09.07s
2002	I	800m	3	Anna Simmonds	England	Hereford & Worcs	2m 09.74s
2002	I	1500m	1	Vicky Holland	England	Gloucestershire	4m 27.32s
2002	I	1500m	2	Rachel Jones	Scotland		4m 31.30s
2002	I	1500m	3	Jo Harper	England	Staffordshire	4m 31.46s
2002	I	3000m	1	Rachael Nathan	England	Lincolnshire	9m 31.93s
2002	I	3000m	2	Elaine Renouf	Scotland		9m 47.00s
2002	I	3000m	3	Gemma Turtle	England	Buckinghamshire	10m 01.24s
2002	I	80mH	1	Nicola Robinson	England	Leicestershire & R	11.58s
2002	I	80mH	2	Phyllis Agbo	England	London	11.61s
2002	I	80mH	3	Heather Jones	Wales		11.69s
2002	I	300mH	1	Eilidh Child	Scotland		42.21s
2002	I	300mH	2	Maria Garavand	England	Norfolk	43.48s
2002	I	300mH	3	Ellen Howarth-Brown	England	Sussex	44.71s
2002	I	3k Walk	1	Bryna Christmas	England	Humberside	15m 36.98s
2002	I	3k Walk	2	Claire Irvine	Ireland		15m 58.02s
2002	I	3k Walk	3	Carol Burtenshaw	Ireland		16m 09.79s
2002	I	4 x 100m	1	England			46.83s
2002	I	4 x 100m	2	Scotland			46.96s
2002	I	4 x 100m	3	Ireland			48.23s
2002	I	4 x 300m	1	England			2m 40.28s
2002	I	4 x 300m	2	Scotland			2m 45.25s
2002	I	4 x 300m	3	Ireland			2m 49.26s
2002	I	HJ	1	Emma Perkins	England	Sussex	1.70m
2002	I	HJ	2	Leona Byrne	Ireland		1.60m
2002	I	HJ	3	Carly Sharp	Scotland		1.55m
2002	I	PV	1	Natalie Olson	England	Kent	3.50m
2002	I	PV	2	Clare Neve	England	Cheshire	3.30m
2002	I	PV	3	Eilidh Dorrian	Scotland		3.30m
2002	I	LJ	1	Laura Ridley	England	Lancashire	5.60m
2002	I	LJ	2	Sophie Newington	Wales		5.47m
2002	I	LJ	3	Donna Hosford	Ireland		5.45m
2002	I	TJ	1	Sandra Alaneme	England	Kent	11.93m
2002	I	TJ	2	Angela Barrett	England	Hertfordshire	11.77m
2002	I	TJ	3	Zoe Davidson	Scotland		11.09m
2002	I	SP	1	Sally Hinds	Wales		12.54m
2002	I	SP	2	Chloe Edwards	England	Cambridgeshire	12.24m
2002	I	SP	3	Lucy Sutton	England	Oxfordshire	12.12m
2002	I	DT	1	Kirsty Law	Scotland		37.94m
2002	I	DT	2	Christina Carding	England	Hampshire	36.04m
2002	I	DT	3	Laura Chalmers	Scotland		34.83m
2002	I	HT	1	Laura Chalmers	Scotland		43.79m
2002	I	HT	2	Sarah Holt	England	West Yorkshire	41.06m
2002	I	HT	3	Ann Marie Cronin	Ireland		40.41m
2002	I	JT	1	Louise Watton	England	Dorset	42.31m
2002	I	JT	2	Hayley Thomas	England	Essex	38.08m
2002	I	JT	3	Laura Kerr	Ireland		35.69m
2003	I	100m	1	Natalie Jowett	England	Northamptonshire	12.44s
2003	I	100m	2	Joscelynn Hopeson	England	Surrey	12.45s
2003	I	100m	3	Nicola Gossman	Scotland		12.73s
2003	I	200m	1	Sabina Astarita	Scotland		25.19s
2003	I	200m	2	Lia Tappin	England	Hertfordshire	25.22s
2003	I	200m	3	Kelly Roomes	England	Kent	25.62s
2003	I	300m	1	Tara Bird	England	Essex	39.96s
2003	I	300m	2	Holly Barlow	England	West Midlands	40.03s
2003	I	300m	3	Danielle Barker	Wales		40.93s
2003	I	800m	1	Nikki Hamblin	England	Dorset	2m 11.85s

2003	I	800m	2	Debbie Williams	Wales		2m 16.33s
2003	I	800m	3	Emma Jackson	England	Staffordshire	2m 16.37s
2003	I	1500m	1	Stephanie Wilson	England	Buckinghamshire	4m 33.91s
2003	I	1500m	2	Hannah England	England	Oxfordshire	4m 34.83s
2003	I	1500m	3	Non Stanford	Wales		4m 40.36s
2003	I	3000m	1	Nicola Sykes	England	Bedfordshire & Lut	10m 04.43s
2003	I	3000m	2	Ciara Durkan	Ireland		10m 06.77s
2003	I	3000m	3	Jo Callaway	England	Staffordshire	10m 07.74s
2003	I	80mH	1	Heather Jones	Wales		11.62s
2003	I	80mH	2	Kylie Robilliard	England	Channel Islands	11.68s
2003	I	80mH	3	Chloe Van Wulven	England	Essex	11.90s
2003	I	300mH	1	Eilidh Child	Scotland		41.98s
2003	I	300mH	2	Ellen Howarth-Brown	England	Sussex	42.57s
2003	I	300mH	3	Cara Pain	England	Sussex	44.46s
2003	I	3k Walk	1	Jenny Gagg	England	Humberside	14m 49.20s
2003	I	3k Walk	2	Laura Reynolds	Ireland		15m 01.63s
2003	I	3k Walk	3	Carley Tomlin	England	Kent	16m 17.94s
2003	I	4 x 100m	1	England			46.99s
2003	I	4 x 100m	2	Scotland			47.42s
2003	I	4 x 100m	3	Wales			50.04s
2003	I	4 x 300m	1	Scotland			2m 45.00s
2003	I	4 x 300m	2	England			2m 45.83s
2003	I	4 x 300m	3	Ireland			2m 48.67s
2003	I	HJ	1	Lisa Ferguson	Scotland		1.70m
2003	I	HJ	2	Shani Rainford	England	London	1.65m
2003	I	HJ	3	Catherine Smy	Scotland		1.65m
2003	I	PV	1	Kim Skinner	Scotland		3.70m
2003	I	PV	2	Hannah Olson	England	Kent	3.70m
2003	I	PV	3	Kimberley Smith	England	West Midlands	3.40m
2003	I	LJ	1	Amy Harris	England	West Midlands	5.86mw
2003	I	LJ	2	Dominique Blaze	England	Surrey	5.81mw
2003	I	LJ	3	Elayne Henderson	Scotland		5.39mw
2003	I	TJ	1	Anna Kelly	England	Shropshire	11.90m
2003	I	TJ	2	Yasmine Regis-Moses	England	Middlesex	11.76mw
2003	I	TJ	3	Elayne Henderson	Scotland		11.35mw
2003	I	SP	1	Chloe Edwards	England	Cambridgeshire	12.73m
2003	I	SP	2	Kathleen Fitzgerald	Ireland		11.53m
2003	I	SP	3	Kayleigh Southgate	England	Norfolk	10.78m
2003	I	DT	1	Kirsty Law	Scotland		37.66m
2003	I	DT	2	Rebecca Saunders	England	Kent	36.81m
2003	I	DT	3	Lynsey Clark	England	Essex	36.62m
2003	I	HT	1	Anna Johnson	England	Gtr. Manchester	45.29m
2003	I	HT	2	Sarah Holt	England	West Yorkshire	44.92m
2003	I	HT	3	Ann Marie Cronin	Ireland		41.67m
2003	I	JT	1	Lianne Clarke	Wales		40.36m
2003	I	JT	2	Hayley Thomas	England	Essex	39.36m
2003	I	JT	3	Laura Scott	England	Derbyshire	35.93m
2004	I	100m	1	Joscelynn Hopeson	England	Surrey	11.93s
2004	I	100m	2	Nicole Sadler	England	Suffolk	12.09s
2004	I	100m	3	Gemma Hynes	Ireland		12.40s
2004	I	200m	1	Joey Duck	England	Northamptonshire	23.99s
2004	I	200m	2	Emily Shaw	England	Gtr. Manchester	24.95s
2004	I	200m	3	Lisa-Marie Edwards	Wales		24.58s
2004	I	300m	1	Laura Gillhespy	England	Lancashire	38.88s
2004	I	300m	2	Claire Triggs	England	Oxfordshire	39.49s
2004	I	300m	3	Cara Lynam	Scotland		39.79s
2004	I	800m	1	Nikki Hamblin	England	Dorset	2m 07.13s
2004	I	800m	2	Carolyn Plateau	England	Oxfordshire	2m 10.07s

2004	I	800m	3	Laura Crowe	Ireland		2m 11.03s
2004	I	1500m	1	Danielle Christmas	England	Surrey	4m 24.20s
2004	I	1500m	2	Non Stanford	Wales		4m 25.85s
2004	I	1500m	3	Roseanne Galligan	Ireland		4m 31.58s
2004	I	3000m	1	Sian Edwards	England	Northamptonshire	10m 02.75s
2004	I	3000m	2	Stephanie Barnes	England	Avon	10m 07.71s
2004	I	3000m	3	Siobhan Coleman	Scotland		10m 16.08s
2004	I	80mH	1	Chloe van Wulven	England	Essex	11.55s
2004	I	80mH	2	Victoria Garrad	England	Merseyside	11.60s
2004	I	80mH	3	Kalyn Sheehan	Ireland		11.72s
2004	I	300mH	1	Emily Bonnett	England	Somerset	44.03s
2004	I	300mH	2	Jennifer Ready	Ireland		44.07s
2004	I	300mH	3	Lynsey Porter	Ireland		44.77s
2004	I	3k Walk	1	Rebecca Mersh	England	South Yorkshire	14m 26.30s
2004	I	3k Walk	2	Laura Reynolds	Ireland		14m 46.84s
2004	I	3k Walk	3	Sarah Foster	England	Kent	15m 01.05s
2004	I	4 x 100m	1	Ireland			47.78s
2004	I	4 x 100m	2	Wales			48.50s
2004	I	4 x 100m	3	Scotland			48.95s
2004	I	4 x 300m	1	England			2m 39.66s
2004	I	4 x 300m	2	Scotland			2m 43.44s
2004	I	4 x 300m	3	Wales			2m 44.47s
2004	I	HJ	1	Vikki Hubbard	England	Lincolnshire	1.70m
2004	I	HJ	2	Charis O'Connor	England	Surrey	1.70m
2004	I	HJ	3	Jenny Reilly	Ireland		1.65m
2004	I	PV	1	Kim Skinner	Scotland		3.50mi
2004	I	PV	2	Hannah Abraham	Wales		3.20mi
2004	I	PV	3	Rebecca Lilley	England	Hereford & Worcs	3.10mi
2004	I	LJ	1	Dominique Blaize	England	Surrey	5.80m
2004	I	LJ	2	Gemma Weetman	England	Shropshire	5.61m
2004	I	LJ	3	Kirsteen Young	Scotland		5.56m
2004	I	TJ	1	Claire Linskill	England	Devon	11.88m
2004	I	TJ	2	Jade Castell-Thomas	England	London	11.18m
2004	I	TJ	3	Kirsteen Young	Scotland		10.84m
2004	I	SP	1	Eden Francis	England	Leicestershire & R	13.39m
2004	I	SP	2	Liz Millward	England	Staffordshire	12.39m
2004	I	SP	3	Rhiannon McNally	Ireland		10.81m
2004	I	DT	1	Rebecca Saunders	England	Kent	41.42m
2004	I	DT	2	Ruth Hay	England	Northamptonshire	40.37m
2004	I	DT	3	Faye Calvert	Wales		31.09m
2004	I	HT	1	Anna Johnson	England	Gtr. Manchester	46.92m
2004	I	HT	2	Rachel Blackie	England	Kent	46.35m
2004	I	HT	3	Ann-Marie Cronin	Ireland		45.88m
2004	I	JT	1	Laura Scott	England	Derbyshire	41.62m
2004	I	JT	2	Kylie Clark	Wales		38.28m
2004	I	JT	3	Jade Dodd	England	London	38.23m
2005	I	100m	1	Amy Foster	Ireland		12.1s
2005	I	100m	2	Tara Kafke	England	Oxfordshire	12.2s
2005	I	100m	3	Niamh Whelan	Ireland		12.3s
2005	I	200m	1	Jazmine Rowe	England	Staffordshire	24.44s
2005	I	200m	2	Amy Foster	Ireland		24.75s
2005	I	200m	3	Ruth-Ann Watson	England	Middlesex	25.24s
2005	I	300m	1	Hayley Jones	England	Cheshire	39.38s
2005	I	300m	2	Katherine Sherry	England	Gtr. Manchester	39.64s
2005	I	300m	3	Katy Lydon	Ireland		40.31s
2005	I	800m	1	Emily Goodall	England	Sussex	2m 09.9s
2005	I	800m	2	Lucy Dowsett	England	Cambridgeshire	2m 11.2s
2005	I	800m	3	Mary O'Connor	Ireland		2m 12.5s

2005	I	1500m	1	Stevie Stockton	England	Cheshire	4m 34.57s
2005	I	1500m	2	Sarah Treacy	Ireland		4m 36.09s
2005	I	1500m	3	Katie Richardson	England	Essex	4m 37.33s
2005	I	3000m	1	Rebecca Gough	England	Hampshire	9m 57.33s
2005	I	3000m	2	Siobhan Coleman	Scotland		10m 02.05s
2005	I	3000m	3	Ashley Murray	Scotland		10m 05.47s
2005	I	80mH	1	Serita Solomon	England	Kent	11.23s
2005	I	80mH	2	Helen Asher	England	Merseyside	11.52s
2005	I	80mH	3	Natalie Doyle	Scotland		11.71s
2005	I	300mH	1	Perri Shakes-Drayton	England	London	42.2s
2005	I	300mH	2	Meghan Beesley	England	Warwickshire	42.8s
2005	I	300mH	3	Caryl Granville	Wales		43.1s
2005	I	3k Walk	1	Sarah Foster	England	Kent	15m 04.2s
2005	I	3k Walk	2	Sorcha Prenderville	Ireland		15m 28.9s
2005	I	3k Walk	3	Emma Latham	England	Merseyside	15m 40.3s
2005	I	4 x 100m	1	England			47.63s
2005	I	4 x 100m	2	Ireland			47.64s
2005	I	4 x 100m	3	Scotland			48.13s
2005	I	4 x 300m	1	England			2m 40.79s
2005	I	4 x 300m	2	Ireland			2m 44.14s
2005	I	4 x 300m	3	Wales			2m 47.95s
2005	I	HJ	1	Adele Lassu	England	South Yorkshire	1.70m
2005	I	HJ	2	Pamela Hughes	Ireland		1.70m
2005	I	HJ	3	Sade Thompson	England	Avon	1.65m
2005	I	PV	1	Jasmin Hicks	England	Cornwall	3.40m
2005	I	PV	2	Jessica Abraham	Wales		3.30m
2005	I	PV	3	Rachel Arnheim	Wales		3.20m
2005	I	LJ	1	Serita Shone	England	Dorset	5.91m
2005	I	LJ	2	Imelda Morrison	Ireland		5.76mw
2005	I	LJ	3	Kerr Steel	Scotland		5.74mw
2005	I	TJ	1	Hannah Francis-Smithson	England	West Yorkshire	12.16m
2005	I	TJ	2	Claire O'Reilly	England	Derbyshire	11.59m
2005	I	TJ	3	Caryl Granville	Wales		11.08mw
2005	I	SP	1	Laura Cogan	Ireland		11.80m
2005	I	SP	2	Kirsty Hutton	England	Durham	11.69m
2005	I	SP	3	Suzie Scott	England	West Midlands	11.66m
2005	I	DT	1	Shaunagh Brown	England	London	42.18m
2005	I	DT	2	Rebecca Birch	England	South Yorkshire	39.72m
2005	I	DT	3	Faye Calvert	Wales		32.85m
2005	I	HT	1	Katie O'Shea	Ireland		45.06m
2005	I	HT	2	Nicola Stevenson	Wales		43.28m
2005	I	HT	3	Linda Cronin	Ireland		43.09m
2005	I	JT	1	Catherine Braham	England	Surrey	40.79m
2005	I	JT	2	Lucy Boggis	England	Oxfordshire	37.25m
2005	I	JT	3	Danielle Hamer	Wales		36.77m
2006	I	100m	1	Ashleigh Nelson	England	Staffordshire	11.86s
2006	I	100m	2	Niamh Whelan	Ireland		12.14s
2006	I	100m	3	Rebekah Wilson	England	Gtr. Manchester	12.31s
2006	I	200m	1	Jazmine Rowe	England	Staffordshire	24.15s
2006	I	200m	2	Chinedu Monye	England	Berkshire	24.39s
2006	I	200m	3	Niamh Whelan	Ireland		24.46s
2006	I	300m	1	Carmen Gedling	England	Merseyside	38.47s
2006	I	300m	2	Holly Croxford	England	Hampshire	39.04s
2006	I	300m	3	Hannah Jones	Wales		39.71s
2006	I	800m	1	Alison Leonard	England	Lancashire	2m 06.87s
2006	I	800m	2	Ciara Cronin	Ireland		2m 08.31s
2006	I	800m	3	Stacey Smith	England	Northumberland	2m 09.52s
2006	I	1500m	1	Jordan Kinney	England	West Midlands	4m 35.09s

2006	I	1500m	2	Louise Webb	England	Hampshire	4m 37.64s
2006	I	1500m	3	Eilish McColgan	Scotland		4m 38.00s
2006	I	3000m	1	Jessica Coulson	England	Gtr. Manchester	9m 32.93s
2006	I	3000m	2	Charlotte Purdue	England	Hampshire	9m 34.87s
2006	I	3000m	3	Charlotte Ffrench-O'Carroll	Ireland		9m 48.41s
2006	I	80mH	1	Chelsea Cooper	England	Staffordshire	11.43s
2006	I	80mH	2	Jennifer Taker	England	Gtr. Manchester	11.49s
2006	I	80mH	3	Kalyn Sheehan	Ireland		11.79s
2006	I	300mH	1	Meghan Beesley	England	Warwickshire	42.14s
2006	I	300mH	2	Caryl Granville	Wales		42.95s
2006	I	300mH	3	Kalyn Sheehan	Ireland		43.45s
2006	I	3k Walk	1	Chelsea O'Rawe-Hobbs	England	Essex	14m 52.86s
2006	I	3k Walk	2	Donna Carolan	Ireland		15m 09.72s
2006	I	3k Walk	3	Kathryn Granger	England	South Yorkshire	15m 25.82s
2006	I	4 x 100m	1	England			46.14s
2006	I	4 x 100m	2	Scotland			48.40s
2006	I	4 x 100m	3	Wales			49.04s
2006	I	4 x 300m	1	England			2m 44.19s
2006	I	4 x 300m	2	Wales			2m 45.58s
2006	I	4 x 300m	3	Ireland			2m 45.90s
2006	I	HJ	1	Grainne Moggan	Ireland		1.65m
2006	I	HJ	2	Maureen Farrell	Ireland		1.65m
2006	I	HJ	3	Rebekah Pottinger	England	Durham	1.65m
2006	I	PV	1	Abigail Haywood	England	West Yorkshire	3.50m
2006	I	PV	2	Stephanie McKenzie	Scotland		3.40m
2006	I	PV	3	Courtney Maguire	Scotland		3.30m
2006	I	LJ	1	Alexandra Russell	England	Merseyside	5.86m
2006	I	LJ	2	Abigail Irozuru	England	Gtr. Manchester	5.82m
2006	I	LJ	3	Jade Nimmo	Scotland		5.63m
2006	I	TJ	1	Kayley Alcorn	England	Sussex	11.88m
2006	I	TJ	2	Kerry Steele	Scotland		11.43m
2006	I	TJ	3	Caryl Granville	Wales		11.23m
2006	I	SP	1	Rachel Wallader	England	West Midlands	12.93m
2006	I	SP	2	Suzie Scott	England	West Midlands	12.06m
2006	I	SP	3	Jenny Brown	Ireland		11.83m
2006	I	DT	1	Shaunagh Brown	England	London	44.14m
2006	I	DT	2	Katie Wickman	England	Somerset	38.91m
2006	I	DT	3	Stephanie Owens	Wales		34.53m
2006	I	HT	1	Hayley Murray	England	Warwickshire	45.52m
2006	I	HT	2	Charlotte Murray	Wales		43.76m
2006	I	HT	3	Melissa Cooper	England	Kent	42.22m
2006	I	JT	1	Sarah-Anne De Kremer	England	Leicestershire & R	40.29m
2006	I	JT	2	Simone Huggins-Ward	England	West Midlands	37.20m
2006	I	JT	3	Danielle Hamer	Wales		36.90m
2007	I	100m	1	Rebekah Wilson	England	Gtr. Manchester	11.91s
2007	I	100m	2	Kitty Eleyae	England	Somerset	11.99s
2007	I	100m	3	Suzzanne Begg	Scotland		12.19s
2007	I	200m	1	Harriet Lucas	England	Norfolk	24.89s
2007	I	200m	2	Suzzanne Begg	Scotland		24.93s
2007	I	200m	3	Laura Wake	England	Hertfordshire	25.03s
2007	I	300m	1	Lucy James	England	Bedfordshire & Lut	39.96s
2007	I	300m	2	Savannah Echel-Thomson	England	Sussex	40.15s
2007	I	300m	3	Brigid Eades	Wales		40.80s
2007	I	800m	1	Kerrie Harris	England	Humberside	2m 08.98s
2007	I	800m	2	Gemma Cormack	Scotland		2m 11.36s
2007	I	800m	3	Jen Tan	Scotland		2m 12.51s
2007	I	1500m	1	Laura Weightman	England	Northumberland	4m 31.12s
2007	I	1500m	2	Kate Avery	England	Durham	4m 32.43s

2007	I	1500m	3	Beth Potter	Scotland		4m 32.92s
2007	I	3000m	1	Laura Park	England	Cumbria	9m 47.37s
2007	I	3000m	2	Ciara Mageean	Ireland		9m 52.04s
2007	I	3000m	3	Josephine Moultrie	Scotland		10m 02.95s
2007	I	80mH	1	Danielle Rooney	England	Lancashire	11.30s
2007	I	80mH	2	Stephanie Gaynor	England	Hertfordshire	11.47s
2007	I	80mH	3	Lauren O'Reilly	Wales		11.66s
2007	I	300mH	1	Jenny White	England	Hereford & Worcs	43.88s
2007	I	300mH	2	Sarah Dacey	Wales		44.63s
2007	I	300mH	3	Danielle Bamber	England	Lancashire	45.11s
2007	I	3k Walk	1	Fiona Dennehy	Ireland		15m 11.14s
2007	I	3k Walk	2	Kathryn Granger	England	South Yorkshire	15m 15.47s
2007	I	3k Walk	3	Chelsea O'Rawe Hobbs	England	Essex	15m 23.46s
2007	I	4 x 100m	1	England			47.68s
2007	I	4 x 100m	2	Ireland			48.07s
2007	I	4 x 100m	3	Wales			48.52s
2007	I	4 x 300m	1	England			2m 45.45s
2007	I	4 x 300m	2	Wales			2m 45.90s
2007	I	4 x 300m	3	Ireland			2m 47.31s
2007	I	HJ	1	Hannah Dickson	England	Lancashire	1.73m
2007	I	HJ	2	Hannah Thomas	Wales		1.65m
2007	I	HJ	3	Christina Parsons	England	Hampshire	1.65m
2007	I	PV	1	Sophie Upton	England	Wiltshire	3.55m
2007	I	PV	2	Jade Ive	England	Surrey	3.55m
2007	I	PV	3	Christina Hughes	Wales		3.45m
2007	I	LJ	1	Hannah Lewis	Ireland		5.74m
2007	I	LJ	2	Laura Samuel	England	Leicestershire & R	5.58m
2007	I	LJ	3	Alice Lennox	England	Staffordshire	5.42m
2007	I	TJ	1	Chloe Gill	England	Durham	11.29m
2007	I	TJ	2	Gemma Smith	England	Staffordshire	11.27m
2007	I	TJ	3	Iona McKay	Scotland		11.07m
2007	I	SP	1	Jenny Brown	Ireland		12.08m
2007	I	SP	2	Aoife Hickey	Ireland		12.04m
2007	I	SP	3	Jade Weston	England	Staffordshire	11.86m
2007	I	DT	1	Jodie Jacobs	England	Sussex	43.05m
2007	I	DT	2	Kelly Pagdin	England	South Yorkshire	39.12m
2007	I	DT	3	Rhiannydd Parry	Scotland		34.19m
2007	I	HT	1	Kate Yhnell	England	Gloucestershire	45.90m
2007	I	HT	2	Stephanie Owens	Wales		43.92m
2007	I	HT	3	Sarah Smith	England	Essex	42.98m
2007	I	JT	1	Sarah-Anne De Kremer	England	Leicestershire & R	40.94m
2007	I	JT	2	Danielle Hamer	Wales		39.81m
2007	I	JT	3	Sadie Watts	England	Buckinghamshire	38.44m
2008	I	100m	1	Joan Healy	Ireland		11.95s
2008	I	100m	2	Hannah Thomas	Wales		11.98s
2008	I	100m	3	Mica Moore	Wales		12.15s
2008	I	200m	1	Hannah Thomas	Wales		24.34s
2008	I	200m	2	Jennie Batten	England	Gloucestershire	24.46s
2008	I	200m	3	Kaneesha Johnson	England	Essex	24.69s
2008	I	300m	1	Amy Allcock	England	Surrey	39.57s
2008	I	300m	2	Joanna Mills	Ireland		40.10s
2008	I	300m	3	Victoria Ohuruogu	England	Essex	40.09s
2008	I	800m	1	Rowena Cole	England	West Midlands	2m 12.28s
2008	I	800m	2	Benytta Doman	Wales		2m 12.98s
2008	I	800m	3	Rebecca Linney	England	Merseyside	2m 14.04s
2008	I	1500m	1	Beth Potter	Scotland		4m 31.37s
2008	I	1500m	2	Sarah Kelly	Scotland		4m 31.62s
2008	I	1500m	3	Sophie Connor	England	Hertfordshire	4m 33.66s

2008	I	3000m	1	Isabel Brinsden	England	Surrey	9m 56.58s
2008	I	3000m	2	Tara Jameson	Ireland		10m 00.61s
2008	I	3000m	3	Beth Carter	England	Kent	10m 02.75s
2008	I	80mH	1	Kirsty Warland	England	Oxfordshire	11.29s
2008	I	80mH	2	Chanel Taite	England	Middlesex	11.29s
2008	I	80mH	3	Catherine McManus	Ireland		11.50s
2008	I	300mH	1	Megan Rogers	Wales		44.54s
2008	I	300mH	2	Jenny White	England	Hereford & Worcs	44.85s
2008	I	300mH	3	Claudia Rogers	England	Derbyshire	45.72s
2008	I	3k Walk	1	Fiona Dennehy	Ireland		15m 34.42s
2008	I	3k Walk	2	Lauren Whelan	England	Merseyside	15m 57.92s
2008	I	3k Walk	3	Emma Prindibhil	Ireland		16m 14.89s
2008	I	4 x 100m	1	Ireland			47.25s
2008	I	4 x 100m	2	England			47.71s
2008	I	4 x 100m	3	Wales			48.96s
2008	I	4 x 300m	1	England			2m 44.46s
2008	I	4 x 300m	2	Ireland			2m 48.20s
2008	I	4 x 300m	3	Wales			2m 48.49s
2008	I	HJ	1	Katarina Johnson-Thompson	England	Merseyside	1.75m
2008	I	HJ	2	Marilyn Nwawulor	England	Middlesex	1.70m
2008	I	HJ	3	Mary Kate Lanigan	Ireland		1.65m
2008	I	PV	1	Christina Hughes	Wales		3.60m
2008	I	PV	2=	Ellie Besford	England	Essex	3.40m
2008	I	PV	2=	Lucy Stickland	England	Sussex	3.40m
2008	I	LJ	1	Sally Rose Maughan	Ireland		5.87mw
2008	I	LJ	2	Joanna Mills	Ireland		5.79mw
2008	I	LJ	3	Harriet James	England	Lancashire	5.55m
2008	I	TJ	1	Gemma Smith	England	Staffordshire	11.93m
2008	I	TJ	2	Jade Attoh	England	Middlesex	11.82m
2008	I	TJ	3	Aoife Bartley	Ireland		11.32m
2008	I	SP	1	Yasmin Spencer	England	Derbyshire	12.53m
2008	I	SP	2	Clare Fitzgerald	Ireland		1238m
2008	I	SP	3	Amber Merrills	England	South Yorkshire	11.87m
2008	I	DT	1	Clare Fitzgerald	Ireland		42.88m
2008	I	DT	2	Julia Walkden	England	Devon	42.12m
2008	I	DT	3	Brea Leung	Wales		35.90m
2008	I	HT	1	Gabrielle McNally	Ireland		48.61m
2008	I	HT	2	Myra Perkins	Scotland		47.82m
2008	I	HT	3	Kayleigh Mills	England	Cleveland	46.58m
2008	I	JT	1	Isabelle Jeffs	England	Somerset	43.49m
2008	I	JT	2	Danielle Anderson	England	Oxfordshire	42.69m
2008	I	JT	3	Julie Wilson	Wales		34.93m
2009	I	100m	1	Sarah Lavin	Ireland		12.03s
2009	I	100m	2	Rachel Johncock	Wales		12.12s
2009	I	100m	3	Mica Moore	Wales		12.26s
2009	I	200m	1	Sarah Lavin	Ireland		24.82s
2009	I	200m	2	Annie Tagoe	England	Middlesex	25.15s
2009	I	200m	3	Funto Fabunmi-Alade	England	Berkshire	25.25s
2009	I	300m	1	Amy Allcock	England	Surrey	39.08s
2009	I	300m	2	Bethany Finlayson	Scotland		40.23s
2009	I	300m	3	Leah Barrow	England	Buckinghamshire	40.36s
2009	I	800m	1	Katie Snowden	England	London	2m 08.18s
2009	I	800m	2	Sarah Kelly	Scotland		2m 09.09s
2009	I	800m	3	Georgia Bell	England	London	2m 10.58s
2009	I	1500m	1	Georgia Peel	England	Hampshire	4m 26.96s
2009	I	1500m	2	Katie Holt	England	Staffordshire	4m 35.47s
2009	I	1500m	3	Holy Young	Scotland		4m 39.16s
2009	I	3000m	1	Emelia Gorecka	England	Surrey	9m 34.17s

2009	I	3000m	2	Ruth Haynes	England	Surrey	9m 53.14s
2009	I	3000m	3	Natasha Cockram	Wales		10m 02.71s
2009	I	80mH	1	Grace Christopher	England	West Yorkshire	11.46s
2009	I	80mH	2	Rebecca Curtis-Harris	England	Hampshire	11.53s
2009	I	80mH	3	Catrin Stone	Wales		11.64s
2009	I	300mH	1	Charlotte Bowling	England	Northamptonshire	44.30s
2009	I	300mH	2	Megan Rogers	Wales		44.35s
2009	I	300mH	3	Gabriella Abe-Onojobi	England	Kent	44.73s
2009	I	3k Walk	1	Kate Veale	Ireland		13m 09.02s
2009	I	3k Walk	2	Emma Prindibhil	Ireland		14m 28.76s
2009	I	3k Walk	3	Kelsey Howard	England	Kent	15m 09.85s
2009	I	4 x 100m	1	Ireland			47.56s
2009	I	4 x 100m	2	England			47.69s
2009	I	4 x 100m	3	Wales			47.88s
2009	I	4 x 300m	1	England			2m 42.58s
2009	I	4 x 300m	2	Wales			2m 46.87s
2009	I	4 x 300m	3	Scotland			2m 47.99s
2009	I	HJ	1	Hannah Frith	England	Bedfordshire & Lut	1.70m
2009	I	HJ	2	Sian Swanson	Wales		1.67m
2009	I	HJ	3	Ffion Bodilly	Wales		1.67m
2009	I	PV	1	Ellie Besford	England	Essex	3.45m
2009	I	PV	2	Lucy Stickland	England	Sussex	3.45m
2009	I	PV	3	Rebecca Davies	Wales		3.15m
2009	I	LJ	1	Andrea Gaffney	Scotland		5.66m
2009	I	LJ	2	Emma Buckett	England	Hampshire	5.59m
2009	I	LJ	3	Faye Nicholson	Scotland		5.43m
2009	I	TJ	1	Andrea Gaffney	Scotland		11.45m
2009	I	TJ	2	Montana Jackson	England	Suffolk	11.35m
2009	I	TJ	3	Ahtollah Rose	England	Gtr. Manchester	11.32m
2009	I	SP	1	Sophie McKinna	England	Norfolk	12.17m
2009	I	SP	2	Sabine Efiannayi	England	Kent	11.93m
2009	I	SP	3	Kirsty Yates	Scotland		11.62m
2009	I	DT	1	Kathryn Rothwell	England	Channel Islands	40.67m
2009	I	DT	2	Samantha Milner	England	Suffolk	39.84m
2009	I	DT	3	Zoe Scanlon	Ireland		36.75m
2009	I	HT	1	Toni Wells	Wales		51.53m
2009	I	HT	2	Louisa James	England	Sussex	49.10m
2009	I	HT	3	Katy Barnard	England	Cumbria	48.46m
2009	I	JT	1	Freya Jones	England	Hampshire	46.61m
2009	I	JT	2	Danielle Bentley	England	Cheshire	43.20m
2009	I	JT	3	Ailish Sheehan	Ireland		34.30m
2010	I	100m	1	Bianca Williams	England	Middlesex	11.84s
2010	I	100m	2	Sarah Lavin	Ireland		11.92s
2010	I	100m	3	Olivia Callaghan	England	Gtr. Manchester	12.03s
2010	I	200m	1	Desiree Henry	England	Middlesex	23.66s
2010	I	200m	2	Ciara Giles Doran	Ireland		24.61s
2010	I	200m	3	Chisom Nwachukwa	England	Middlesex	24.82s
2010	I	300m	1	Katie Kirk	Ireland		39.68s
2010	I	300m	2	Kirsten McAslan	England	Gtr. Manchester	40.24s
2010	I	300m	3	Grainne Moynihan	Ireland		40.69s
2010	I	800m	1	Katie Snowden	England	London	2m 12.31s
2010	I	800m	2	Amy O'Donoghue	Ireland		2m 13.13s
2010	I	800m	3	Georgia Peel	England	Hampshire	2m 13.98s
2010	I	1500m	1	Jessica Judd	England	Essex	4m 31.75s
2010	I	1500m	2	Siofra Cleirigh Buttner	Ireland		4m 35.45s
2010	I	1500m	3	Emma Mitchel	Ireland		4m 37.13s
2010	I	3000m	1	Ruth Haynes	England	Surrey	10m 05.30s
2010	I	3000m	2	Kathryn Pennel	Scotland		10m 32.40s

2010	I	3000m	3	Sarah Livett	Wales		10m 38.57s
2010	I	80mH	1	Yasmin Miller	England	Derbyshire	11.14s
2010	I	80mH	2	Sarah Lavin	Ireland		11.22s
2010	I	80mH	3	Emily Moore	England	Essex	11.49s
2010	I	300mH	1	Megan Kiely	Ireland		44.11s
2010	I	300mH	2	Hayley McLean	England	Essex	44.44s
2010	I	300mH	3	Rebecca Brown	England	Devon	44.95s
2010	I	3k Walk	1	Kate Veale	Ireland		13m 18.91s
2010	I	3k Walk	2	Heather Lewis	Wales		14m 58.80s
2010	I	3k Walk	3	Alicia Boylan	Ireland		15m 01.87s
2010	I	4 x 100m	1	England			47.90s
2010	I	4 x 100m	2	Scotland			48.64s
2010	I	4 x 100m	3	Ireland			49.18s
2010	I	4 x 300m	1	England			2m 39.72s
2010	I	4 x 300m	2	Ireland			2m 44.20s
2010	I	4 x 300m	3	Wales			2m 48.26s
2010	I	HJ	1	Ffion Bodilly	Wales		1.70m
2010	I	HJ	2	Aisling Croke	Ireland		1.65m
2010	I	HJ	3	Kate Anson	England	Merseyside	1.65m
2010	I	PV	1	Lucy Bryan	England	Avon	3.71m
2010	I	PV	2	Laura-Ann Henderson	England	Kent	3.20m
2010	I	PV	3	Rhiannydd Llewellyn	Wales		2.70m
2010	I	LJ	1	Andrea Gaffney	Scotland		5.89m
2010	I	LJ	2	Sarah McCarthy	Ireland		5.78m
2010	I	LJ	3	Danielle McGifford	England	Merseyside	5.76m
2010	I	TJ	1	Naomi Reid	England	Derbyshire	12.45m
2010	I	TJ	2	Andrea Gaffney	Scotland		11.85m
2010	I	TJ	3	Rachel Williamson	England	Lancashire	11.77m
2010	I	SP	1	Sophie McKinna	England	Norfolk	14.81m
2010	I	SP	2	Simi Pam	England	Cambridgeshire	12.78m
2010	I	SP	3	Adele Nicholl	Wales		11.19m
2010	I	DT	1	Phoebe Dowson	England	Hampshire	41.93m
2010	I	DT	2	Shadine Duquemin	England	Channel Islands	41.52m
2010	I	DT	3	Sophie Parkinson Browne	Ireland		35.73m
2010	I	HT	1	Abbi Carter	England	Humberside	50.40m
2010	I	HT	2	Katy Barnard	England	Cumbria	45.19m
2010	I	HT	3	Kimberley Reed	Scotland		42.65m
2010	I	JT	1	Freya Jones	England	Hampshire	48.28m
2010	I	JT	2	Laura McDonald	England	Norfolk	42.16m
2010	I	JT	3	Zoe Priestley	Wales		36.94m
2011	I	100m	1	Sophie Papps	England	Berkshire	11.91s
2011	I	100m	2	Daryll Neita	England	London	11.97s
2011	I	100m	3	Phil Healy	Ireland		12.18s
2011	I	200m	1	Dina Asher-Smith	England	Kent	24.69s
2011	I	200m	2	Clíodhna Manning	Ireland		25.21s
2011	I	200m	3	Kathryn Christie	Scotland		25.48s
2011	I	300m	1	Rachel Dickens	England	Surrey	39.20s
2011	I	300m	2	Sabrina Bakare	England	Bedfordshire & Lut	39.51s
2011	I	300m	3	Stephanie Carroll	Ireland		40.40s
2011	I	800m	1	Kaylee Dodd	England	Essex	2m 09.93s
2011	I	800m	2	Kathryn Gillespie	Scotland		2m 12.17s
2011	I	800m	3	Louise Shanahan	Ireland		2m 13.41s
2011	I	1500m	1	Jessica Judd	England	Essex	4m 38.00s
2011	I	1500m	2	Revee Walcott-Nolan	England	Bedfordshire & Lut	4m 40.31s
2011	I	1500m	3	Ella Fennelly	Ireland		4m 44.26s
2011	I	3000m	1	Natalia Hackett	England	South Yorkshire	9m 57.13s
2011	I	3000m	2	Alice Wright	England	Hereford & Worcs	10m 01.05s
2011	I	3000m	3	Brona Croke	Ireland		10m 23.34s

2011	I	80mH	1	Lucy Hatton	England	Northamptonshire	11.36s
2011	I	80mH	2	Lily Anne O'Hora	Ireland		11.65s
2011	I	80mH	3	Claire Murphy	Ireland		11.94s
2011	I	300mH	1	Claire Murphy	Ireland		43.41s
2011	I	300mH	2	Shona Richards	England	Surrey	43.86s
2011	I	300mH	3	Nessa Cooper-Millett	Ireland		44.67s
2011	I	3k Walk	1	Alicia Boylan	Ireland		14m 26.93s
2011	I	3k Walk	2	Tasha Webster	England	Hereford & Worcs	15m 14.42s
2011	I	3k Walk	3	Kate Funnell	England	Kent	15m 39.93s
2011	I	4 x 100m	1	Wales			49.24s
2011	I	4 x 100m	2	Ireland			50.41s
2011	I	4 x 100m	3	Scotland			50.45s
2011	I	4 x 300m	1	England			2m 39.87s
2011	I	4 x 300m	2	Ireland			2m 34.31s
2011	I	4 x 300m	3	Wales			2m 48.32s
2011	I	HJ	1	Ffion Bodilly	Wales		1.65m
2011	I	HJ	2	Cosima Berry	England	Oxfordshire	1.60m
2011	I	HJ	3=	Amy McTeggart	Ireland		1.60m
2011	I	HJ	3=	Robyn Petitt	England	Sussex	1.60m
2011	I	PV	1	Hannah Grubb	England	Wiltshire	3.40m
2011	I	PV	2	Sophie Cook	England	West Midlands	3.30m
2011	I	PV	3	Hannah Lawler	Scotland		3.00m
2011	I	LJ	1	Celia Quansah	England	Middlesex	5.53m
2011	I	LJ	2	Sarah McCarthy	Ireland		5.52m
2011	I	LJ	3	Danielle McGifford	England	Merseyside	5.48m
2011	I	TJ	1	Mary Fasipe	England	Middlesex	11.71m
2011	I	TJ	2	Rachel Williamson	England	Lancashire	11.54m
2011	I	TJ	3	Ania Bednoz	Ireland		11.02m
2011	I	SP	1	Adele Nicholl	Wales		12.76m
2011	I	SP	2	Annabel Sherry	England	Gloucestershire	12.54m
2011	I	SP	3	Danielle Opara	England	Berkshire	12.27m
2011	I	DT	1	Shadine Duquemin	England	Channel Islands	43.91m
2011	I	DT	2	Renee Hector	England	Hertfordshire	40.02m
2011	I	DT	3	Adele Nicholl	Wales		38.02m
2011	I	HT	1	Kimberley Reed	Scotland		54.63m
2011	I	HT	2	Emma O'Hara	England	Oxfordshire	47.15m
2011	I	HT	3	Sarah-Jane Anthony	England	Hampshire	46.08m
2011	I	JT	1	Grace Hailstone	England	Sussex	41.08m
2011	I	JT	2	Natasha Wilson	England	Cumbria	39.97m
2011	I	JT	3	Carys Mansfield	Wales		39.29m
2012	I	100m	1	Darryl Neita	England	London	11.69s
2012	I	100m	2	Lukesha Morris	England	Berkshire	12.03s
2012	I	100m	3	Hannah Brier	Wales		12.04s
2012	I	200m	1	Shannon Hylton	England	Kent	24.48s
2012	I	200m	2	Roisin Harrison	Ireland		24.78s
2012	I	200m	3	Amarachi Pipi	England	Middlesex	24.93s
2012	I	300m	1	Cheriece Hylton	England	Kent	38.59s
2012	I	300m	2	Beth Sargent	Wales		39.68s
2012	I	300m	3	Kelsey Stewart	Scotland		39.83s
2012	I	800m	1	Loren Bleaken	England	Wiltshire	2m 07.67s
2012	I	800m	2	Kaylee Dodd	England	Essex	2m 09.21s
2012	I	800m	3	Louise Shanahan	Ireland		2m 12.52s
2012	I	1500m	1	Bobby Clay	England	Kent	4m 24.91s
2012	I	1500m	2	Abbie Hetherington	England	Cumbria	4m 29.27s
2012	I	1500m	3	Ellie Atkinson	Wales		4m 32.71s
2012	I	3000m	1	Alex Clay	England	Kent	9m 38.23s
2012	I	3000m	2	Bronwen Owen	England	North Yorkshire	9m 41.81s
2012	I	3000m	3	Yasmin Wilson	Ireland		10m 23.62s

2012	I	80mH	1	Shirin Irving	England	Surrey	11.43s
2012	I	80mH	2	Stephanie Clitheroe	England	Buckinghamshire	11.62s
2012	I	80mH	3	Katie McGowan	Ireland		11.71s
2012	I	300mH	1	Shona Richards	England	Surrey	42.22s
2012	I	300mH	2	Georgina Rogers	England	West Midlands	43.32s
2012	I	300mH	3	Kelly McGrory	Ireland		43.34s
2012	I	3k Walk	1	Sinead Burke	Ireland		14m 57.89s
2012	I	3k Walk	2	Tasha Webster	England	Hereford & Worcs	15m 36.56s
2012	I	3k Walk	3	Edel Glennon	Ireland		15m 52.70s
2012	I	4 x 100m	1	England			46.83s
2012	I	4 x 100m	2	Ireland			47.68s
2012	I	4 x 100m	3	Wales			48.44s
2012	I	4 x 300m	1	England			2m 38.83s
2012	I	4 x 300m	2	Scotland			2m 43.70s
2012	I	4 x 300m	3	Ireland			2m 44.53s
2012	I	HJ	1	Poppy Lake	England	Essex	1.75m
2012	I	HJ	2	Shannen Dawkens	Ireland		1.70m
2012	I	HJ	3	Robyn Petitt	England	Sussex	1.70m
2012	I	PV	1	Ellie Gooding	England	Kent	3.50m
2012	I	PV	2	Ailis McGovern	Ireland		3.50m
2012	I	PV	3	Anna Gordon	Scotland		3.30m
2012	I	LJ	1	Morgan Lake	England	Berkshire	6.10m
2012	I	LJ	2	Taisha Thompson-Gregory	England	Leicestershire & R	5.86m
2012	I	LJ	3	Erin Walters	Wales		5.71m
2012	I	TJ	1	Nikita Campbell-Smith	England	West Midlands	11.47m
2012	I	TJ	2	Yasmin Lakin	England	Hertfordshire	11.16m
2012	I	TJ	3	Rachel Robinson	Scotland		11.11m
2012	I	SP	1	Adele Nicholl	Wales		13.16m
2012	I	SP	2	Annabel Sherry	England	Gloucestershire	12.61m
2012	I	SP	3	Awen Rosser	Wales		11.06m
2012	I	DT	1	Adele Nicholl	Wales		44.34m
2012	I	DT	2	Hannah O'Sullivan	Ireland		41.28m
2012	I	DT	3	Georgie Taylor	England	Essex	40.53m
2012	I	HT	1	Alice Akers	Ireland		52.22m
2012	I	HT	2	Rebecca Keating	England	Berkshire	46.66m
2012	I	HT	3	Emma Bowie	Scotland		45.32m
2012	I	JT	1	Natasha Wilson	England	Cumbria	44.99m
2012	I	JT	2	Tasia Stephens	Wales		40.24m
2012	I	JT	3	Demi Bromfield	England	Essex	38.45m
2013	I	100m	1	Hannah Brier	Wales		11.91s
2013	I	100m	2	Imani-Lara Lansiquot	England	Surrey	12.03s
2013	I	100m	3	Shannon Malone	Wales		12.10s
2013	I	200m	1	Charlotte McLennaghan	England	Nottinghamshire	23.89s
2013	I	200m	2	Hannah Brier	Wales		24.22s
2013	I	200m	3	Rachel Norris	England	Nottinghamshire	24.78s
2013	I	300m	1	Cheriece Hylton	England	Kent	38.10s
2013	I	300m	2	Kelsey Stewart	Scotland		38.66s
2013	I	300m	3	Ella Barrett	England	Derbyshire	38.85s
2013	I	800m	1	Molly Long	England	Cornwall	2m 08.81s
2013	I	800m	2	Isobelle Ives	England	Essex	2m 09.07s
2013	I	800m	3	Alanna Lally	Ireland		2m 09.33s
2013	I	1500m	1	Rosie Johnson	England	Merseyside	4m 25.11s
2013	I	1500m	2	Harriet Knowles-Jones	England	Gtr. Manchester	4m 25.65s
2013	I	1500m	3	Cari Hughes	Wales		4m 33.33s
2013	I	3000m	1	Abbie Donnelly	England	Lincolnshire	9m 53.68s
2013	I	3000m	2	Sophia Parvizi-Wayne	England	Middlesex	10m 00.60s
2013	I	3000m	3	Gwen Gillham	Scotland		10m 11.02s
2013	I	80mH	1	Alicia Barrett	England	Derbyshire	10.99s

2013	I	80mH	2	Katie McGowan	Ireland		11.49s
2013	I	80mH	3	Megan Marrs	Ireland		11.51s
2013	I	300mH	1	Katie Purves	Scotland		42.81s
2013	I	300mH	2	Lucy Fligelstone	Wales		43.39s
2013	I	300mH	3	Kelly McGrory	Ireland		43.41s
2013	I	3k Walk	1	Sinead Burke	Ireland		14m 31.16s
2013	I	3k Walk	2	Heather Butcher	England	London	15m 15.17s
2013	I	3k Walk	3	Edel Glennon	Ireland		15m 30.36s
2013	I	4 x 100m	1	England			46.58s
2013	I	4 x 100m	2	Ireland			47.60s
2013	I	4 x 100m	3	Wales			47.91s
2013	I	4 x 300m	1	England			2m 37.66s
2013	I	4 x 300m	2	Scotland			2m 41.25s
2013	I	4 x 300m	3	Ireland			2m 43.09s
2013	I	HJ	1	Kierra Barker	England	Hampshire	1.75m
2013	I	HJ	2	Shannen Dawkens	Ireland		1.72m
2013	I	HJ	3	Laura Armorgie	England	Essex	1.69m
2013	I	PV	1	Abigail Roberts	England	West Yorkshire	3.80m
2013	I	PV	2	Ellie Gooding	England	Kent	3.80m
2013	I	PV	3	Anna Gordon	Scotland		3.50m
2013	I	LJ	1	Simi Fajemisin	England	Oxfordshire	5.58m
2013	I	LJ	2	Eavion Richardson	England	Bedfordshire & Lut	5.33m
2013	I	LJ	3	Katie McGowan	Ireland		5.29m
2013	I	TJ	1	Maria Carey	Ireland		11.48m
2013	I	TJ	2	Kerri Davidson	England	Surrey	11.44m
2013	I	TJ	3	Hannah McCauley	Ireland		11.39m
2013	I	SP	1	Adele Nicholl	Wales		13.75m
2013	I	SP	2	Sophie Merritt	England	Wiltshire	12.15m
2013	I	SP	3	Stacie Cunningham	Ireland		10.96m
2013	I	DT	1	Adele Nicholl	Wales		42.19m
2013	I	DT	2	Dionne Milne	Scotland		40.47m
2013	I	DT	3	Kathryn Woodcock	England	Oxfordshire	40.38m
2013	I	HT	1	Rebecca Keating	England	Berkshire	51.20m
2013	I	HT	2	Emma Bowie	Scotland		46.33m
2013	I	HT	3	Alice Akers	Ireland		46.28m
2013	I	JT	1	Emma Hamplett	England	Staffordshire	45.65m
2013	I	JT	2	Leanne Davies	England	Hampshire	41.72m
2013	I	JT	3	Tasis Stephens	Wales		41.29m
2014	I	100m	1	Megan Marrs	Ireland		12.01s
2014	I	100m	2	Alisha Rees	Scotland		12.11s
2014	I	100m	3	Modupe Shokunbi	England	Essex	12.17s
2014	I	200m	1	Charlotte McLennaghan	England	Nottinghamshire	24.09s
2014	I	200m	2	Amelia Reynolds	Wales		24.46s
2014	I	200m	3	Alisha Rees	Scotland		24.70s
2014	I	300m	1	Ella Barrett	England	Derbyshire	38.65s
2014	I	300m	2	Catherine Reid	England	Merseyside	38.87s
2014	I	300m	3	Eve Williams	Wales		38.97s
2014	I	800m	1	Carys McAulay	England	Cheshire	2m 09.65s
2014	I	800m	2	Cari Hughes	Wales		2m 10.98s
2014	I	800m	3	Carla Sweeney	Ireland		2m 10.81s
2014	I	1500m	1	Sabrina Sinha	England	Kent	4m 23.35s
2014	I	1500m	2	Rosie Johnson	England	Merseyside	4m 23.89s
2014	I	1500m	3	Nadia Power	Ireland		4m 34.88s
2014	I	3000m	1	Harriet Knowles-Jones	England	Gr. Manchester	9m 29.11s
2014	I	3000m	2	Niamh Brown	England	Surrey	9m 44.21s
2014	I	3000m	3	Gillian Black	Scotland		10m 03.79s
2014	I	80mH	1	Alicia Barrett	England	Derbyshire	11.20s
2014	I	80mH	2	Molly Scott	Ireland		11.62s

2014	I	80mH	3	Sophie Elliss	England	Surrey	11.71s
2014	I	300mH	1	Amaris Borel	Ireland		43.19s
2014	I	300mH	2	Michelle Hughes	England	Essex	43.38s
2014	I	300mH	3	Devon Brimecome	England	Hampshire	43.49s
2014	I	1500mST	1	Emily Griffin	Wales		5m 12.22s
2014	I	1500mST	2	Alison Armstrong	Ireland		5m 21.84s
2014	I	1500mST	3	Katie Turnbull	Scotland		5m 24.73s
2014	I	3k Walk	1	Sophie Lewis Ward	England	London	14m 27.08s
2014	I	3k Walk	2	Niamh O'Connor	Ireland		14m 39.97s
2014	I	3k Walk	3	Heather Butcher	England	London	15m 07.48s
2014	I	4 x 100m	1	England			46.14s
2014	I	4 x 100m	2	Ireland			46.76s
2014	I	4 x 100m	3	Scotland			47.37s
2014	I	4 x 300m	1	England			2m 43.02s
2014	I	4 x 300m	2	Ireland			3m 26.72s
2014	I	4 x 300m	3	Wales			3m 28.52s
2014	I	HJ	1	Abby Ward	England	West Yorkshire	1.74m
2014	I	HJ	2	Hannah Tapley	England	Hereford & Worcs	1.71m
2014	I	HJ	3	Sommer Lecky	Ireland		1.68m
2014	I	PV	1	Tilly Hooper	England	Surrey	3.55m
2014	I	PV	2	Rebecca Gray	England	Cornwall	3.43m
2014	I	PV	3	Carys Jones	Wales		3.33m
2014	I	LJ	1	Elizabeth Morland	Ireland		5.87m
2014	I	LJ	2	Simi Fajemisin	England	Oxfordshire	5.79m
2014	I	LJ	3	Naomi Harryman	England	Hertfordshire	5.72m
2014	I	TJ	1	Naomi Ogbeta	England	Gtr. Manchester	12.28m
2014	I	TJ	2	Maria Carey	Ireland		12.10m
2014	I	TJ	3	Emily Gargan	England	Durham	11.33m
2014	I	SP	1	Michaela Walsh	Ireland		15.08m
2014	I	SP	2	Divine Oladipo	England	London	13.95m
2014	I	SP	3	Michella Obijaku	England	London	13.90m
2014	I	DT	1	Sophie Mace	England	Surrey	43.64m
2014	I	DT	2	Sophie Merritt	England	Wiltshire	41.97m
2014	I	DT	3	Dionne Milne	Scotland		40.09m
2014	I	HT	1	Michaela Walsh	Ireland		58.29m
2014	I	HT	2	Katie Lambert	England	Shropshire	54.29m
2014	I	HT	3	Amy Herrington	England	Oxfordshire	54.22m
2014	I	JT	1	Emma Hamplett	England	Staffordshire	51.52m
2014	I	JT	2	Orlaith O'Brien	Ireland		45.10m
2014	I	JT	3	Laurie Dawkins	England	Somerset	39.27m
2015	I	100m	1	Alisha Rees	Scotland		11.71s
2015	I	100m	2	Sharhnee Skervin	England	Nottinghamshire	11.87s
2015	I	100m	3	Molly Scott	Ireland		11.88s
2015	I	200m	1	Alisha Rees	Scotland		24.00s
2015	I	200m	2	Mair Edwards	England	Hampshire	24.52s
2015	I	200m	3	Vera Chinedu	England	London	24.66s
2015	I	300m	1	Eve Williams	Wales		39.42s
2015	I	300m	2	Orla Brothers	England	Sussex	39.80s
2015	I	300m	3	Ellie Grove	England	Surrey	39.98s
2015	I	800m	1	Isabelle Boffey	England	Hertfordshire	2m 11.36s
2015	I	800m	2	Khahisa Mhlanga	England	Essex	2m 12.08s
2015	I	800m	3	Izzy Jones	Wales		2m 14.27s
2015	I	1500m	1	Erin Wallace	Scotland		4m 30.80s
2015	I	1500m	2	Cari Hughes	Wales		4m 32.38s
2015	I	1500m	3	Chloe Sharp	England	Kent	4m 34.68s
2015	I	3000m	1	Jessica Keene	England	Kent	9m 57.13s
2015	I	3000m	2	Hope Goddard	England	Berkshire	10m 02.27s
2015	I	3000m	3	Kate Gallagher	Scotland		10m 11.85s

2015	I	80mH	1	Molly Scott	Ireland		11.11s
2015	I	80mH	2	Isabel Wakefield	England	Devon	11.23s
2015	I	80mH	3	Sophie Elliss	England	Surrey	11.33s
2015	I	300mH	1	Anna Nicole Rowe	England	Merseyside	43.78s
2015	I	300mH	2	Lauren Williams	Wales		44.10s
2015	I	300mH	3	Chloe Esegbona	England	Cheshire	44.54s
2015	I	1500mST	1	Yasmin Austridge	England	Kent	4m 56.72s
2015	I	1500mST	2	Holly Page	England	Kent	4m 58.19s
2015	I	1500mST	3	Lucy Davies	Wales		5m 16.53s
2015	I	3k Walk	1	Sophie Lewis Ward	England	London	14m 43.20s
2015	I	3k Walk	2	Niamh O'Connor	Ireland		15m 26.04s
2015	I	3k Walk	3	Rachel Glennon	Ireland		15m 41.61s
2015	I	4 x 100m	1	Ireland			46.32s
2015	I	4 x 100m	2	England			42.67s
2015	I	4 x 100m	3	Scotland			42.86s
2015	I	4 x 300m	1	England			2m 40.15s
2015	I	4 x 300m	2	Wales			3m 26.72s
2015	I	4 x 300m	3	Ireland			3m 28.52s
2015	I	HJ	1	Sommer Lecky	Ireland		1.74m
2015	I	HJ	2	Octavia Cavill	England	Buckinghamshire	1.71m
2015	I	HJ	3	Ciara Deely	Ireland		1.71m
2015	I	PV	1	Molly Caudery	England	Cornwall	3.75m
2015	I	PV	2	Rebecca Gray	England	Cornwall	3.75m
2015	I	PV	3	Ffion Llewellyn	Wales		3.10m
2015	I	LJ	1	Holly Mills	England	Hampshire	6.26m
2015	I	LJ	2	Eleanor Broome	England	Northamptonshire	6.15m
2015	I	LJ	3	Arlene Crossan	Ireland		5.84m
2015	I	TJ	1	Emily Gargan	England	Durham	12.12m
2015	I	TJ	2	Emily Madden-Forman	England	Warwickshire	11.57m
2015	I	TJ	3	Lauryn Davey	Wales		11.42m
2015	I	SP	1	Divine Oladipo	England	London	14.20m
2015	I	SP	2	Emma Dakin	England	Nottinghamshire	13.47m
2015	I	SP	3	Niamh Fogarty	Ireland		12.96m
2015	I	DT	1	Sophie Mace	England	Surrey	41.69m
2015	I	DT	2	Isobel Griffen-Morris	England	Cheshire	40.00m
2015	I	DT	3	Niamh Fogarty	Ireland		38.25m
2015	I	HT	1	Katie Head	England	Essex	56.58m
2015	I	HT	2	Olivia Stevenson	England	Humberside	54.94m
2015	I	HT	3	Amber Simpson	Wales		52.25m
2015	I	JT	1	Orlaith O'Brien	Ireland		46.56m
2015	I	JT	2	Bethan Rees	England	Staffordshire	45.54m
2015	I	JT	3	Kate O'Connor	Ireland		44.38m
2016	I	100m	1	Olivia Okoli	England	Surrey	11.91s
2016	I	100m	2	Charmont Webster-Tape	England	Surrey	12.32s
2016	I	100m	3	Patience Jumbo Gula	Ireland		12.42s
2016	I	200m	1	Georgina Adam	England	Lincolnshire	25.19s
2016	I	200m	2	Lauren Roy	Ireland		25.20s
2016	I	200m	3	Hannah Kelly	England	Gtr. Manchester	25.28s
2016	I	300m	1	Amber Anning	England	Sussex	38.84s
2016	I	300m	2	Alex Shaw	England	Surrey	39.90s
2016	I	300m	3	Lauren Cadden	Ireland		40.77s
2016	I	800m	1	Khahisa Mhlanga	England	Essex	2m 10.94s
2016	I	800m	2	Emily Thompson	England	Oxfordshire	2m 13.07s
2016	I	800m	3	Davicia Patterson	Ireland		2m 13.68s
2016	I	1500m	1	Tilly Simpson	England	Derbyshire	4m 28.21s
2016	I	1500m	2	Claire Rafter	Ireland		4m 35.87s
2016	I	1500m	3	Kiara Frizelle	Wales		4m 36.39s
2016	I	3000m	1	Claudia Lance Jones	England	Surrey	9m 49.13s

2016	I	3000m	2	Kate Gallagher	Scotland		9m 57.78s
2016	I	3000m	3	Amy Rose Farrell	Ireland		10m 00.59s
2016	I	80mH	1	Pippa Earley	England	Surrey	11.28s
2016	I	80mH	2	Holly McCarthy	Scotland		11.59s
2016	I	80mH	3	Miriam Daly	Ireland		11.60s
2016	I	300mH	1	Miriam Daly	Ireland		42.42s
2016	I	300mH	2	Niamh Gowing	Ireland		44.19s
2016	I	300mH	3	Grace Gentry	England	Hertfordshire	44.20s
2016	I	1500mST	1	Holly Page	England	Kent	4m 53.04s
2016	I	1500mST	2	Lucy Davies	Wales		4m 58.99s
2016	I	1500mST	3	Maisie Grice	England	Hampshire	5m 06.96s
2016	I	3k Walk	1	Ana Garcia	England	South Yorkshire	14m 44.96s
2016	I	3k Walk	2	Sarah Glennon	Ireland		14m 56.45s
2016	I	3k Walk	3	Megan Stratton-Thomas	Wales		15m 20.38s
2016	I	4 x 100m	1	England			46.85s
2016	I	4 x 100m	2	Ireland			47.90s
2016	I	4 x 100m	3	Scotland			48.20s
2016	I	4 x 300m	1	England			2m 41.71s
2016	I	4 x 300m	2	Scotland			2m 42.22s
2016	I	4 x 300m	3	Ireland			2m 44.50s
2016	I	HJ	1	Natasha Smith	England	Gloucestershire	1.75m
2016	I	HJ	2	Shannon Craig	Ireland		1.67m
2016	I	HJ	3=	Rebecca Hawkins	England	Kent	1.64m
2016	I	HJ	3=	Deana Kealy	Ireland		1.64m
2016	I	PV	1	Molly Caudery	England	Cornwall	3.86m
2016	I	PV	2	Victoria Barlow	England	Gtr. Manchester	3.66m
2016	I	PV	3	Ellen McCartney	Ireland		3.46m
2016	I	LJ	1	Lucy Hadaway	England	North Yorkshire	6.00m
2016	I	LJ	2	Josie Oliarnyk	England	West Midlands	5.95m
2016	I	LJ	3	Sophie Meredith	Ireland		5.68m
2016	I	TJ	1	Adelaide Omitowoju	England	Essex	11.90m
2016	I	TJ	2	Claudimira Landim	England	London	11.78m
2016	I	TJ	3	Kara Dobbie	Scotland		10.75m
2016	I	SP	1	Sarah Omeregje	Wales		14.98m
2016	I	SP	2	Hannah Molyneaux	England	Lincolnshire	14.77m
2016	I	SP	3	Gaia Osborne	England	Hampshire	14.19m
2016	I	DT	1	Danielle Broom	England	Dorset	40.93m
2016	I	DT	2	Isobel Griffin Morris	England	Oxfordshire	38.50m
2016	I	DT	3	Marguerite Furlong	Ireland		36.32m
2016	I	HT	1	Olivia Stevenson	England	Humberside	62.40m
2016	I	HT	2	Katie Head	England	Essex	58.26m
2016	I	HT	3	Ffion Palmer	Wales		54.41m
2016	I	JT	1	Bethan Rees	England	Staffordshire	50.25m
2016	I	JT	2	Bethany Moule	Wales		48.84m
2016	I	JT	3	Paula Holguin	England	Surrey	47.01m
2017	I	100m	1	Patience Jumbo Gula	Ireland		12.21s
2017	I	100m	2	Amy Hunt	England	Lincolnshire	12.28s
2017	I	100m	3	Trinity Perruzza-Powell	England	Gtr. Manchester	12.46s
2017	I	200m	1	Kiah Dubarry-Gay	England	London	24.13s
2017	I	200m	2	Rhasidat Adeleke	Ireland		24.39s
2017	I	200m	3	Hannah Kelly	England	Gtr. Manchester	24.59s
2017	I	300m	1	Hannah Foster	England	Bedfordshire & Lut	39.61s
2017	I	300m	2	Natasha Harrison	England	Gtr. Manchester	38.85s
2017	I	300m	3	Ailbhe Doherty	Ireland		40.31s
2017	I	800m	1	Emily Williams	England	Northamptonshire	2m 07.85s
2017	I	800m	2	Molly Canham	England	Devon	2m 08.91s
2017	I	800m	3	Jo Keane	Ireland		2m 12.19s
2017	I	1500m	1	Kiara Frizelle	Wales		4m 33.09s

2017	I	1500m	2	Aimee Hayde	Ireland		4m 33.99s
2017	I	1500m	3	Alexandra Brown	England	London	4m 34.77s
2017	I	3000m	1	Ella McNiven	England	Merseyside	9m 36.87s
2017	I	3000m	2	Charlotte Alexander	England	Surrey	9m 58.03s
2017	I	3000m	3	Mia Roberts	Wales		10m 07.71s
2017	I	80mH	1	Marcia Sey	England	Somerset	11.33s
2017	I	80mH	2	Victoria Johnson	England	Leicestershire & R	11.63s
2017	I	80mH	3	Tara Meier	Ireland		11.91s
2017	I	300mH	1	Jasmine Jolly	England	Lancashire	44.22s
2017	I	300mH	2	Miriam Daly	Ireland		44.62s
2017	I	300mH	3	Isabel Breedon	Wales		44.85s
2017	I	1500mST	1	Elise Thorner	England	Somerset	5m 00.25s
2017	I	1500mST	2	Amelia Wills	England	Somerset	5m 11.68s
2017	I	1500mST	3	Roisin Treacy	Ireland		5m 13.65s
2017	I	3k Walk	1	Sarah Glennon	Ireland		14m 29.41s
2017	I	3k Walk	2	Maria Flynn	Ireland		14m 51.04s
2017	I	3k Walk	3	Lucy Lewis-Ward	England	London	16m 12.28s
2017	I	4 x 100m	1	Ireland			45.63s
2017	I	4 x 100m	2	England			46.54s
2017	I	4 x 100m	3	Wales			49.46s
2017	I	4 x 300m	1	England			2m 40.45s
2017	I	4 x 300m	2	Wales			2m 43.26s
2017	I	4 x 300m	3	Ireland			2m 43.77s
2017	I	HJ	1	Temi Ojora	England	Buckinghamshire	1.74m
2017	I	HJ	2	Caitlin Kennedy	Ireland		1.71m
2017	I	HJ	3	Hannah Moat	England	Lincolnshire	1.65m
2017	I	PV	1	Felicia Miloro	England	Nottinghamshire	3.61m
2017	I	PV	2	Victoria Barlow	England	Gtr. Manchester	3.61m
2017	I	PV	3	Megan Hodgson	Wales		3.31m
2017	I	LJ	1	Ore Adamson	England	London	6.00m
2017	I	LJ	2	Ruby Millet	Ireland		5.92m
2017	I	LJ	3	Sophie Meredith	Ireland		5.85m
2017	I	TJ	1	Jazz Sears	England	Bedfordshire & Lut	12.15m
2017	I	TJ	2	Eloise Harvey	England	Kent	12.07m
2017	I	TJ	3	Sophie Meredith	Ireland		11.20m
2017	I	SP	1	Hannah Molyneux	England	Lincolnshire	14.99m
2017	I	SP	2	Rhea Southcott	England	West Yorkshire	14.94m
2017	I	SP	3	Ciara Sheehy	Ireland		14.76m
2017	I	DT	1	Heather Cubbage	England	Hampshire	44.61m
2017	I	DT	2	Megan Lenihan	Ireland		40.22m
2017	I	DT	3	Jessica Emery	England	Hertfordshire	38.41m
2017	I	HT	1	Tara Simpson-Sullivan	England	Cumbria	61.06m
2017	I	HT	2	Jade Williams	Ireland		56.89m
2017	I	HT	3	Charlotte Williams	England	Lancashire	55.64m
2017	I	JT	1	Kate O'Connor	Ireland		49.26m
2017	I	JT	2	Ellie Vernon	England	Shropshire	42.91m
2017	I	JT	3	Paula Holguin	England	Surrey	42.40m
2018	I	100m	1	Nayanna Dubarra-Gay	England	London	12.07s
2018	I	100m	2	Ayoola Babalola	England	Surrey	12.11s
2018	I	100m	3	Adeyemi Talabi	Ireland		12.19s
2018	I	200m	1	Kiah Dubarry-Gay	England	London	24.23s
2018	I	200m	2	Kayla Bowley	England	Surrey	24.50s
2018	I	200m	3	Jade Hutchison	Scotland		25.18s
2018	I	300m	1	Holly Mpassy	England	Kent	38.93s
2018	I	300m	2	Hannah Foster	England	Bedfordshire & Lut	39.63s
2018	I	300m	3	Katie Reville	Scotland		40.25s
2018	I	800m	1	Isla Calvert	Scotland		2m 09.51s
2018	I	800m	2	Annie Testar	England	Gloucestershire	2m 09.86s

2018	I	800m	3	Ellie Farrow	England	Hampshire	2m10.84s
2018	I	1500m	1	Emily Williams	England	Northamptonshire	4m 28.42s
2018	I	1500m	2	Samia Jones	Wales		4m 37.13s
2018	I	1500m	3	Olivia Mason	England	Cumbria	4m 39.33
2018	I	3000m	1	Ella McNiven	England	Merseyside	9m 44.63s
2018	I	3000m	2	Niamh O'Mahony	Ireland		9m 52.27s
2018	I	3000m	3	Cera Gemmell	Scotland		10m 02.14s
2018	I	80mH	1	Emily Bee	England	Devon	11.02s
2018	I	80mH	2	Marcia Sey	England	Somerset	11.12s
2018	I	80mH	3	Grace Morgan	Wales		11.34s
2018	I	300mH	1	Jasmine Jolly	England	Lancashire	42.21s
2018	I	300mH	2	Melissa Coxon	England	South Yorkshire	43.90s
2018	I	300mH	3	Seren O'Toole	Ireland		44.31s
2018	I	1500mST	1	Amelia Wills	England	Somerset	5m 08.03s
2018	I	1500mST	2	Maya Todd-McIntyre	England	Nottinghamshire	5m 09.07s
2018	I	1500mST	3	Roisin Treacy	Ireland		5m 11.43s
2018	I	3k Walk	1	Emily McHugh	Ireland		14m 55.11s
2018	I	3k Walk	2	Jennifer Fidgeon	Ireland		15m 34.62s
2018	I	3k Walk	3	Isabelle Bridge	England	Kent	16m 20.04s
2018	I	4 x 100m	1	England			46.96s
2018	I	4 x 100m	2	Ireland			48.33s
2018	I	4 x 100m	3	Scotland			48.57s
2018	I	4 x 300m	1	England			2m 39.15s
2018	I	4 x 300m	2	Wales			2m 42.31s
2018	I	4 x 300m	3	Scotland			2m 43.38s
2018	I	HJ	1	Carmen Neat	Scotland		1.73m
2018	I	HJ	2	Leonie Brunning	England	Bedfordshire & Lut	1.70m
2018	I	HJ	3	Emma Sherwood	England	West Midlands	1.67m
2018	I	PV	1	Sophie Ashurst	England	Gtr. Manchester	3.71m
2018	I	PV	2	Jade Spencer-Smith	England	Middlesex	3.71m
2018	I	PV	3	Orla Coffey	Ireland		3.11m
2018	I	LJ	1	Cleo Martin-Evans	England	Northamptonshire	6.07m
2018	I	LJ	2	Funminiyi Olajide	England	Essex	6.07m
2018	I	LJ	3	Caitlyn Mapps	Wales		5.66m
2018	I	TJ	1	Ellie O'Hara	Scotland		12.46m
2018	I	TJ	2	Jazz Sears	England	Bedfordshire & Lut	12.42m
2018	I	TJ	3	Iris Oliarnyk	England	West Midlands	11.49m
2018	I	SP	1	Nana Gyedu	England	London	14.97m
2018	I	SP	2	Ciara Sheehy	Ireland		14.84m
2018	I	SP	3	Casey Mulvey	Ireland		14.29m
2018	I	DT	1	Samantha Callaway	England	Hampshire	43.39m
2018	I	DT	2	Taia Tunstall	England	Hertfordshire	39.23m
2018	I	DT	3	Megan Lenihan	Ireland		38.98m
2018	I	HT	1	Charlotte Payne	England	Berkshire	61.85m
2018	I	HT	2	Zoe Price	England	Merseyside	55.97m
2018	I	HT	3	Kirsty Costello	Scotland		55.45m
2018	I	JT	1	Elizabeth Korczak	England	Sussex	48.07m
2018	I	JT	2	Bethany Moule	Wales		45.90m
2018	I	JT	3	Kirsty Costello	Scotland		43.12m
2019	I	100m	1	Joy Eze	England	Northumberland	12.26s
2019	I	100m	2	Aleeya Sibbons	England	Essex	12.27s
2019	I	100m	3	Alyson Bell	Scotland		12.41s
2019	I	200m	1	Sophie Walton	England	Gtr. Manchester	24.65s
2019	I	200m	2	Kaliyah Young	England	Kent	24.98s
2019	I	200m	3	Alyson Bell	Scotland		25.17s
2019	I	300m	1	Cedelle Agyei-Kyem	England	Surrey	39.73s
2019	I	300m	2	Jenna Breen	Ireland		39.74s
2019	I	300m	3	Lucia Gifford-Groves	England	Somerset	40.39s

2019	I	800m	1	Isla Calvert	Scotland		2m 06.41s
2019	I	800m	2	Susannah Lecoutre	England	Surrey	2m 10.87s
2019	I	800m	3	Vitoria Lightbody	Ireland		2m 10.96s
2019	I	1500m	1	Beatrice Wood	England	Wiltshire	4m 30.95s
2019	I	1500m	2	Abigail Ives	England	Essex	4m 32.91s
2019	I	1500m	3	Samia Jones	Wales		4m 35.56s
2019	I	3000m	1	Emily Shaw	England	Dorset	10m 05.67s
2019	I	3000m	2	Pippa Roessler	England	Surrey	10m 09.77s
2019	I	3000m	3	Julia Cash	Scotland		10m 13.46s
2019	I	80mH	1	Yasmin Uwakwe	England	Middlesex	11.47s
2019	I	80mH	2	Marli Jessop	England	Hertfordshire	11.55s
2019	I	80mH	3	Niamh Moohan	Ireland		11.87s
2019	I	300mH	1	Emily Misantoni	England	Cheshire	43.56s
2019	I	300mH	2	Macey Morris	Wales		44.13s
2019	I	300mH	3	Emily Newnham	England	Kent	44.26s
2019	I	1500mST	1	Martha Collings	England	Surrey	5m 02.51s
2019	I	1500mST	2	Maisy Rose	England	Kent	5m 07.74s
2019	I	1500mST	3	Sioned Cordiner	Wales		5m 11.69s
2019	I	3k Walk	1	Lois Carty	England	Hampshire	15m 45.71s
2019	I	3k Walk	2	Ava Ross	Ireland		15m 58.63s
2019	I	3k Walk	3	Ruth Monaghan	Ireland		16m 09.24s
2019	I	4 x 100m	1	England			47.27s
2019	I	4 x 100m	2	Ireland			48.27s
2019	I	4 x 100m	3	Scotland			48.29s
2019	I	4 x 300m	1	England			2m 43.53s
2019	I	4 x 300m	2	Wales			2m 46.01s
2019	I	4 x 300m	3	Scotland			2m 46.91s
2019	I	HJ	1	Madeleine Wood	England	Leicestershire & R	1.74m
2019	I	HJ	2	Molly Hole	England	Wiltshire	1.71m
2019	I	HJ	3	Laura Frawley	Ireland		1.71m
2019	I	PV	1	Sophie Ashurst	England	Gr. Manchester	3.76m
2019	I	PV	2	Orla Coffey	Ireland		3.56m
2019	I	PV	3	Jasmine Carey	England	Lancashire	3.56m
2019	I	LJ	1	Abi Pawlett	England	Cheshire	6.06m
2019	I	LJ	2	Ellie O'Hara	Scotland		5.97m
2019	I	LJ	3	Cleo Martin-Evans	England	Northamptonshire	5.88m
2019	I	TJ	1	Melissa Booth	England	Gr. Manchester	12.10m
2019	I	TJ	2	Ellie O'Hara	Scotland		12.07m
2019	I	TJ	3	Holly Aitchison	England	Gr. Manchester	11.59m
2019	I	SP	1	Nana Gyedu	England	London	15.64m
2019	I	SP	2	Aoibhinn McMahon	Ireland		14.65m
2019	I	SP	3	Omolola Kuponiya	England	Essex	13.62m
2019	I	DT	1	Zara Obamakinwa	England	Berkshire	43.68m
2019	I	DT	2	Bree Conin	Wales		40.91m
2019	I	DT	3	Alice Brown	England	Essex	38.24m
2019	I	HT	1	Kirsty Costello	Scotland		64.07m
2019	I	HT	2	Anna Merritt	England	Wiltshire	56.12m
2019	I	HT	3	Bekki Roche	England	Merseyside	55.80m
2019	I	JT	1	Kirsty Costello	Scotland		49.95m
2019	I	JT	2	Elizabeth Korczak	England	Sussex	48.03m
2019	I	JT	3	Harriette Mortlock	England	Essex	46.58m
2020				COVID - NOT HELD			
2021	I	100m	1	Emmanuella Quayle	England	Middlesex	11.96s
2021	I	100m	2	Trezequet Taylor	England	Gr. Manchester	12.00s
2021	I	100m	3	Nell Desir	Wales		12.00s
2021	I	200m	1	Millie King	England	Suffolk	24.25s
2021	I	200m	2	Faith Akinbileje	England	Kent	24.37s

2021	I	200m	3	Katie Doherty	Ireland		25.76s
2021	I	300m	1	Etty Sissons	England	Leicestershire & R	38.28s
2021	I	300m	2	Rebecca Grieve	Scotland		39.31s
2021	I	300m	3	Sofia Vidak	Scotland		38.28s
2021	I	800m	1	Katie Johnson	Scotland		2m 10.28s
2021	I	800m	2	Amarisa Sibley	England	Kent	2m 10.62s
2021	I	800m	3	Nicole Dinan	Ireland		2m 11.05s
2021	I	1500m	1	Keira Brady-Jones	England	Merseyside	4m 28.92s
2021	I	1500m	2	Kirsti Foster	Ireland		4m 29.88s
2021	I	1500m	3	Ruby Simpson	England	Derbyshire	4m 33.64s
2021	I	3000m	1	Fleur Todd-Warmouth	England	London	9m 19.77s
2021	I	3000m	2	Jess Bailey	England	Cumbria	9m 25.62s
2021	I	3000m	3	Louisa Brown	Scotland		9m 30.19s
2021	I	80mH	1	Etienne Maughan	England	Bedfordshire & Lut	11.04s
2021	I	80mH	2	Jessica Duncton	England	Gloucestershire	11.49s
2021	I	80mH	3	Ella Scott	Ireland		11.51s
2021	I	300mH	1	Stefanie Okoro	England	Essex	41.60s
2021	I	300mH	2	Lucy McGlynn	Ireland		44.05s
2021	I	300mH	3	Catriona Scott	Scotland		45.12s
2021	I	1500mST	1	Rachel Clutterbuck	England	Surrey	5m 01.70s
2021	I	1500mST	2	Freya Ruffels	England	Berkshire	5m 03.65s
2021	I	1500mST	3	Olivia Clarke	Scotland		5m 06.36s
2021	I	3k Walk	1	Gracie Griffiths	Wales		14m 49.27s
2021	I	3k Walk	2	Aisling Lane	Ireland		15m 00.87s
2021	I	3k Walk	3	Abby Hughes	England	Somerset	15m 25.65s
2021	I	4 x 100m	1	England			46.18s
2021	I	4 x 100m	2	Wales			42.67s
2021	I	4 x 100m	3	Ireland			42.86s
2021	I	4 x 300m	1	England			2m 37.57s
2021	I	4 x 300m	2	Scotland			3m 26.72s
2021	I	4 x 300m	3	Ireland			3m 28.52s
2021	I	HJ	1	Ava Rochford	Ireland		1.74m
2021	I	HJ	2	Halle Ferguson	England	Lancashire	1.67m
2021	I	HJ	3	Tori Murchan	Ireland		1.63m
2021	I	PV	1	Gemma Tutton	England	Sussex	3.50m
2021	I	PV	2	Millie Carter	Wales		3.30m
2021	I	PV	3	Nyree Perry	England	Avon	3.20m
2021	I	LJ	1	Eloise Hind	England	Oxfordshire	5.89m
2021	I	LJ	2	Molly Reville	Scotland		5.83m
2021	I	LJ	3	Seren Rodgers	England	Somerset	5.76m
2021	I	TJ	1	Amy Warre	England	Wiltshire	12.10m
2021	I	TJ	2	Libby White	Scotland		12.04m
2021	I	TJ	3	Amelia Gray	England	Hampshire	11.99m
2021	I	SP	1	Paige Stevens	Scotland		14.92m
2021	I	SP	2	Cleo Agyepong	England	Kent	14.60m
2021	I	SP	3	Annabel Amadin	England	Gr. Manchester	14.55m
2021	I	DT	1	Olivia Austin	England	Hampshire	40.29m
2021	I	DT	2	Lily Carlaw	England	Northamptonshire	38.80m
2021	I	DT	3	Molly Coffey O'Connor	Ireland		35.64m
2021	I	HT	1	Lily Murray	England	Kent	58.81m
2021	I	HT	2	Adrienne Gallen	Ireland		58.49m
2021	I	HT	3	Gypsy Nash	England	Kent	52.64m
2021	I	JT	1	Jemima Caldwell	England	Surrey	45.35m
2021	I	JT	2	Lara Prendergast	Ireland		42.89m
2021	I	JT	3	Dawn Russell	Scotland		42.71m
2022	I	100m	1	Mabel Akande	England	Lincolnshire	11.80s
2022	I	100m	2	Nell Desir	Wales		11.92s
2022	I	100m	3	Mehitabelle Angelo	England	West Yorkshire	12.00s

2022	I	200m	1	Tehillah Ikechukwu-Okonkwo	Scotland		24.97s
2022	I	200m	2	Freya Vidal	England	Humberside	25.15s
2022	I	200m	3	Fatima Amusa	Ireland		25.35s
2022	I	300m	1	Niamh Murray	Ireland		38.89s
2022	I	300m	2	Emma Holmes	England	Cheshire	39.26s
2022	I	300m	3	Niamh Le'Gall	England	Merseyside	39.58s
2022	I	800m	1	Phoebe Gill	England	Hertfordshire	2m 03.34s
2022	I	800m	2	Caitlin McCloy	England	Derbyshire	2m 09.56s
2022	I	800m	3	Saoirse Fitzgerald	Ireland		2m 09.87s
2022	I	1500m	1	Zoe Gilbody	England	Shropshire	4m 25.51s
2022	I	1500m	2	Isobelle Jones	England	West Midlands	4m 27.68s
2022	I	1500m	3	Jennifer O'Leary	Ireland		4m 30.17s
2022	I	3000m	1	Innes Fitzgerald	England	Devon	8m 59.67s
2022	I	3000m	2	Sophie Nicholls	England	Somerset	9m 41.34s
2022	I	3000m	3	Annabele Morrison	Ireland		10m 03.64s
2022	I	80mH	1	Sophie Lisk	Wales		11.31s
2022	I	80mH	2	Isabelle Mardle	England	Norfolk	11.33s
2022	I	80mH	3	Paris King	England	Essex	11.65s
2022	I	300mH	1	Arabella Wilson	England	Surrey	43.31s
2022	I	300mH	2	Mia Walker	England	Cheshire	44.27s
2022	I	300mH	3	Lily Noble	Wales		44.17s
2022	I	1500mST	1	Ella Davey	England	Berkshire	4m 53.98s
2022	I	1500mST	2	Freya Ruffels	England	Berkshire	4m 57.46s
2022	I	1500mST	3	Olivia Clarke	Scotland		5m 00.05s
2022	I	3k Walk	1	Gracie Griffiths	Wales		14m 30.20s
2022	I	3k Walk	2	Aisling Lane	Ireland		15m 11.72s
2022	I	3k Walk	3	Doireann Hickey	Ireland		16m 28.13s
2022	I	4 x 100m	1	England			46.11s
2022	I	4 x 100m	2	Wales			46.97s
2022	I	4 x 100m	3	Ireland			47.77s
2022	I	4 x 300m	1	England			2m 38.36s
2022	I	4 x 300m	2	Ireland			2m 40.97s
2022	I	4 x 300m	3	Wales			2m 45.07s
2022	I	HJ	1	Ava Rochford	Ireland		1.78m
2022	I	HJ	2	Gracie Wall	England	Bedfordshire	1.75m
2022	I	HJ	3	Thea Brown	England	Cheshire	1.75m
2022	I	PV	1	Charley O'Neill	England	Warwickshire	3.35m
2022	I	PV	2	Ava Rochford	Ireland		3.25m
2022	I	PV	3	Nyree Perry	England	Avon	3.25m
2022	I	LJ	1	Jessica Lee	Wales		6.06m
2022	I	LJ	2	Phoebe Clayton	England	Nottinghamshire	5.98m
2022	I	LJ	3	Maebh O'Connor	Ireland		5.80m
2022	I	TJ	1	Libby White	Scotland		11.83m
2022	I	TJ	2	Sophie Byrne	Ireland		11.64m
2022	I	TJ	3	Ogechukwu Nzekwe	England	Essex	11.37m
2022	I	SP	1	Meghan Porterfield	Scotland		14.99m
2022	I	SP	2	Annabel Amadin	England	Gr. Manchester	14.41m
2022	I	SP	3	Hannah Bridge	England	London	14.16m
2022	I	DT	1	Nubia Evans-Shields	England	Devon	40.78m
2022	I	DT	2	Charlotte Braka	England	Cheshire	39.74m
2022	I	DT	3	Meghan Porterfield	Scotland		39.70m
2022	I	HT	1	Caoimhe Gallen	Ireland		54.28m
2022	I	HT	2	Willow Bedding	England	Cambridgeshire	50.30m
2022	I	HT	3	Angela McAuslan-Kelly	Scotland		48.52m
2022	I	JT	1	Dulcie Yelling	England	Sussex	44.22m
2022	I	JT	2	Lara Prendergast	Ireland		41.85m
2022	I	JT	3	Elly McCurdy	Ireland		41.26m
2023	I	100m	1	Mabel Akande	England	Lincolnshire	11.71s

2023	I	100m	2	Omaserichi Moneke	England	Hertfordshire	11.90s
2023	I	100m	3	Nell Desir	Wales		11.94s
2023	I	200m	1	Callia Downey	England	Essex	24.60s
2023	I	200m	2	Emma Clark	Scotland		25.00s
2023	I	200m	3	Emily Lucas	England	Hampshire	25.25s
2023	I	300m	1	Kara Dacosta	England	Lancashire	38.9s
2023	I	300m	2	Niamh Le'Gall	England	Merseyside	39.0s
2023	I	300m	3	Aaliyah McCloud	Scotland		41.2s
2023	I	800m	1	Shaikira King	England	Leicestershire & R	2m 06.43s
2023	I	800m	2	Anna Gisborne	England	Gtr. Manchester	2m 07.33s
2023	I	800m	3	Anna-Rose Merchant	Wales		2m 12.84s
2023	I	1500m	1	Lyla Belshaw	England	Essex	4m 22.54s
2023	I	1500m	2	Jessica Lark	England	Cheshire	4m 30.88s
2023	I	1500m	3	Emily Bolton	Ireland		4m 31.95s
2023	I	3000m	1	Eliza Nicholson	England	London	9m 25.85s
2023	I	3000m	2	Zoe Gilbody	England	Shropshire	9m 45.92s
2023	I	3000m	3	Millie Gold	Wales		9m 52.88s
2023	I	80mH	1	Leah Wagstaff	England	Cambridgeshire	11.55s
2023	I	80mH	2	Kira Jones	England	Cumbria	11.56s
2023	I	80mH	3	Emily Lawlor	Ireland		11.71s
2023	I	300mH	1	Arabella Wilson	England	Surrey	42.74s
2023	I	300mH	2	Mia Walker	England	Cheshire	43.34s
2023	I	300mH	3	Molly Daley	Ireland		43.58s
2023	I	1500mST	1	Ella Davey	England	Berkshire	4m 59.45s
2023	I	1500mST	2	Lyla Danobrega	England	Bedfordshire	5m 06.53s
2023	I	1500mST	3	Caoimhe Flannery	Ireland		5m 10.59s
2023	I	3k Walk	1	Savanagh O'Callaghan	Ireland		15m 08.62s
2023	I	3k Walk	2	Sinead Maher	Ireland		15m 48.36s
2023	I	3k Walk	3	Lola-Mae Billingham	England	Hampshire	16m 53.22s
2023	I	4 x 100m	1	England			45.98s
2023	I	4 x 100m	2	Wales			47.10s
2023	I	4 x 100m	3	Ireland			48.18s
2023	I	4 x 300m	1	England			2m 37.91s
2023	I	4 x 300m	2	Ireland			2m 40.43s
2023	I	4 x 300m	3	Scotland			2m 40.64s
2023	I	HJ	1	Matilda Secker	England	Kent	1.73m
2023	I	HJ	2	Mabel-Rose Scales	England	London	1.70m
2023	I	HJ	3=	Megan Taylor	Wales		1.65m
2023	I	HJ	3=	Matilda Quick	Wales		1.65m
2023	I	PV	1	Lilianne Jervis-Allan	England	Buckinghamshire	3.35m
2023	I	PV	2	Amy Benton	Wales		3.15m
2023	I	PV	3	Charis Crawford	Scotland		3.15m
2023	I	LJ	1	Daisy Snell	England	Kent	6.05m
2023	I	LJ	2	Thaila-Jade Mason	England	Bedfordshire	6.00m
2023	I	LJ	3	Megan Taylor	Wales		5.74m
2023	I	TJ	1	Qi-Chi Ukpai	England	Kent	12.35m
2023	I	TJ	2	Olivia Schrimshaw	Wales		12.12m
2023	I	TJ	3	Amy Hewitt	England	Gtr. Manchester	11.66m
2023	I	SP	1	Ellie Bostock	England	Hertfordshire	15.03m
2023	I	SP	2	Isabelle Stamp	England	London	14.82m
2023	I	SP	3	Ashleigh McArdle	Ireland		13.62m
2023	I	DT	1	Nubia Evans-Shields	England	Devon	42.66m
2023	I	DT	2	Serenity Joynt	England	Nottinghamshire	36.05m
2023	I	DT	3	Abbey Kennedy	Scotland		34.32m
2023	I	HT	1	Alice Howie	England	Sussex	57.10m
2023	I	HT	2	Caoimhe Gallen	Ireland		55.64m
2023	I	HT	3	Phoebe Milburn	England	Devon	53.00m
2023	I	JT	1	Harriet Wheeler	England	Cheshire	47.43m
2023	I	JT	2	Ayesha Jones	England	Buckinghamshire	47.35m

2023	I	JT	3	Aoife Callan	Ireland		40.13m
2024	I	100m	1	Aliyah Afolabi	Wales		12.00s
2024	I	100m	2	Isabelle Walkey	England	Avon	12.04s
2024	I	100m	3	Oluwadamitan Showemimo	England	Kent	12.09s
2024	I	200m	1	Aliyah Afolabi	Wales		24.43s
2024	I	200m	2	Emily Cadman	England	London	24.57s
2024	I	200m	3	Emma Clark	Scotland		24.58s
2024	I	300m	1	Darcy Coslett	Wales		38.49s
2024	I	300m	2	Ella Bibby	England	Merseyside	39.34s
2024	I	300m	3	Patricia Armah	England	Berkshire	39.53s
2024	I	800m	1	Molly Grant	England	Lincolnshire	2m 09.13s
2024	I	800m	2	Faye Mannion	Ireland		2m 10.41s
2024	I	800m	3	Freya Bateman	Ireland		2m 10.48s
2024	I	1500m	1	Libby Hale	Wales		4m 17.46s
2024	I	1500m	2	Olivia Steer	England	Devon	4m 23.53s
2024	I	1500m	3	Florence East	England	Hampshire	4m 38.60s
2024	I	3000m	1	Ellarose Whitworth	England	Lincolnshire	9m 38.08s
2024	I	3000m	2	Lucy Wilkinson	England	Buckinghamshire	9m 39.29s
2024	I	3000m	3	Abigail Doherty	Wales		9m 59.80s
2024	I	80mH	1	Holly Whittaker	Scotland		11.18s
2024	I	80mH	2	Menna Grant	Wales		11.30s
2024	I	80mH	3	Lily Gayle	England	Kent	11.47s
2024	I	300mH	1	Lucia Bertacchini	England	Hampshire	43.04s
2024	I	300mH	2	Lauren Kilduff	Ireland		43.36s
2024	I	300mH	3	Molly Mills	England	Gtr. Manchester	43.65s
2024	I	1500mST	1	Millie Gold	Wales		4m 58.50s
2024	I	1500mST	2	Sophie Maher	Ireland		5m 00.15s
2024	I	1500mST	3	Lottie Quinn	England	Hampshire	5m 05.39s
2024	I	3k Walk	1	Robin Og Murphy	Ireland		14m 51.85s
2024	I	3k Walk	2	Aoife Martin	Ireland		15m 53.21s
2024	I	3k Walk	3	Nia Wakley	Wales		19m 55.16s
2024	I	4 x 100m	1	Scotland			46.14s
2024	I	4 x 100m	2	England			46.65s
2024	I	4 x 100m	3	Ireland			47.43s
2024	I	4 x 300m	1	Wales			2m 39.35s
2024	I	4 x 300m	2	England			2m 39.84s
2024	I	4 x 300m	3	Scotland			2m 41.29s
2024	I	HJ	1	Carmen Rose	England	Surrey	1.80m
2024	I	HJ	2	Dahlia Corp	England	Hertfordshire	1.70m
2024	I	HJ	3	Isla Clements	Scotland		1.62m
2024	I	PV	1	Sophia McCart	England	Surrey	3.43m
2024	I	PV	2	Charis Crawford	Scotland		3.43m
2024	I	PV	3	Kara Morrissey	Ireland		3.43m
2024	I	LJ	1	Olivia Schrimshaw	Wales		5.96m
2024	I	LJ	2	Thaila-Jade Mason	England	Bedfordshire	5.83m
2024	I	LJ	3	Gracie Osman	England	Hampshire	5.71m
2024	I	TJ	1	Olivia Schrimshaw	Wales		12.12mw
2024	I	TJ	2	Qi-Chi Ukpai	England	Kent	11.98m
2024	I	TJ	3	Patience Chinda	Ireland		11.83m
2024	I	SP	1	Isabelle Stamp	England	London	15.28m
2024	I	SP	2	Sidney Shorrock	England	Cheshire	13.96m
2024	I	SP	3	Matilda Quick	Wales		12.38m
2024	I	DT	1	Gabriella Tcheukam	England	London	43.66m
2024	I	DT	2	Elkie Baker	England	Middlesex	37.51m
2024	I	DT	3	Rebecca Walsh	Ireland		35.21m
2024	I	HT	1	Alice Howie	England	Sussex	55.98m
2024	I	HT	2	Evie Cooper	Wales		54.39m
2024	I	HT	3	Sophie Robertson	Scotland		52.27m

2024	I	JT	1	Harriet Court	England	Kent	47.82m
2024	I	JT	2	Jessica Howells	England	Surrey	47.39m
2024	I	JT	3	Jessica Young	Scotland		38.25m
2025	I	100m	1	Kishi Arema	Scotland		11.77s
2025	I	100m	2	Celine Obinna-Alo	England	Durham	11.80s
2025	I	100m	3	Aliyah Afolabi	Wales		11.84s
2025	I	200m	1	Kishi Arema	Scotland		24.19s
2025	I	200m	2	Ella Rennie	England	London	24.50s
2025	I	200m	3	Emma Clark	Scotland		24.53s
2025	I	300m	1	Holly Ryan	England	Surrey	38.17s
2025	I	300m	2	Darcy Coslett	Wales		38.54s
2025	I	300m	3	Cara Monachello	Scotland		39.40s
2025	I	800m	1	Molly Grant	England	Lincolnshire	2m 07.98s
2025	I	800m	2	Ezrah Harrold	England	Essex	2m 08.69s
2025	I	800m	3	Freya Brown	Scotland		2m 09.01s
2025	I	1500m	1	Olivia McGhee	England	Warwickshire	4m 25.20s
2025	I	1500m	2	Jotjia March	England	Middlesex	4m 26.50s
2025	I	1500m	3	Holly Humphreys	Wales		4m 30.51s
2025	I	3000m	1	Freya Renton	Ireland		9m 27.87s
2025	I	3000m	2	Kitty Scott	England	Surrey	9m 31.70s
2025	I	3000m	3	Holly Renton	Ireland		9m 38.25s
2025	I	80mH	1	Holly Whittaker	Scotland		10.97s
2025	I	80mH	2	Izzy Rae	England	Berkshire	11.11s
2025	I	80mH	3	Olivia Crawford	England	Cheshire	11.32s
2025	I	300mH	1	Lucia Bertacchini	England	Hampshire	41.13s
2025	I	300mH	2	Bisan Musa	England	Oxfordshire	41.75s
2025	I	300mH	3	Aisling Shevlin	Ireland		43.32s
2025	I	1500mST	1	Evelyn Wildman	England	Buckinghamshire	4m 57.52s
2025	I	1500mST	2	Isla Pastor	England	Merseyside	5m 03.38s
2025	I	1500mST	3	Millie Pierce	Wales		5m 05.64s
2025	I	3k Walk	1	Pearl Sands	Ireland		15m 27.83s
2025	I	3k Walk	2	Aoife Martin	Ireland		15m 57.31s
2025	I	3k Walk	3	Sophie Davidson	England	Merseyside	17m 28.85s
2025	I	4 x 100m	1	England			46.42s
2025	I	4 x 100m	2	Scotland			47.56s
2025	I	4 x 100m	3	Ireland			47.82s
2025	I	4 x 300m	1	England			2m 36.54s
2025	I	4 x 300m	2	Ireland			2m 41.68s
2025	I	4 x 300m	3	Scotland			2m 44.77s
2025	I	HJ	1	Scarlet Grundy	England	Merseyside	1.65m
2025	I	HJ	2	Leana Elliot	Scotland		1.65m
2025	I	HJ	3	Minna Williams	England	Middlesex	1.60m
2025	I	PV	1	Elsa Pawson	England	Kent	3.40m
2025	I	PV	2=	Ellie Dunleavy	Wales		3.10m
2025	I	PV	2=	Claudia Berry	England	Gtr. Manchester	3.10m
2025	I	LJ	1	Olivia Schrimshaw	Wales		5.91m
2025	I	LJ	2	Tiana Odugbesan	Wales		5.78m
2025	I	LJ	3	Holly Whittaker	Scotland		5.75m
2025	I	TJ	1	Lilia Newth	England	Middlesex	12.12w
2025	I	TJ	2	Jaiten Best	England	Sussex	11.66m
2025	I	TJ	3	Nicole Flanagan	Ireland		11.37m
2025	I	SP	1	Emilia Adese	England	London	15.57m
2025	I	SP	2	Emer Purtill	Ireland		14.62m
2025	I	SP	3	Ellis Thomas	England	Essex	14.55m
2025	I	DT	1	Tara Lavery	Ireland		39.69m
2025	I	DT	2	Bethany Pendlebury	England	Gtr. Manchester	39.29m
2025	I	DT	3	Elkie Barker	England	Middlesex	35.62m
2025	I	HT	1	Sophie Robertson	Scotland		59.14m

2025	I	HT	2	Tegan Brown	England	Devon	57.49m
2025	I	HT	3	Evie Cooper	Wales		55.81m
2025	I	JT	1	Lucy Bull	England	Gloucestershire	47.08m
2025	I	JT	2	Emer Purtill	Ireland		45.16m
2025	I	JT	3	Elise Christian	England	Surrey	41.64m
2026	I	100m	1	Aliyah Afolabi	Wales		11.68s
2026	I	100m	2	Chyna-Rae Smart	England	Nottinghamshire	11.80s
2026	I	100m	3	Moridiat Olagunju	Wales		12.01s
2026	I	200m	1	Aliyah Afolabi	Wales		23.96s
2026	I	200m	2	Annabelle Fasuba	England	Devon	24.26s
2026	I	200m	3	Mia Johnson	Wales		24.40s
2026	I	300m	1	Bisan Musa	England	Oxfordshire	38.10s
2026	I	300m	2	Arwan Mulligan	Ireland		38.49s
2026	I	300m	3	Azzura Cioni	England	Essex	39.07s
2026	I	800m	1	Maisie Mullett	England	Lincolnshire	2m 08.15s
2026	I	800m	2	Grace Evans	Ireland		2m 09.25s
2026	I	800m	3	Madison Welby	Ireland		2m 10.29s
2026	I	1500m	1	Isabella Rose Tutt	England	West Yorkshire	4m 31.57s
2026	I	1500m	2	Isabella Buchanan	England	Sussex	4m 31.94s
2026	I	1500m	3	Bryony Boyce	Wales		4m 32.97s
2026	I	3000m	1	Florence Goodwin	England	Sussex	9m 41.72s
2026	I	3000m	2	Ann Kamau	England	West Yorkshire	9m 42.29s
2026	I	3000m	3	Clíodhna Reilly	Ireland		9m 46.10s
2026	I	80mH	1	Alice Gilday	England	Humberside	11.35s
2026	I	80mH	2	Rachel Warde	Ireland		11.57s
2026	I	80mH	3	Rebecca Johnson	England	Norfolk	11.61s
2026	I	300mH	1	Cara Monachello	Scotland		42.28s
2026	I	300mH	2	Macy Cunningham	England	Northumberland	43.89s
2026	I	300mH	3	Lily Parsons	Wales		43.98s
2026	I	1500mST	1	Beatrix Soper	England	Gtr. Manchester	5m 07.20s
2026	I	1500mST	2	Zoe Allan	England	Surrey	5m 09.62s
2026	I	1500mST	3	Elizabeth Ramsbottom	Ireland		5m 11.12s
2026	I	3k Walk	1	Pearl Sands	Ireland		15m 06.52s
2026	I	3k Walk	2	Faye Carroll	Ireland		15m 38.90s
2026	I	3k Walk	3	Ellin Wilson	England	Kent	16m 10.18s
2026	I	4 x 100m	1	Wales			46.06s
2026	I	4 x 100m	2	England			46.27s
2026	I	4 x 100m	3	Ireland			48.22s
2026	I	4 x 300m	1	England			2m 39.87s
2026	I	4 x 300m	2	Scotland			2m 40.90s
2026	I	4 x 300m	3	Ireland			2m 40.91s
2026	I	HJ	1	Scarlet Grundy	England	Merseyside	1.75m
2026	I	HJ	2	Ava Wilson	Ireland		1.66m
2026	I	HJ	3	Alice Sykes-Hand	Wales		1.66m
2026	I	PV	1	Juliette Macquin-Jones	England	North Yorkshire	3.41m
2026	I	PV	2=	Winnie Symes	England	Surrey	3.31m
2026	I	PV	2=	Ellie Dunleavy	Wales		3.11m
2026	I	LJ	1	Tiana Odugbesan	Wales		6.00m
2026	I	LJ	2	Tia Garrard	England	Middlesex	5.87m
2026	I	LJ	3	Cara Ryan	Ireland		5.81m
2026	I	TJ	1	Milana Sharhayeu	Ireland		11.90m
2026	I	TJ	2	Lily Gray	England	Hampshire	11.69m
2026	I	TJ	3	Haven Thomas	England	West Midlands	11.48m
2026	I	SP	1	Monica Malagala	England	Essex	15.06m
2026	I	SP	2	Cara Ryan	Ireland		13.33m
2026	I	SP	3	Olivia Mullineaux	England	Essex	12.75m
2026	I	DT	1	Adona Deju Zewide	Ireland		43.06m
2026	I	DT	2	Bethany Pendlebury	England	Gtr. Manchester	42.05m

2026	I	DT	3	Isabelle Rider	England	Kent	39.17m
2026	I	HT	1	Lelia Cummins	Ireland		55.17m
2026	I	HT	2	Hazel Stead	England	Devon	54.47m
2026	I	HT	3	Isabella Kearney	Ireland		52.86m
2026	I	JT	1	Arwen Thorne	England	Merseyside	41.03m
2026	I	JT	2	Mia Blaber	England	Kent	39.59m
2026	I	JT	3	Cabrini Pine	Ireland		38.73m

Notes

From its introduction in 1961 to 1973 the meeting was for Senior age-group competitors. Since 1974 it has been solely for Intermediate age-group athletes with 2 athletes from each country in the individual events.

For the first 2 years only England, Scotland and Wales competed. Northern Ireland entered the competition in 1963 and in 1968 the Irish team became an All-Ireland Schools one.

England did not take part in 1982 and 1983.

Introduction of Events

1961	100y, 220y, 80mH (to 1968 and from 1974), 4 x110y, HJ, LJ, DT, JT
1962	SP
1964	880y
1969	100m, 200m, 300m, 800m, 100mH (to 1973), 4 x 100m - Metrification
1970	400m (to 1991)
1974	1500m
1980	3000m
1982	400mH (to 1988)
1985	4 x 400m (to 1991)
1989	300mH
1992	300m
1993	4 x 300m
1997	TJ, 3k Walk
1998	HT
1999	PV
2014	1500mST